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# Abuse in Care Commission feels "sense of urgency to do something for those abused"

BY DOUG DAVIDSON

**Ali'imuamua Sandra Alofiavae is one of four Commissioners supporting the Chair, Sir Anand Satyanand, on the Royal Commission of Inquiry into Abuse in Care. Sandra (Ali'imuamua is a Samoan honorific title similar to 'matai'), was in Whanganui last week listening to victims of abuse tell their stories.**

The Commission was announced in February 2018 and the preparations have been extremely thorough with extensive consultations on the Terms of Reference, the setting up of a Survivors Advisory Group and the amount of time given to listening to survivors sharing their experiences in private sessions.

Sandra says, "The thoroughness had to be. The survivors have had a horrendous experience. Many have told us they were ripped out of their homes, out of school, received limited or no education and have been forced to live low level functioning lives. We are hearing things that most New Zealanders have never heard

before. This is part of our history that many people would be shocked by."

The Commission covers psychological, sexual, emotional abuse and sheer neglect. Sandra adds, "Research for the period 1950 to 1980 indicates that over 100,000 children and young people went through the care system. This estimate was in reference for those in state care only."

The final Terms of Reference announced in November 2018 extended the scope of inquiry to include abuse in faith-based institutions with discretion to consider abuse which occurred before 1950 and after 1999. A recent report revealed 200 children were harmed in 2018 by caregivers, family members, other children and Oranga Tamariki staff. Ministry of Social Development figures show that, in 2017, 1010 children and young people were sexually abused.

"You can't just blame the institutions," Sandra says, "It is a bent in mankind."

She believes that "it represents attitudes and values that our immigrants from Europe and other migrant nations brought with them." Similar commissions have been carried out or are still in the process in Australia, Scotland, England and Ireland. In Australia it took five years and four times the cost. The New Zealand Commission is to provide its final report January 2023.

"There was some initial opposition to setting up a commission," Sandra says. "People said why do we need it – it happened a long time ago, but the agitation came from the survivors themselves. If you suppress something it will come out at the seams. It is a much bigger group than we anticipated."

"All survivors will be heard and believed. Understanding what they experienced is critical to ensure it doesn't happen again to others." They can bring a support person (or people) and the private sessions remain confidential.

A wellness professional will be available for survivors to speak to before, during and after the private session. Additional counselling and other support will be available if needed.

There is also a Survivor Advisory group appointed from applications, which will meet at least four times a year to provide advice directly to the Commissioners.

Sandra is a great choice to be a Commissioner. A Barrister since 2005, she made a name for herself as an advocate for vulnerable families, often focusing on the difficulties of children and young people in the Family and Youth Courts.

She has been a member of the Pacific Advisory Group for the Ministry of Social Development and became the first Pacific part-time Families Commissioner appointed in 2004. Her hands-on role as a Families Commissioner would eventually lead to the 2014 Vulnerable Children's Act.

Continued on page 2



Sandra Alofiavae

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## Check out what's in this week's RCP

Thanks to those readers who noted that there is an updated picture of myself here. However, a couple of readers suggested that I am a Bernie Sanders look alike. There is a difference. Bernie is campaigning to be the Democratic Party nominee for President of the USA. I am a journalist for the RCP with no intention of campaigning for any electoral office. Sandra Alofiavae was a lovely and easy person to interview. (See our front page on Abuse in Care Commission). It could have been a depressing article to write but the good news is that something is being done to help those abused and to try to prevent it continuing to happen.

Westmere School is about to celebrate its 125th. The Laird family has been associated with the school from the beginning. Craig Laird speaks about his ancestors and his involvement with the school (page 4).

I like the story of Phil



**Doug Davidson,**  
journalist@  
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and his possum hunting dog. They are good for the trees and the birds (page 2).

Lynne Vinsen's Kids Kitchen Garden Project shows how people out of the normal education system can make a positive difference (page 3).

Congratulations to the local body candidates who are participating in the Small Talks event. The question is – can they limit themselves to 5 minutes and no self-promotion? (Page 6).

Thanks to ex-RCP journalist, Trevor Mackay, for writing the obituary on Ed Boyd (page 11). I interviewed Ed many times finding him friendly and very helpful. He was the RCP Citizen of the Year in 2013.

- Doug Davidson

## Whanganui students 'wrapped' it's Bee Aware Month

Students from Whanganui Intermediate marked Bee Aware Month by making sustainable beeswax food-wraps using beeswax from local hives.

On Wednesday 11 September, representatives from local apiary business, Comvita Kiwi Bee, held two practical beeswax food-wraps making sessions with 60 Year 7 and 8 students.

Comvita Kiwi Bee provided all the material required to make the wraps, including beeswax from its own Whanganui hives, cotton fabric, baking paper and irons.

As part of the lesson, the students learnt about honey, the different roles bees play in the hive and how through pollination, bees contribute to the natural environment.

Comvita Communications Advisor, Emma Schuler, says sustainable beeswax food-wraps are a great alternative to cling film for wrapping school lunches in, as they're reusable and compostable.

"They're a product parents can feel good about. It's estimated one beeswax food-wrap, if used daily, can save up to 75 meters of plastic from

going to landfill," Miss Schuler says.

As part of Bee Aware Month this September, Comvita is hosting a series of free practical beeswax food-wrap making classes throughout the North Island, visiting schools and community groups.

Miss Schuler says Comvita has helped save 177km of cling film from landfill over the past year, by teaching more than 1,000 New Zealanders how to make 2,300 beeswax food-wraps using wax from company hives.

"The sessions also provide the opportunity to educate New Zealanders young and old about the amazing natural products bees make in the hive and their range of uses."

Organised by Apiculture New Zealand, Bee Aware Month aims to get New



**Whanganui Intermediate students hold up their beeswax wraps**

Zealanders thinking about their contribution to biodiversity and the economy. This year's Bee Aware Month theme is Love Our Bees.

## Dog Jessie helping to save environment from Possums

Phil Hodgson moved to Whanganui two years ago, bringing with him his trained pest control dog, Jessie. Jessie was a rescue dog, part English Pointer, part American bulldog cross, that Phil, who was a volunteer with the Levin SPCA, fostered and then adopted. She had been taken from a pig hunter's farm and possibly had it in her genes to go hunting.

While in the bush next to the Waitare Beach, Jessie captured her first possum and when they came up here, she was soon sniffing out possums along the river and in parks. Phil says, "I would drive to Kowhai Park late at night and there would be 30 to 40 possums."

Jessie will either break the possum's neck or if next to the river, will drown it, before bringing the body back to Phil. He says, "I will pluck them on the spot as it becomes much harder the longer you leave them." He sells the fur to local hunting and fishing stores and takes the body back home to cook up for dog food.

Phil says, "To date we have caught and killed 303 possums – barely a week goes by without catching at least a couple." He adds, "We are in maintenance mode now having reduced the initial large numbers when Jessie could catch multiple numbers every day."

It is a win-win situation as "not only are the pests removed from the environment to the benefit of trees and birds, but the activity also provides a small income and food for the dog," says Phil.

Jessie has been trained to ignore cats in the street but will go after rats and rabbits.



**Jessie and Phil**

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# Kids Kitchen Garden Project at Rutherford getting off (and on) the ground

Lynne Vinsen believes that kids should understand where their food comes from and there is no better way to introduce them to good healthy food than to have them involved in planting and growing seeds and seedlings and using and cooking them in a kitchen.

She suggested such a project to her friend Dianne Henare, the Principal of Rutherford

Junior High, who was not only very supportive but also able to promise her the use of the cooking classroom, which has not been used recently.

Companies and organisations also loved the idea and came bringing gifts. The Community Charitable Trust gave her a grant to restock some of the equipment; donations came from Bunnings and Bayleys Wanganui. "Gareth

Carter from Springvale Garden Centre," she says, "has been, and continues to be, extraordinarily generous to the project."

The project has started with eight selected students who come together on a Tuesday from 1:30 to 3pm. Sue Miller has joined Lynne in teaching them as well as bringing in pots of herbs from her own garden. Another volunteer who works with Sue is Peter Follows. Teacher-aide, Julayne Gannon, completes the team.

So far, potatoes have been planted in tyres and peas and radishes in the planter boxes. Soon they will be planting pumpkin seeds, courgettes, zucchinis, lettuces among other vegetables and then herbs and rhubarb.

There is an old bath tub ready to be converted into a worm farm and the beginnings of a potting shed complete with a stainless steel bench. Nearby are a range of fruit trees, which had been donated by Sustainable Whanganui and are destined to be carefully looked after with the



The students with Lynne, Sue and Julayne

fruit available for the students.

Next term another class of 16 students will meet to use the vegetables in the cooking class. "It will be a chance," says Lynne "to introduce them to nutritious, healthy foods and to hopefully get them away from depending on fast foods." Any surplus food can go into the freezer or taken home. Lynne is

hopeful that the kids will convince their parents about having vegetables.

Lynne and Sue are volunteers but Lynne was determined to research how best to teach in the cooking room, so went to a school in Tauranga where her daughter teaches as well as to Whanganui Girls' College, to pick up ideas and approaches.

Lynne's enthusiasm is clearly contagious. She is developing a connection between the project and Pak 'n Save and has plans for a burger contest with the support of Burger Cartel.



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## Abuse in Care Commissioner feels "sense of urgency to do something for those abused"

*Continued from page 1*

She says, "My background helped prepare me for this role. I haven't been fazed by some of the stories from survivors but I am incredibly incensed by them. You realise that this person could live in your street, in your neighbourhood. I have an increasing sense of urgency that we must do something. We have been selling our nation short."

The Commission is investigating:

- Why people were taken into care
- What abuse happened and why
- The effects of the abuse.

There is a focus on Māori, Pacifica and disabled people because of the disproportionate amount of people from these communities in care.

Apart from listening to survivors, the Commission is holding public hearings to investigate different themes, as well as conducting research and engaging with communities. Their recommendations will focus

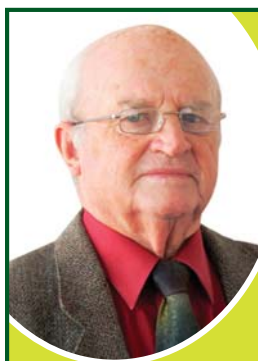
on how New Zealand can better care for children, young people and vulnerable adults.

Sandra says, "There has to be some redress but not necessarily a monetary one. It could be for example, access to free education."

The commissioners are busy. While Sandra was in Whanganui the others were in Whangarei, Hamilton and Nelson. This week Sandra moved on to Christchurch and will be in Wellington before going north to Kerikeri.

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# Laird family part of Westmere School since the beginning

Westmere School celebrates its 125th year this Labour Weekend and the Laird family can boast of being there at the beginning and still contributing children to the school role.

Emma Laird was the first teacher from 1894 to 1903. She was the niece of Craig Laird's great, great, grandfather. His name was James and in 1877 he bought land out at Westmere and later became Mayor of Wanganui and Head of the Waitotara County Council.

The Laird family was a large one with a number of them emigrating from Scotland. Emma's father was Alexander who was a nurseryman as well as a farmer. "Laird Park is

named after him," Craig explains. "He called his business 'Egmont Nurseries - it is still going.'"

Apart from Emma, Craig's grandfather and his brothers, his father and sister, Craig, his brother and two sisters and his son and daughter attended Westmere School and now two grandsons, Hamish and Campbell are there with four more grandchildren to attend in the future.

Craig remembers his time there in the 1960s with fondness. "Great days, good, like-minded country people, terrific teachers, plenty of fun. Most of us rode bikes to schools, although a couple of kids rode horses. Everyone knew everyone."

He has words of praise for his first teacher, Barbara McPhail - "a legend." He recalls the 100th anniversary of the school, when Mayor Chas Poynter said, "Barbara was God." My brother and I called out "Still is."

The headmaster at the time was Eugene Crotty - "A strong man, related well, stood no nonsense." Craig still remembers his farewell speech when he spoke "of the different paths in life we can take."

The family have also been involved in the governance of the school with Craig on the PTA, his dad on the school board and now daughter-in-law, Holly on the Board of Trustees. Parents are really supportive and he adds, "We rally round

and get things done." That was the case in the beginning also when "the land was flattened and soil transported by horse and dray from the Laird farm." Part of the dray is still there.

One thing Craig is not happy about is the "hoops that we need to jump through to get billboards put up to advertise the 125th. The council says we didn't meet all the requirements and had to take them down."

Either way there will be many past and present pupils and teachers enjoying the reunion come Labour Weekend.



Craig next to the dray

## Celebrate the Day of the Older Person with Robert Redford and Paul Newman

Age Concern is celebrating the Day of the Older Person on Tuesday, October 1 with a showing of the ever-popular movie 'Butch Cassidy and the Sundance Kid' starring Paul Newman and Robert Redford.

It will be at the Bayley's room on the corner of Wicksteed and Guyton Streets starting at 1.30pm. There will be a break at 2.30pm for afternoon tea and the film should finish shortly after 3.30pm.

It should be a fun time with spot prizes and a



raffle, not to mention Paul and Robert.

Tickets cost \$15 and are

available from Age Concern in St Hill Street. Manager, Michelle says,

"If it is successful, we will look at further similar events."

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# Housing strategy sets out ways to address housing shortage



Whanganui District Council's Housing Strategy is now available on the Whanganui District Council website [www.whanganui.govt.nz/housing-strategy](http://www.whanganui.govt.nz/housing-strategy)

The strategy was adopted by the Statutory Management Committee on behalf of the Council on 30 July 2019.

The strategy sets out how housing is to be planned for Whanganui's long-term future, as well as ways of addressing the current housing shortage.

The Council's Policy and Governance Manager, Stephanie Macdonald-Rose says, "Although the strategy was written by the Council, implementing it will require the whole community to work together."

"The guiding principles

of the strategy are to demonstrate leadership, work in partnership, support good housing for everyone and future-proof the needs of our people and district."

She says a broad cross-section of stakeholders were consulted during the development of the strategy. This included iwi, the property sector, community health workers, builders, developers, architects, real estate agents, Corrections, young people and many others with an interest or expertise in our community's housing needs.

"In addition, 38 submissions were received via the Council's formal consultation process, with 12 submitters choosing to present their views to Council. As a result of this feedback some changes were made

to the strategy, particularly in terms of being clearer about the ways in which the Council will partner with the community to achieve the vision.

"While the strategy is the Council's, it's going to take a collaborative effort to achieve results with lots of stakeholders contributing where they can. This might include such things as cheap housing options, provision of short-term accommodation, freeing up land, applying for funding, taking a fresh look at underused buildings or making things easier for people who just want to 'get on and do it' in safe and sustainable ways," says Stephanie Macdonald-Rose.

"The Council will now develop an action plan that we will work on with iwi,

community agencies, developers and other stakeholders. Our vision is for everyone in Whanganui to have housing opportunities and a great neighbourhood to live in."

# Monday Bridge Championship Pairs

Bridge is a card game played in partnerships. Some partnerships can be a bit scratchy, some are steady and a few are brilliant.

The Monday Championship Pairs competition is run over six consecutive nights. Catherine Brown and Kevin Coombe were a steady partnership and finished a solid 3rd. Runners-up were Beti Broome and Sue Lochhead. Victory went to the brilliant partnership of Clare and Graeme Raisin who returned outstanding percentages on four of the six nights. Bridge competitions usually produce close finishes but this year's Monday Championship Pairs winners averaged an incredible 62% over six nights



**Clare and Graeme Raisin**

and actually won by an amazing 25%.

Top players at the Whanganui Bridge Club play

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# Local body candidates to be speakers in last Small Talks of the year

The last Small Talks of this year takes place on Wednesday, October 2 to benefit 'Make A Wish' – and has a special twist which could happen only every three years. Only candidates stand-

ing for the District Council or the Health Board are allowed to participate but will be bound by the rules of no religion, no politics and no blatant self-promotion. That could be difficult. Are there any penalties for candidates who break the rules?

It will be a great opportunity to learn something different about the candidates and not have to listen to proclamations about rates reductions (fat chance), better communications, improved infrastructure (blah blah).

The number of candidates to speak is limited to 12, each for five minutes with 20 slides changing every 20 seconds.

The candidates to speak are: Mary Bennett, Helen Craig, Sharon Duff, Josh Chandulal-MacKay, Matt Edmonds, Kiritahi Firmin, Stuart Hylton, Dani Lebo, Debra Smith, Lynne Vinsen and James Barron.

Small Talks is hosted at Bayleys Conference Room at 208 Victoria Ave at no charge. Therefore all the profits go to the selected charity. The last edition of Small Talks raised \$15000 for Jigsaw. This time the money will go to 'Make A Wish,' foundation which is the chosen charity for Bayleys na-



John Bartley

tionwide.

Make-A-Wish grants the wishes for children, aged three to 17, with critical illnesses, helping not only children and young people at difficult times in their lives but also bringing hope, strength and jobs back into the lives of families. Currently the Foundation is able to grant about 200 wishes each year but would love to do more.

John Bartley, who took over Bayleys Wanganui a year ago says, "Locally we run events like a Charity Auction and a dinner to

help raise funds. It will be great to be able to donate the proceeds from this Small Talks event to help kids who will benefit from having their wish met."

He adds, "We provide our room and chairs free of charge to community organisations and it is used every week by someone." Bayleys has increased its staff numbers in Whanganui which goes up to Ruapehu from 14 to 32 in the past year.

Tickets are \$15 pre-purchased and \$20 at the door and available only at Bayleys.

## Final chance to see free films in Latin America & Spain Film Festival

The Latin America & Spain Film Festival ends on Thursday, September 26 but there are two films on Saturday, September 21.

**Saturday, September 21 @ 5pm – The Path of Shadows** from El Salvador, 2018, 58 minutes, drama.

Based on a sequence of true events where an innocent man became a victim to one of the many tragedies that took place during the Salvadoran Civil War. The Path of Shadows is an emotional and intimidating film that talks about the horrors of war and its consequences. The film is a sincere memoir from Professor Carlos Mauricio, who finds himself persecuted by El Salvador Government death squads.

**Saturday, September 21 @ 7pm – Ten Days without Mom**, from Argentina, 2017, 99 minutes, comedy.

Victor and Vera have been married for 20 years and have four children. Absolutely immersed in his work, Victor lives oblivious to the everyday problems of his wife and children. Overwhelmed by her family, Vera decides to take a vacation away from it and goes on a trip for 10 days. Now Victor has to take time off work to take care of the family.

Almost immediately, chaos breaks out and expands like a plague. But little by little, father and children will take Vera's trip as an opportunity to get to know each other more closely and enjoy the beautiful and chaotic family they have.

**Thursday, September 26 @ 7pm – Marshland** from Spain, 2014, 105 minutes, thriller.

The Spanish deep south, 1980. The brutal murder of two adolescent girls in a remote and forgotten town in the marshland of the Guadalquivir river bring together two disparate characters – both detectives in the homicide division – to investigate the cases.

With deep divisions in their ideology, detectives Juan and Pedro must put aside their differences if they are to successfully hunt down a killer who has terrorised the community for years.

All of the films are screening at the Davis Theatre, Whanganui Museum. Entry is free.



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T&C'S Apply – Offer expires at the end of September



# Parade will be overflowing with 'light delights'

## Whanganui drinking water 100% compliant

The Lights On Bikes Parade map is here and the route will be overflowing with light delights come Friday, 27 September.

This free event is open to all ages so light up your wheels and yourself and come along. Bicycles, scooters, buggies, unicycles, skateboards, roller skates, wheelchairs and more are all welcome.

This year's parade will start at Moutoa Quay, near the Whanganui i-SITE Visitor Information Centre. It will then travel alongside the Whanganui River, across Dublin Street Bridge, through Kowhai Park and return.

There will be food trucks at the starting line from 5.00pm, with the parade rolling out at 6.30pm.

For participants who do not wish to do the full route, there is a shorter option where participants can either finish or turn around at Cornmarket Reserve, near the Dublin Street Bridge.

The parade will travel along the shared pathways so there will be some size restrictions. Please ensure that your wheels of choice do not exceed a height of 2.5m and a width of 1.1m.

All large floats exceeding these dimensions can be parked safely at Cornmarket Reserve. The journey from there through Kowhai Park can be continued by foot.

For any queries, please message [www.facebook.com/LightsOnBikes/](http://www.facebook.com/LightsOnBikes/)  
Community workshops are available to make

creations for Lights On Bikes.

They are:

Body armour - Using cardboard and paint you

will create some awesome lit up armour for your torso. When: Friday, 20 September 3.30pm-4.30pm. Cost: \$5 per per-

son. Where: Sarjeant on the Quay.

**A storm cloud as your helmet** - Drop in and use a range of materials to create a magical stormy cloud that envelops your helmet. When: Monday, 23 September 3.30pm-5.00pm. Cost: Free. Where: Community Arts Centre.

**Fantastical hat** - Come and make a fantastical hat that lights up and shows a silhouetted scene to wear during the parade. When: Tuesday, 24 September 3.30pm-5.00pm. Cost: Free. Where: Community Arts Centre.

**Community plants** - Be part of making a large community artwork that will be installed along the route! When: Wednesday, 25 September 10.00am-5.00pm. Cost: Free. Where: Community Arts Centre.

For bookings and payment details, please call Sarjeant on the Quay at 06 349 0506.

Whanganui District Council's water treatment team has been acknowledged by the MidCentral District Health Board's Central North Island Drinking Water Assessment Unit.

Assessors at the Palmerston North Branch of the Unit recognised the hard work of Whanganui's staff and water treatment plant operators "throughout the 2018/19 year in working toward delivering a safe supply of drinking water to the supply communities."

The Unit's assessment of Whanganui's drinking-water quality for the 1 July 2018-30 June 2019 period found that the supply continues to be 100 percent compliant with national drinking-water standards.

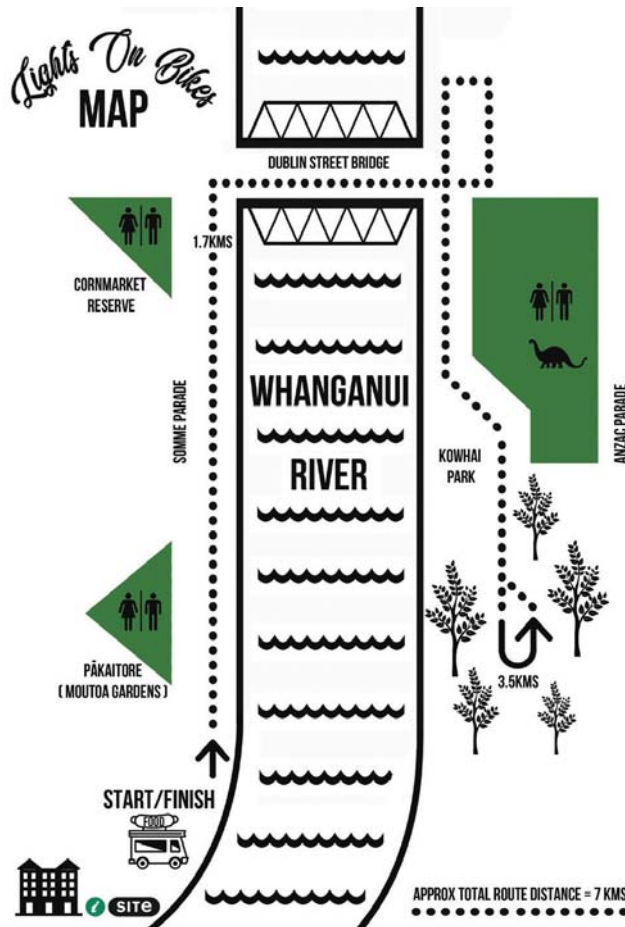
The Council's Chief Executive, Kym Fell, says, "The ongoing high level of compliance with national drinking-water standards is testament to the hard work of Council infrastructure and water treatment staff."

"Council staff are extremely diligent in maintaining the high standard of our drinking-water. They take their responsibility towards the people of Whanganui extremely seriously," says Mr Fell.

Whanganui's reticulated drinking water supply is classed as 'secure bore' as it comes from deep aquifers with a low risk of contamination. The water quality and systems also have a low risk of contamination.

To ensure Whanganui's water remains compliant, the supply is tested every month. In addition, the water supply is continuously monitored at Westmere Reservoir and sampled within the rural and urban reticulation. To ensure monitoring of drinking-water quality is to a consistent standard, water is sampled within the reticulation every fifth day for temperature (on arrival), total coliforms, E. coli, and free available chlorine.

The information in the Central North Island Drinking Water Assessment Unit's report will be used in the annual Ministry of Health report on drinking water.



## Let's talk Council issues... with Cr Rob Vinsen

*Greetings*

Shortly you will be receiving your voting papers for a very important election where you will have the opportunity to elect a team of councillors to represent your views on the management and the future of our city and district.

Whanganui's economy is much improved. Property values, employment statistics, GDP, consumer spending, guest nights – all the established economic indicators are positive. Most importantly the unemployment rate has reduced from 6.5% to 4.5% in the last twelve months. Council has applications lodged to the Progressive Growth Fund for Port Development and for an Advanced Aviation Training Facility. It is time now, and over the coming term, to deliver on what is already underway.

Relationship building and teamwork are the qualities that will deliver the best results for Whanganui and the current Council has performed admirably, in my opinion, in delivering a new confidence in our district.

It is not necessary to agree on everything though – healthy political debate is critical to good decision making and if I am re-elected, I will strive at all times to ensure that all issues are transparent, and all viewpoints are properly explained to the public.

It is also not a time for inexperience, and a blend of experience mixed with some new energy added, will make the best Council for Whanganui.

In seeking your support for a further term, I offer you this experience, and a full commitment to you and our district as an innovative and truly independent councillor.

*Kind Regards*  
Rob

**Re-Elect**

**Rob Vinsen**

**for COUNCIL**

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that really MATTERS!

[robvinsenforcouncil](https://www.facebook.com/robvinsenforcouncil)

Authorised by R. Vinsen, 31 Oakland Avenue, Whanganui

## THE BRIGHTEST PARADE IN TOWN

*Lights On Bikes*



*Whanganui*

**FRIDAY 27 SEPTEMBER 2019**

**LOCATION: MOUTOA QUAY - FOOD TRUCKS FROM 5PM**

**PARADE START TIME 6.30PM**

**WWW.FACEBOOK.COM/LIGHTSONBIKES**

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DISTRICT COUNCIL  
Te Kaitiaki o Whanganui





# Winner of New Zealand Organic Brand of the Year coming to Whanganui

- supplied

Selene Health, a Wellington-based producer of farm to table maca and cacao recently took out the award for best organic brand at the New Zealand Organic Week awards.

New Zealand - Selene Health is a small family business run by Wellingtonian, Dr Corin Storkey and his Peruvian partner, Jacqueline Huapaya. They both left their long-time corporate jobs with a mission to bring change to the superfood industry and empower marginalised farmers in Peru. They now primarily produce and import maca and cacao to New Zealand.

Maca, a superfood which grows only in Peru, has increased in popularity around the world and for good reason - its health benefits are unique and numerous. However, the popularity of the plant has led to unethical practices in the food industry, with large corporations profiting off the backs of small scale farmers and communities.

Selene Health is taking up arms against the exploitation of farmers in Peru and providing

farmers direct access to New Zealand consumers with their Farm to Table approach.

"Why should superfoods be any different from other farm to table products in New Zealand? We want to give kiwis direct access to a farm in Peru, eliminating all the middle-men so they can know they are helping and not hurting a community when buying, it's about profit sharing and partnership with farmers." - Dr. Corin Storkey, Co-Founder of Selene Health.

Co-director, Jacqueline Huapaya, is a native Peruvian from an Incan farming ancestry who is working to educate consumers in New Zealand about the realities for farmers and communities in Peru. She also wants to connect kiwis to their superfoods and share the ancient traditions surrounding their cultivation, preparation and therapeutic properties.

"I want New Zealanders to feel connected to the spirit of Pachamama (mother earth) and the healing properties of our native indigenous plants. Every superfood from Peru has a story, history and sacred tradition.

Maca is our most sacred plant and we want to share its story and spirituality with the people of New Zealand." - Jacqueline Huapaya, Co-Founder of Selene Health.

Selene Health is working to cut corporate greed from the superfood market to support famers. They bring maca directly from the farm to the consumer and a generous portion of Selene Health's profits goes directly back to the farmer and his community.

They use these profits to help fund the local school and provide much needed necessities for the children of the community. They are also linking with Victoria University of Wellington, Dr Storkey's former University, to create a research program that aims to substantiate the traditional claims made by Incan shamans surrounding the therapeutic properties of the plant.

"Maca is a 2000-year-old Incan medicine that has been widely used to treat and manage stress related and chronic conditions for centuries in Peru. Our research is helping us understand the secrets of the plant and its therapeutic benefits. Through research and education we can preserve and protect this history and medicine and ensure it has an ethical and sustainable future" - Dr Corin Storkey, Co-founder of Selene Health.

And how are kiwis responding to their model.... Since their launch in April 2017 they are now supported by over 130 specialty stores around the country with kiwis embracing their ethical and sustainable approach to business. They recently won the Organic Week NZ award for best Organic Brand as voted by New Zealand consumers. To further consumer awareness Selene Health also bring volunteers from

New Zealand to Peru every year to live and work on their maca farm and understand the realities for the farmers and communities. "It's about connecting people with their food and bringing social change to an industry that is anything but fair.

We want kiwis who eat superfoods to truly understand the realities for farmers in Peru and what

better way than making them an Incan farmer for two weeks. Kiwis are excited about what we are doing, they are conscious consumers who want to shop ethically and sustainably" Storkey says.

They have recently published a short visual documentary on YouTube and will be running a nation-wide series of workshops during September-December at various locations around New Zealand educating Kiwis about the realities of the superfood market. For more information visit their website [www.selenehealth.com](http://www.selenehealth.com) for details.

To hear more about Selene Health and learn about maca and cacao you can attend their local Whanganui workshop - Connecting with the heal-

ing powers of maca and cacao. When: Sunday, 22 September from 16:30-18:30pm. Where: Yogabee studio - 72 St Hill Street, Wanganui. RSVP 0211822839. Tickets available on Eventbrite: <https://www.eventbrite.co.nz/e/connecting-with-the-healing-powers-of-maca-and-cacao-ceremonial-workshop-tickets-71320763323>

## Spring is here - time to think about your gardens and trees



Beaver Tree Service are happy to trim or remove trees big or small

Now that spring has sprung it is important to know how to care for your trees, which like all plants, require care and attention to reach their full potential.

Spring is when all the flowering trees are out and some people consider their gardens to look their best, with the garden bulbs complementing the trees.

This is the time where people come out of hibernation and start to venture back into their gardens, especially with daylight savings around the corner.

As arborists, we are

coming into our busy season. Avid gardeners are coming outside in droves and start to notice that their trees need attention. Tidying your garden for summer starts with dealing with your trees. For example, you might be wanting to plant out a border with perennials or annuals, however the trees are blocking all the light from this area. Other scenarios are that a certain tree is getting far too large for the confined space that it is in, or maybe a tree is in major decline so needs to be removed.

As an arborist and pre-

viously a landscape gardener, I love the challenge when dealing with my gardening clients to come up with a resolution in regards to tree removal, thinning, lifting or maybe pruning to allow for under-planting.

If you are looking to plant some flowering trees then now is a good time to do so before it gets too hot. This will allow the trees to establish and get their feet set firmly in the ground. Early spring is also a good time to transplant small trees or shrubs that may not be in the right spot in your

yard.

Some examples of trees with incredible flowers are deciduous magnolias, dogwoods and cherry trees to name a few. I recently went to Leaf Lands and was very impressed with the wide variety of trees they have. Leaf Lands is a family run wholesale tree nursery located on Napier Road in Palmerston North.

I'm looking forward to planting my own garden out soon and am looking to plant a grove of Betula utilis 'Silver Shadow' birch trees which have a stunning white bark on the trunk. I like to plant in groups of odd numbers, under-planting with small maples, rhododendron or even daffodils.

If you want to kick your landscaping up to the next level, consulting a professional arborist is a great idea.

## Golf results

Golf - Castlecliff Nine Hole Club

Thursday 12 September, MC Medal, Ladies: Marilyn Edmonds 36, Pauline Grant 39 c/b, Rawinia Connors 39. Men: Gerald Connors 30, Jim Hulbert 34 c/b, George Flintoff 34. Raffle: Jim Hulbert.

Connecting with the healing powers of maca and cacao

COME AND LEARN ABOUT USING MEDICINAL MACA AND CACAO TO BRING HARMONY AND BALANCE BACK TO YOUR BODY THROUGH CONNECTING WITH THE PLANT SPIRITS

Sunday, 22 September 16:30 - 18:30pm  
YOGABEE  
72 Saint hill Street, Wanganui  
Tickets \$22.00 RSVP 0211822839  
Bookings essential

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# Minister joins Bushy Park Tarapuruhi celebration

The new Bushy Park Tarapuruhi visitor centre was opened amidst a celebration of the contributions by many to progress the restoration of the historic buildings.

Bushy Park Trust Chair, Kevin Ross, said it was an honour to have Minister of Conservation, Eugenie Sage, declare the new visitor centre open, alongside trust patron and Whanganui Mayor, Hamish McDouall.

"Today marked the conclusion of years of hard work, planning, fundraising, restoring and building. We have a historic homestead restored to its former glory. The stables have been renovated to house a visitor interpretation centre, exhibition spaces for some of our heritage items and an upgraded ablutions block. All this sits inside our predator-proof fenced, 98-hectare sanctuary."

Mr Ross said the combination of threatened native species and built heritage made Bushy Park Tarapuruhi a jewel in New Zealand's conservation crown.

"This place with its ancient forest, intriguing native birds, conservation education resources, wonderful historic homestead, predator-proof fence and now a visitor centre, is an incredible asset," he said.

"It is a credit to all those who have volunteered and fundraised and laboured and simply loved this beautiful forest sanctuary and homestead."

Mr Ross said seeing the growing relationship between the Bushy Park Trust and local iwi Ngāi Rauau Kaitiaki and in particular the contribution of kākāpū leaves to the new Kaitiaki native superfood product was an additional success story.

"One thing we know

is we can't achieve conservation results like this alone. We need all parts of our community coming together, keeping pest numbers down and caring for our unique creatures under threat. Well done to the Bushy Park Trust past and present and all their supporters."

Mr Ross acknowledged some key people who initiated the work, including former trustees, Liz Tennet, Wilf Emmett and Denis McGowan. He also thanked the Rotary Club of Wanganui North, highlighting members Cranleigh Chainey, Graeme Meyers and Garth Barlow, who were integral in raising more than \$1 million towards the works.

The sad passing of Ed Boyd of the Four Regions Trust last week was recognised. Other funders acknowledged were the Eleanor Burgess Trust, NZ Lottery Grants Board, Forest and Bird, Horizons, DOC and the Whanganui Community Foundation.

Mr Ross also thanked the team of tradies led by Shane Stone Builders who had worked "tirelessly and professionally, under, at times, difficult conditions".

"We are in awe of the result you have achieved. The homestead is probably in better condition than it has been since when it was first built."

Mr Ross acknowledged current and former board members, Sanctuary Manager, Mandy Brooke and the massive team of volunteers.

"You have kept Bushy Park Tarapuruhi operating on a day to day basis, year after year. Thank you. We might physically see some of the work that you do, but much of what you do is unseen. This work remains of critical importance to the operation and contin-

ued relevance of this place. You have put thousands of hours into developing and maintaining our buildings and the forest sanctuary. Today's celebration would not be possible without your continued efforts.

This event was part of Whanganui Heritage Month, coordinated by the Whanganui Heritage Trust.

The forest sanctuary is open during daylight hours and the historic homestead Tuesday-Sunday, 10am.

**Minister of Conservation officially opens the new visitor centre at Bushy Park Tarapuruhi last weekend**



## Plans to set up a 'pop up' repair cafe



Nelson and Dani Lebo are planning to set up a 'pop up' repair café in which people can bring broken items and be taught by a more experienced volunteer how to fix it. The concept has been proven internationally.

Worldwide, 1,653 Repair Café groups were active last year. One group meets on average once a month to repair things. During one such meeting, an average of eighteen objects

are successfully repaired.

All Repair Cafés together held an estimated 19,836 meetings in 2018, with an estimated result of more than 350,000 repaired products. All Repair Cafés in the world together prevented around 350,000 kilos of waste in 2018. You can check it out at <https://repaircafe.org/en/>

Nelson and Dani have a few tentative dates and venues they say. "Our intended categories are: wooden items such as furniture (must be transported); toys; fabric items; small electronic items (lamps and small appliances); bicycles (flat tyres and simple repair/tune up). This is dependent on getting enough and the right volunteers.

The tentative dates are – Sunday, October 6 at the Durie Hill Market, 12 to 3 pm and Saturday, October 12 at the Whanganui Learning Centre, 2 to 4 pm.

To get it off the ground they need assistance. They would love to hear from volunteers with experience in: woodworking, sewing, electrical, bikes. They are also looking for donations of tools and hardware, sewing machines in good working order, bicycle tools and patch kits.

If you can assist, please contact Nelson and Dani at [theecoschool@gmail.com](mailto:theecoschool@gmail.com) or by phoning 027 742 7716.

## Pigeon racing results

**RCP - the good news paper**

The St Johns Club Wanganui Pigeon Racing Adjunct held its first race in the 2019 Old Bird Season with a race from Taumarunui. The race attracted 90 pigeons from 6 fliers. The winner from the loft of Shane Gudopp covered the 135km in 1hr 38min 36sec, with an average speed of 1369.45 meters per minute or 82kph. The pigeons experienced mixed weather conditions on their flights to Whanganui.

**Results were:** Shane Gudopp 1hr 38min 36sec; Jim Pullins 1hr 46min; 51sec; Klem Ryder 1hr 47min 4sec; Don Lacy 1hr 51min 59sec; Geoff Underwood 1hr 55min 40sec; Robert Barnes 1hr 59min 38sec.

**Re-elect**  
**Philippa Baker-Hogan**  
*for Council & Health Board*

**I'm still in your corner!**

**VOTE FOR**

- ✓ Velodrome Events Centre - Let's Roof it!
- ✓ Promoting a Safer, Healthier Community
- ✓ Scrutinising Council Overheads, Rates & Debt

Authorised by Philippa Baker-Hogan, 15 Brassey Rd, Whanganui



**VOTE**  
**Ross Fallen**  
for Council  
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**Whanganui grassroots, community advocate, with extensive board experience and council engagement.**

**Working with our mayor and councillors I will pursue:**

- Our elected councillors to have assigned area portfolios to better support resident input
- Rates restraint/debt reduction. Rates restraint focus of 3.5% max for 2020-2022
- Further promoting of council's economic arm. Seeking diverse large-scale industry
- Get our infrastructure basics right! A 25 year environmental plan that recognises climate change; an affordable kerbside rubbish service, a second competitive waste disposal centre and revisiting our poor drinking water quality
- A council that continues to grow via its many events, enhancing its built and river heritage, celebrating and supporting our cultural and growing ethnic diversity, leading on housing support, long term environmental planning, and safeguarding our national arts and sporting facilities for all to enjoy

Email: [dandc5821@gmail.com](mailto:dandc5821@gmail.com) Phone 022 430 5818



**Ross Fallen for Council 2019**

Authorised by Steve Selfe, 9 Tauapata Street, Whanganui

## ASK A PROFESSIONAL

### Acupuncture for pets

Worldwide, complementary treatments are becoming more widely known and sought after by many people for their own health and for that of their pets. One such therapy is acupuncture: the drug-free, traditional Chinese practice of inserting small needles into specific points in the body to stimulate the body's own healing mechanisms. The most common use of acupuncture is for pain relief, especially associated with muscular pain, arthritis, or back pain, but some medical conditions also respond to treatment; in fact, the World Health Organization lists over 40 conditions for which acupuncture has some evidence of efficacy. Acupuncture is well accepted by most pets and has a very good safety profile with few complications and side effects when administered by a trained and certified veterinary practitioner. However, it is important to note that it works best in conjunction with, as opposed to instead of, Western Veterinary medicine and should not be used to replace appropriate medical diagnosis and treatment. If you have a pet that you believe would benefit from acupuncture, contact your veterinarian to discuss if it is an appropriate or possible option for you.



**Vet - Chelsea**



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2.0L, auto, tints,  
alloys, only  
98,000kms.



Was  
\$11,990 **NOW \$9,990**

### 2009 TOYOTA RACTIS

1.5L, auto, nice  
alloys, tints,  
sporty.



**\$9,995**

### 2010 SUZUKI SWIFT GLX

1.5L, manual, only  
25,000kms, great  
colour!



**\$11,990**

**FREE  
WARRANTY**

### 2013 TOYOTA PRIUS

1.8L, auto, HYBRID,  
awesome  
alloys.



Was  
\$17,990 **NOW \$16,250**

### 2016 TOYOTA COROLLA GLX

Reverse camera,  
5 to choose  
from.



**\$18,990**

### 2018 TOYOTA YARIS SX

1.5L, auto, only  
10,500kms,  
alloys.



Was  
\$19,990 **NOW \$19,495**

### 2019 TOYOTA YARIS GX

1.3L, auto, our  
demonstrator  
model.



Was  
\$19,990 **NOW \$19,995**

### 2015 TOYOTA COROLLA ZR

1.8L, auto, alloys,  
tints, smart  
looking.



Was  
\$26,990 **NOW \$23,990**

### 2017 TOYOTA AURION AT-X

3.5L, auto, V6,  
airbags, alloys,  
parking sensors.



Was  
\$27,990 **NOW \$25,990**

### 2018 TOYOTA PRIUS SX

1.5L, auto, HYBRID,  
demonstrator,  
push button  
start.



**\$27,490**

### 2014 JEEP COMPASS ALTITUDE

2.0L, alloys, driving  
lights, only  
35,000kms.



**\$19,990**

### 2016 TOYOTA RAV 4 GXL

2.5L, auto, only  
53,300kms.



Was  
\$29,990 **NOW \$27,990**

### 2019 TOYOTA FORTUNER LTD

2.8L, auto, diesel, 4WD,  
demonstrator, only  
3,200kms.



**\$53,990**

### 2015 TOYOTA HILUX

3.0L, 2WD, alloys, aftermarket  
headlights, alloy  
tonneau cover.



**\$24,990**

### 2010 TOYOTA HILUX SR5

3.0L, auto, turbo  
diesel, 4WD,  
side rails,  
tints.



Was  
\$27,990 **NOW \$25,990**

### 2011 TOYOTA HILUX

3.0L, manual, turbo diesel,  
tints, flares, 4WD,  
canopy.



**\$25,990**

### 2013 TOYOTA HILUX

3.0L, turbo diesel, manual, 4WD,  
full service history,  
only 77,000kms.



**\$31,990**

### 2015 TOYOTA HILUX SR5

3.0L, auto, turbo  
diesel, 4WD,  
canopy.



**\$35,990**

### 2018 TOYOTA HILUX SR5

2.8L, manual, turbo,  
diesel, 2WD, only  
15,000kms.



Was  
\$39,990 **NOW \$37,490**

### 2017 TOYOTA HILUX SR5

2.8L, turbo, diesel,  
alloys, 2WD, hardlid,  
side steps.



**\$38,990**

### 2018 TOYOTA HILUX SR

2.8L, auto, turbo,  
diesel, 4WD,  
bluetooth.



**\$47,500**

### 2015 NISSAN VANETTE NV200

1.6L, auto, petrol,  
tints, dual sliding  
doors, reverse  
camera.



**\$15,990**

### 2011 TOYOTA HIACE

3.0L, auto, diesel,  
tints, very tidy,  
nudgebar.



**\$25,990**

### 2011 TOYOTA HIACE

2.7L, auto, NZ new, 11 seats, only  
90,000kms.



**\$28,990**

### 2013 TOYOTA HIACE

3.0L, auto, turbo  
diesel, 10 seat  
minibus.



Was  
\$34,990 **NOW \$29,990**

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# Please return road work signs - no questions asked

Whanganui District Council Roadwork Alliance partner, Downer, is running a "no-questions-asked" amnesty for the return of temporary signs stolen from roadwork sites.

The Council's Senior Roadwork Engineer, Brent Holmes, says Downer recently worked on a job in Ingestre Street and over two weekends had nine signs stolen.

"These signs are in place to advise and guide road users safely through roadworks. When they are taken this places road users at risk until they are reported missing and replacement signs can be put in place.

"The cost of replacement signs is ever increasing, which ends up costing our community. Because contractors don't have endless supplies sitting

around some jobs can be delayed until replacement signs are brought in," says Brent Holmes.

"Downer ran a similar amnesty in New Plymouth about two years ago that was a great success. They collected any signs regardless of which company owned them and then organised to get them back to the rightful owner at the end of the amnesty.

"We accept that signs

are sometimes left behind at properties, so that is why the amnesty is no-questions-asked for a set period," says Brent Holmes.

The Whanganui amnesty will run from Monday, 16 September to Friday, 4 October 2019. Road signs can be dropped at: Downer Whanganui, 501 Heads Road, Castlecliff.

They can also be collected by notifying Downer on (06) 349 2510 with location details.

The Whanganui Roadwork Alliance is an alliance between the Whanganui District Council and Downer NZ to jointly undertake the management and maintenance of Council-owned roads in the Whanganui District.



## Ed Boyd will be sorely missed by the local community

Ed Boyd will be remembered for a variety of reasons, generosity of spirit, a love of Wanganui, running a successful printing business, taking a front seat ride in the Queen Mother's Rolls Royce, playing the piano accordion, deciding early in life that he wanted to work for himself, creating a vintage car museum and especially, being a driving force in bringing a notably successful vintage and classic car rally to Whanganui.

The funeral for Edgar Laurence Boyd was held in Whanganui earlier this week. Mr Boyd was aged 66.

Motoring enthusiasts are among those who will have fond memories of Mr Boyd.

The Chronicle's long serving motoring correspondent, John Maslin, recalled that the international rally based in the city of Whanganui in 2012, attracted vehicles worth millions of dollars and spectators in their thousands.

"Ed's enthusiasm for the event had helped secure it for Whanganui," John said.

Ed had always championed the city. "Whanganui was front and centre."

"There had not been a bad bone in Ed's body," John said, referring to his generosity in and outside of his H&A Print business.



Ed Boyd

ness.

Whanganui had been lucky enough to have him. Ed had been passionate about all things vintage and a museum he had at Great North Road housed a marvellous collection.

Ed had told him he was a born hoarder, John said. "He just had to have stuff."

The museum included full size vintage vehicles, to Matchbox Toys, to bits of radios.

"It was a weird and wonderful collection from a wonderful man."

John said Ed had the foresight to keep his printing business going ahead. The firm carried out all sorts of print work and still had its place.

At work, and with his interests, Ed had been a generous soul. Whanganui born and bred, Ed was a bookbinder by trade.

As a boy he lived on the Whanganui River and, as

a boat-holder for jetboats, his reward was a two-minute ride on one.

That taught to carry out tasks to support others, Ed said he enjoyed giving things to others.

Both of his parents were self-employed and he decided in his early school days that he would work for himself. Whilst at school he was a paper boy (for the Herald) and sold copies of Photo News. In addition he was the delivery boy for a chemist.

He began an apprenticeship in book binding in 1968 and remained with the printing trade for the rest of his time.

As a lad he managed, with persistence, to obtain a short ride in the Queen Mother's Rolls Royce in Whanganui, being allowed to do so on the basis that the back seat was reserved for the Queen Mother.

Ed considered Whanganui a lovely place to be. He said the positives outweighed any issues.

"We want more and more people to realise Whanganui is a beautiful place to be. There's nothing like coming home to your own home town."

Ed was Chair of the Four Regions Trust and he also provided scholarships to UCOL for about 40 years.

Ed is survived by his wife, Hinemoa, and his children Natasha and Kieran.

- Trevor Mackay



## Vote Jo Meiklejohn for Council





### Affordability

Rates affect everyone in the community, and must be sustainable by our current community and future communities.

### Common sense

Able to cut through the issues to reach the core to make reasoned and reasonable decisions for the common majority.

### Experience

Knows the legislation's applicable to Local Government, procedures and process.

Authorised by Jo Meiklejohn, 10 Plunket St, Whanganui

## Artists Open Studios

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[openstudios.co.nz](http://openstudios.co.nz)



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STUDIOS**  
**WHANGANUI**  
 Te Taonga Toi O Aotearoa  
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**2020**



# Whitebait regulations still the same for 2019 season

Whanganui Department of Conservation (DOC) staff are reminding whitebaiters to keep to the rules which remain unchanged for the 2019 fishing season.

Supervisor Biodiversity Ranger, Eddie Te Huia, says the Whanganui Biodiversity team will be seen out and about doing compliance work this season.

"It's great getting out and chatting with our local whitebaiters in the community, even if many of them have mentioned being disappointed given the rain and murky water," Eddie says.

"The Whanganui office and staff have also heard of a number of concerns and wish to remind all whitebaiters,

that regulations are the same this season."

The whitebait season opened on August 15 and will close on November 30.

Whitebait are juveniles of six species of native fish: giant kōkopu, banded kōkopu, shortjaw kōkopu, inanga, kōaro and common smelt. Those that escape the whitebait net grow into adults ranging from 10 to 60 centimetres long.

DOC freshwater scientist, Jane Goodman, says whitebait are iconic in New Zealand.

"Unfortunately, four of the six whitebait species are categorised as either threatened or at risk of extinction.

We need to ensure we protect their habitat,

especially spawning areas and fish for them responsibly and sustainably.

"It's good to see work being done to protect and restore whitebait habitat, such as planting and fencing off spawning grounds from stock," Jane says.

People can also help these fish by contacting their local DOC or Regional Council office if they see overhanging culverts or other barriers that stop whitebait migrating.

During the season, whitebaiting is permitted between 5am and 8pm or between 6am and 9pm when daylight saving starts.

DOC administers whitebaiting regulations that cover methods of fishing,

location of whitebaiting sites, legal fishing times and net size. Illegal whitebaiting carries a maximum fine of \$5000 and whitebaiting equipment can be seized. DOC will be patrolling whitebaiting sites and talking to whitebaiters throughout the season to ensure people are complying with the regulations.

Whitebait regulation pamphlets are available at sporting shops and DOC offices.

Later this year, DOC will consult with the public on improving whitebait management including reviewing the whitebait fishing regulations. This follows public engagement in 2018 and early 2019 on improving whitebait management to restore whitebait populations and provide for a sustainable whitebait fishery. The engagement included a DOC survey, where 90% of respondents said changes were needed to make New Zealand's whitebait fishery sustainable.

Everyone will get the opportunity to have their say during the public consultation.

# Taking climate change discussions to the suburbs



Victoria Avenue, Whanganui floods 2015

Whanganui District Council will engage with the community on climate change at nine public meetings in locations throughout Whanganui over the coming month.

The Council's General Manager Strategy, Charlotte Almond, says the Council has already held meetings with a number of local organisations and wants to hear from a broad cross-section of the community.

"We're really interested in hearing ideas about how Whanganui can become resilient in the face of climate change and what we should prioritise as a community.

"We're making sure we get out into the suburbs so people can easily come to a meeting and have a chat with us," Ms Almond

says. Feedback from the community is likely to shape the Council's response to climate change and influence future policies, processes and initiatives.

## Public meetings

- Whanganui War Memorial Centre, Pioneer Room, Watt Street, Whanganui, Wednesday, 18 September, 12.00pm-1.00pm.
- Duncan Pavilion, Rangiora Street, Castlecliff Beach, Wednesday, 18 September, 5.00pm-6.00pm.
- Gonville Library Community Room, 44 Abbot Street, Gonville, Thursday, 19 September, 3.30pm-4.30pm.
- Hakeke Street Library Meeting Room, 65 Hakeke Street, Whanganui East, Friday, 20 September,

2.00pm-3.00pm. • Born & Raised Pasifika Early Childhood Centre (previously Aramoho School), Aramoho, Monday, 23 September 4.00pm-5.00pm.

• Upokongaro School, 478 SH 4, Upokongaro, Tuesday 24 September, 3.15pm-4.15pm.

• Rapanui Mowhanau Community Hall, Mowhanau Drive, Kai Iwi Beach, Monday, 30 September, 3.30pm-4.30pm.

• Fordell Hall, Station Road, Fordell, Tuesday, 1 October, 3.30pm-4.30pm.

• Alexander Heritage & Research Library Te Rerenga Mai o Te Kāuru, 1 Pukenu Drive, Pukenu Queen's Park, Monday, 7 October, 5.15pm-6.30pm.

If you are unable to attend a public meeting, there's a range of other ways to give us feedback on climate change:

- Visit our website at [www.whanganui.govt.nz/](http://www.whanganui.govt.nz/) haveyoursay to read the discussion document and take our online survey
- Share your ideas in an online forum at Viewpoint Whanganui: <http://whatdoyouthink.org.nz/>
- Email your thoughts to [policysubmissions@whanganui.govt.nz](mailto:policysubmissions@whanganui.govt.nz)
- Pick up a feedback form from Whanganui District Council Customer Services at 101 Guyton Street or your local library and hand it in to the Council.
- Post your ideas into one of our suggestion boxes at libraries and other locations around town.



Whitebait

# Vintage Car Club hands over \$1750 to Cancer Society

Keith Turner and Peter Hardy from the Whanganui VCC, handing over a cheque for \$1750 to Jane Burgess, Manager of Whanganui Cancer Society Centre. This was money raised from the VCC 2019 Daffodil Rally for Cancer and donations from the public and the Whanganui VCC Branch



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**Whanganui DHB**  
**Vote #1**  
**Tanya Brown**

**Make it Better Together**

Authorised by Tanya Brown, 8 Western Line, Whanganui



# GovHack NZ event organised here in Whanganui

# Huge variety of live entertainment at Lucky Bar

GovHack is an international event which is "celebrating its 10th year building partnerships with governments and industries internationally to bring you the largest open data hackathon in the southern hemisphere". The purpose is to come up with "community focused solutions using open Government data over a single weekend."

In New Zealand it took place from Friday evening, September 6 through to Sunday, September 8 and was organised by local IT firm Proaxion and based initially at UCOL and then because of internet difficulties, at Proaxion's offices in Wicksteed Street.

Mike Price of Proaxion took on the responsibility of organising it throughout New Zealand after a break for GovHack last year. It was taken up by teams in five other centres in the country. Over 200 people participated.

The national challenges were:

- Best Creative Use of Technology
- Best use of data to assist in a Civil Emergency
- Best Way to Promote Positive Mental Health
- Combating the Climate Emergency



GovHack participants in Whanganui - Luke Sula, Taara Green, Brett Cooper and Trish Summers

- Innovate New Zealand
- Most Artistic use of data (outside the box)

Proaxion Support Specialist and 'GovHack Project Co-ordinator, Masina Kenworthy said, "There were 25 people involved at any one time in Whanganui. We worked through to 10pm on the Friday and the Saturday and to 5pm on the Sunday." It was free to anyone regardless of background, age or experience and on the Friday evening, they met to work out what areas

they wanted to focus on. "From these discussions," she says, "teams naturally formed."

The main challenges hacked in Whanganui were:

- Best way to promote positive mental health
- Best use of data to assist in a Civil Emergency

The whole process for each team was videoed and in Whanganui the 'Spirit of GovHack' was awarded to David Wilkie. Other centres also had local challenges but the team

projects will be judged independently.

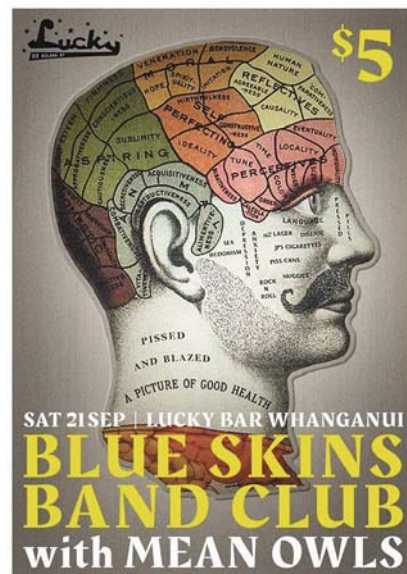
The New Zealand Awards night will be hosted in Whanganui on November 2 where the national winners for each challenge will be announced. It is expected that over 100 people from across the 6 locations will be in attendance to the awards night. One person from the winning team will attend the announcement of the international awards in Australia at a later date.

The Lucky Bar and Kitchen has hosted an incredible series of performances. Those who have made the pilgrimage to Lucky have been absolutely spoilt night after night and the spectacular juggernaut rolls on.

This Friday 20th, Latino influenced dance floor king, Senor Dirty Hair, will have you dancing the night away. Saturday 21st Wellington super group, The Blue Skins Club Band, will be joined by local cat fanciers, The Mean Owls. Then Sunday 22nd to Wednesday 25th we begin a Shakespeare series - The Merry Wives of Windsor starring Katie Boyle.

Speaking of work functions, the time has come again for you to make the plan. Get in touch and we will come up with a fun food fest with our gifted Chef, Satoru.

Do not miss out, come and see what's going on at the Lucky Bar and Kitchen, 53A Wilson St, Whanganui 4500.



Classic posters are part of the music promotion. This one for Saturday Night at Lucky is a great example



## VOTE Mary Bennett

for Whanganui District Council and DHB

Whanganui is at a critical time in its growth and development. Building partnerships and collaborating on projects and activities are key to creating a more vibrant and sustainable future.

Housing and employment are big issues for us. We need more of both. The Council needs to work with the whole community to find and implement the right solutions for Whanganui.

Our youth are our future. Let them have their say.

*Celebrate diversity. Have a voice at the table. Share a different perspective.*

### Our District | Our Future

Facebook: Mary Bennett Campaign Email: marybennettcampaign@gmail.com Phone: 027 555 7747

Authorised by Mary Bennett, 22 Lindsey Crescent, Springvale, Whanganui 4501

## VOTE TO RE-ELECT JENNY DUNCAN

FOR WHANGANUI DISTRICT COUNCIL

### Some of My Community Focused Priorities

#### Housing Crisis.

Rising rents with fewer houses available, we're at crisis point. Council must continue to take leadership, facilitating and enabling the build of many more homes. We must move faster. Homes are needed now.

#### Employment and Growth

Council led projects like the Port and the Aviation Academy include opportunities for involvement by iwi and local businesses. We know that growth in new and existing business is already occurring. While this means more jobs in our community, we need to plan for and manage the effects of this growth.

**FIND ME AT -**

Facebook: Jenny Duncan - Grow Whanganui or Email: jenny@nzgrow.com

Authorised by Jenny Duncan, 135 Karaka Street, Castlecliff, Whanganui

## VOTE TO RE-ELECT KATE JOBLIN FOR COUNCIL

Pretty much we all want the same thing, we want to be well and live in a safe community. We want suitable housing, fit for purpose city infrastructure, stable and full employment and to be part of a community that is connected - a community that values everyone. Council must be a strong partner in building and improving these aspects of our community.

**"I fiercely want Whanganui to succeed - but it must succeed for all of us".**

Facebook: Kate Joblin for Whanganui District Council

**...to help build a Successful Future for us all!**

**proven • passionate • effective**

Authorised by: Kate Joblin, 10 Wicksteed Terrace, Whanganui.



## 29th Aranui Primary Interschool Cross Country attracts 30 schools

## Interactive workshops to teach you how to turn rubbish into art



If you wanted to watch the 29th Aranui Primary Interschool Cross Country on Tuesday afternoon, September 17 and hoped to park nearby, you would have been disappointed. All the side streets had cars parked on the side of the road or on verges – there were so many interested parents and grandparents there to watch.

Racing started at 12.45pm with overcast skies and a cold breeze and over an interesting and varied course thanks to the generosity of

neighbouring landowners – Mr and Mrs Watkins and Mr Handley. The notice to schools read – “Shoes are strongly recommended as there may be thorns and thistles on the track.”

The race distances were:

- Nine years and under – 1800m.
- 10 years and over – 2400m.

There were separate girls and boys races. 30 Schools took part including Whanganui schools through to schools in Hunterville, Waitotara, South Makikiri and Ohakune. There were over 500 chil-

dren running.

The first Aranui Interschool Cross Country was held with only three schools participating.

The winners were:

- Junior Girls: Ally Lockhead from Ohakune School. Amelia Allardice and Phebe Rickard from St Johns Hill came 2nd and 3rd.

- Junior Boys: Max Darbyshire from St Marys School. Ryan Bremner from Hunterville was 2nd and James Flower from Ohakune 3rd.

- Senior Girls: Charlie Cook from Hunterville.

Hannah Byam from St Georges came 2nd and Grace Darbyshire from St Marys 3rd.

- Senior Boys: Hamish Cranstone from Huntley. Kaleb Comoton from Westmere came 2nd and Maks Reitsma from Fordell 3rd.

St Johns won the Junior Girls cup, Westmere the senior boys as well as the two to count cup. St Johns won the team cup and the cup for the best team performance for a school with less than 75 children was won by Brunswick School.

Working out how to deal with the waste produced by everyday life has become an increasingly talked about topic in Whanganui, but with different rules for different types of waste, it can be hard to know how you can reuse, what you can do to reduce and what you can recycle.

A series of interactive workshops and an art competition being held at Hakeke St Library & Community Centre over the next two months, aims at helping to answer some of these questions whilst doing so with a touch of artistic flair.

“Art can be found in everyday life. Why not learn to use recycled material to create it?” says Elysabeth Wolter, the Volunteer Coordinator for the centre who is organising the workshops alongside Esther Topfer, a local artist and recycling champion. “We will teach you how to turn your recycling into treasures for home and garden.”

Hakeke Street Library & Community Centre has a burgeoning in-house recycling area and is keen to develop ways of engaging the Whanganui East community in waste-minimisation education. The workshops are the first



**Esther Topfer and Elysabeth Wolter**

step to achieving this.

“We have a great list of guest speakers at every workshop who are discussing waste minimisation, environmental issues and Whanganui’s recycling centre, as well as special after-school workshops for children.”

The workshops are to run fortnightly from 21 September to 19 October culminating in a, free to everyone, Repurposed Art Exhibition and Competition on Saturday, 2 November. Entry forms for this will be available next

week, via download from Hakeke St Library Facebook page or pick it up at all library branches.

“Without, the Waste Minimisation Fund it would have not been possible to run this event,” says Elysabeth. “We are very thankful for their support.”

More details about the full range of workshops can be found on the Hakeke Street Library Facebook page, email the centre at hakekestlibrary@gmail.com or call 0224321521.

## A world of Experience

Understanding management and change with the last 30 of my 52 years corporate business experience consulting and delivering real IT change to enterprise, local and central government I understand management & change. Through recent success with Castlecliff’s rejuvenation I’ve built a deep appreciation and affection for our Whanganui communities. I’ll work to see Council developing agile, smart change and engagement with residents, Iwi, businesses, artists and all calling Whanganui home.

## Proven Locally

Every candidate makes promises & sounds good – instead I ask you to look at my experience with smart, community driven improvement that is summed up in the two photographs below of Castlecliff’s rejuvenation

Barely four years ago this was the Rangiora St centre of Castlecliff with shuttered graffitied shops, bare uncared for sections that served as a dumping ground and a broken sign pointing to a long closed motel.

**Visit the same view today.**

- ✓ Succulent gardens and a rejuvenated streetscape
- ✓ The Citadel Café
- ✓ Rangiora St Library – a self service initiative of Whanganui Libraries
- ✓ Soul, Body, Beauty hairdresser
- ✓ Driftwood & Corten Steel sculpture park
- ✓ One of three new lifesaving AED Heart Defibrillators
- ✓ Community market space available
- ✓ Co-work space coming



**James Barron**  
for Whanganui District Council & DHB

**To take rejuvenation from suburb to city I ask for your vote**  
[www.facebook.com/James4Whanganui](http://www.facebook.com/James4Whanganui)

Authorised by James Barron, 10 Karaka St, Castlecliff, Whanganui





## New horse float for Wanganui Riding for the Disabled



Over 80 riders and volunteers will benefit from an NZCT grant of \$39,000 to the Wanganui branch of the New Zealand Riding for the Disabled Association (NZRDA).

The branch previously had the use of a horse truck, but when this failed its certificate of fitness, they reached out to NZCT for help.

"With the support from NZCT to purchase a horse float, we are now able to make use of the grazing around the region," says Jalissa Gage, Secretary for the Wanganui RDA. "This will allow us to run more horses and keep our current team happy to help more people."

Wanganui RDA assisted 64 riders over the past year. The NZCT grant fully covers the cost of the new float and also contributes towards buying a towing vehicle.

The NZRDA is a unique organisation in that it relies on animals to assist with the therapy of the people it supports. The horses need to be performing at their physical and mental peak when they are participating in sessions. Taking the horses for a ride offsite each week keeps them fresh and ready to help.

Jalissa says the Wanganui RDA has a significant positive impact on people in the community who are disabled.

"We give people with a range of disabilities ability. Be it freedom of movement, communication skills, self-confidence, social skills and much more. Our programmes are tailor-made for each individual and work alongside their other support networks to achieve common goals."

Over the years NZCT has been a major supporter of Wanganui RDA, helping to fund a range of items and projects.

"Without NZCT we would struggle to achieve what we do on a daily basis," says Jalissa. "We have a waiting list at present and with the support of NZCT we are making improvements to be able to assist more people with our programmes."

"We have a great relationship with NZCT and are incredibly grateful for their ongoing support," she adds.

The Wanganui RDA are also in the middle of fundraising \$445,000 towards buying the property they are currently based at.

## 'Little Woods' - character movie at Embassy 3 with U3A next week

'Little Woods' is a 2018 American-Australian crime thriller western film, written and directed by Nia DaCosta in her directorial debut. Sisters, Ollie (Tessa Thompson) and Deb (Lily James) give out-standing performances battling to maintain some sort of dignity in the face of money woes and a dying mother badly in need of painkillers. They find they have one week to settle the mortgage on their mother's house or face foreclosure. As bills and pressure mount, what will they do?

While these issues are the pegs the film hangs on, they are peripheral; it is the characters - their emotions, their perseverance, their unwillingness to be ground down by a system that has humanity low in its social priorities, even though it means travelling on the wrong side of the law.



A scene from the movie "Little Woods"

One review says, "An exceptional feature writing and directing debut from Nia DaCosta, this drama takes a dreary, pessimistic situation and, through its strong characters, makes it touchingly relatable." Rotten Tomatoes 'Tomatometer' rates Little Woods at 96%.

Little Woods - (103 minutes) will screen at

Embassy 3 at 10.30am on Wednesday, 25 September.

Last month's U3A Cinema group film 'Older than Ireland' was a sell-out with quite a few patrons being turned away. Little Woods will be screened in a bigger theatre.

Although this is a U3A initiative, everyone is welcome.

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# Lynne Vinsen

for  
**Whanganui District Health Board**

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Authorised by LC Vinsen 31 Oakland Avenue, Whanganui

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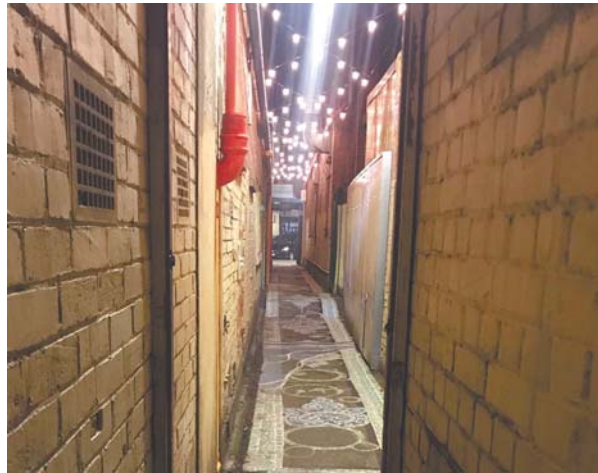
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# Victoria Avenue getting lit up



The lighting of the CBD has started after several years of work and planning from WDC Town Centre Regeneration group, in partnership with Mainstreet Whanganui. Lights have been installed between Ingestre and Guyton Streets in Victoria Avenue and in the alleyway by Embassy 3 through to the Drews Avenue carpark so far.



## What is Gout?



A finger joint with Gout

Gout is a form of arthritis and is now referred to as Gout Arthritis. Many of you will be aware that Gout arthritis causes sudden attacks of pain in some joints. An attack usually lasts for 7 to 10 days. If left untreated, attacks can occur more often and dramatically affect your quality of life, as well as having long term, poor outcomes for your kidneys and joints. Seeing your doctor is essential if you suffer Gout arthritis attacks.

It is often due to your whakapapa/ genes. If you want to know more you are welcome to attend a Public Seminar 'You Gout to be kidding?' Hear about the what, why, medications and actions for Gout arthritis. 24 September, 7pm - Christ Church Community Centre, 243 Wickstead St. Arthritis New Zealand and Whanganui Rheumatology. This Seminar is sponsored by 'Whanganui Community Charitable Trust'



New Zealand Chinese Language Week  
新西兰中文周

## New Zealand Chinese Language Week

SEPTEMBER 22 - 28

### Basic Mandarin Chinese words and phrases NZ Chinese Language Week 2019

**Hello: Nǐhǎo (Nee how)**  
If there's only one word you learn, this is it. Use this to greet everyone.  
**Thank you: Xièxiè (Shieh-shieh)**  
And if there's a second word to know, this would be it.  
**You're welcome: Bù kèqǐ (Boo kuh-chi)**  
Respond with this if someone says "xièxiè (shieh-shieh)" to you.  
**Good morning: Zǎo (Zhou)**  
Instead of saying both hello (nǐhǎo) and good morning, you can greet someone with just zǎo in the morning.  
**Goodnight: Wǎn'ān (One-un)**  
This is typically used when you're actually going to bed.  
**My name is...: Wǒ**

**jiào... (Wuh jeow...)**  
This literally means "I am called..."  
**My friend's name is...: Wǒ de péngyǒu jiào... (Wuh duh pung-yo jeow...)**  
If you're traveling with a friend, you can now introduce him or her as well. If someone calls you "peng you," don't worry: they're just calling you a friend.

#### Useful Mandarin Chinese phrases for travellers

**Where is the bathroom: Xǐshǒujiān zài nǎlǐ? (See-sow-jian zai na-lee?)**

This literally translates to "Where is the hand-washing room?" so you can mimic the motion of washing your hands to help your chances of

being understood.  
**How much?: Duō shǎo? (Dwuh shauw?)**  
**Too expensive: Tài guile! (Tie gway luh!)**  
Impress them further by trying to haggle in Chinese - because you're usually given the tourist price first.  
**Make it cheaper: Piányi yī diǎn. (Pian-ye yee dian.)**  
Combine this phrase with the one above and you're well on your way to becoming a fluent haggler in Chinese.  
**Very beautiful: Hěn piàoliang (Hen peow-liang)**  
Locals love when you compliment their home country, so feel free to stoke their egos a bit with this phrase.  
**Delicious: Hào chī (How chir); Very delicious: Hěn hào chī (Hen how chir)**  
The food is a main attraction in Chinese-speaking countries. Use

this phrase to praise your host, the waiter, the chef at a restaurant, or the cook at a street stand.  
**I don't understand: Wǒ bù dǒng (Wuh boo dong)**  
A good phrase to remember as you will likely need it.  
**Let's go!: Wǒmen zǒu ba! (Wuh-men zow bah!)**  
You can use this to signify you're ready to leave or to prompt your companions to get going.

#### Common Mandarin Chinese words

Yes: Shì (Sheh)  
No: Bù shì (Bu-sheh)  
Good: Hǎo (How)  
Bad: Bù hǎo (Boo-how)  
Today: Jīntiān (Jeen-tian)  
Tomorrow: Míngtiān (Meeng-tian)  
Yesterday: Zuótiān (Zwuh-tian)  
Goodbye: Zàijiàn (Zhai-jian)



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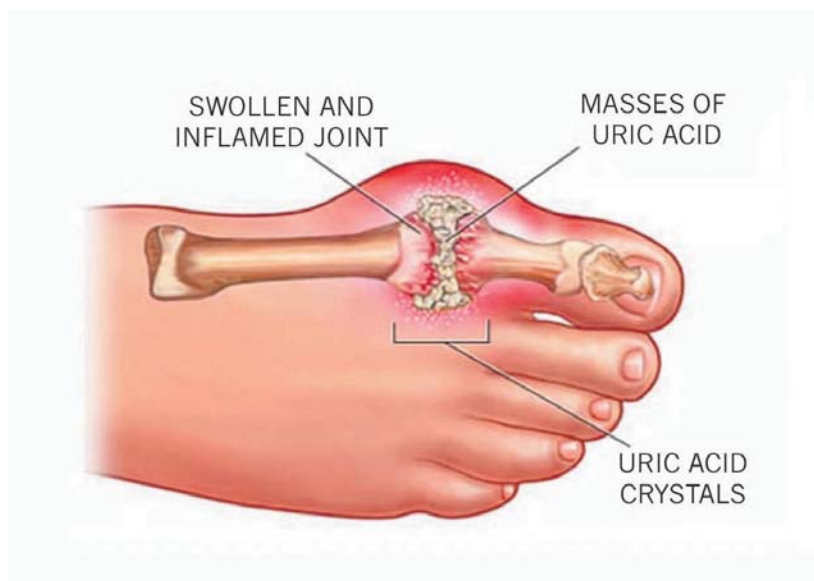


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The Annual Street Appeal will take place from 24 to 30 September and the primary collection day on Friday, 27 September.

If you'd like to be part of this year's street appeal, please contact Adrienne Walker-Regan by phoning 0800 663 463 or email [awr@arthritis.org.nz](mailto:awr@arthritis.org.nz).

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# Steelform Wanganui vs Ngati Porou East Coast

This Saturday 21 September - Cooks Gardens, 2.30pm Kick off



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## Former World Cup champion to play against Whanganui this Saturday

Globe trotting former World Cup champion and Commonwealth Games gold medal winner, Zac Guildford, will play for struggling Ngati Porou East Coast against Wanganui in Saturday's fifth round Mitre 10 Heartland rugby match at Cooks Gardens.

The 30-year-old, who appeared recently on TV's Celebrity Treasure Island, will be making his second local rugby appearance.

He played at centre for Wairarapa-Bush against Steelform in the 2016 Meads Cup semi-final,

scoring a try in his side's 58-26 defeat.

Guildford, whose international career was marred by personal issues, fuelled by alcohol, has played more than 200 first class games in New Zealand, Australia and France and earlier this year turned down an offer to play in the United States.

He returned from France after five months of a contract with the second division Nevers club because, like a few other Kiwis, he was struggling to find form and captained Fraser Tech in the

Waikato club final.

After missing out on making the Waikato Mitre 10 squad, which he had been training with, Guildford, now a teacher aid with St. Paul's Collegiate School, accepted an offer to play for East Coast although it involved a lot of travelling.

He has scored two of Coast's 10 tries in the first four Heartland games for a union that is desperately trying to break a drastic 46-match losing Heartland record that dates way back to 2013.

Guildford, who played 11 times for New Zealand between 2008-12, was in the champion 2011 World Cup All Blacks. He also won a gold medal in the 2010 New Delhi Commonwealth Games winning NZ Sevens team.

He also repped 10 times for the NZ Under-20's and played twice for NZ Maoris.

In Super Rugby there were 61 appearances for the champion Crusaders (2010-14) after 18 for the Hurricanes (2008-09) and he played seven games for the Waratahs (2011).

At provincial level Guildford had 77 matches for Hawke's Bay (2007-15), nine for Wairarapa-Bush (2016), seven for Waikato (2017) and now four with East Coast this season.

In France he played 21 games for Clermont (2014-16) and eight with Nevers (2018).

Also in this year's East Coast squad is last year's Taranaki captain and No 8 Mitchell Crosswell who played 51 times for the union including against Wanganui when Ferdinand retained the Ranfurly Shield 33-10 in Hawera last season.

In the first half of this year's Heartland qualify-

ing series, Coast has lost at home 15-22 to Mid Canterbury and 12-27 to King Country last weekend and away 19-54 against Buller and 15-43 v defending Meads Cup champions Thames Valley.

Steelform Wanganui has never lost to the sky blues in 13 local fixtures with the closest contest being 29-28 in 2004. Six results have been over the 50 mark including a high of 75-0 in 1981.

Coast has won three of 15 home matches - 31-24 in an NPC Div. 2 game in 2001 and a Heartland double at Ruatoria in 2012 (25-17 in qualifying and a dramatic 29-27 come from behind win in the Meads Cup final to avenge a 30-10 loss at Cooks Gardens in the final the previous year).

Overall Wanganui has won 25 of the 28 fixtures between the two unions since 1976 with an average winning score of 42-10.

After last weekend's rousing 36-18 victory over then top of the table unbeaten West Coast Wanganui will start firm favourites on Saturday but that 2012 Meads final shock still lingers in the minds of many Butcher Boys.

Despite playing with only 14 players for 74 minutes last Saturday Wanganui finally chalked up its 100th Heartland victory and is now aiming to make the Meads Cup play-offs despite its worst ever start in the 14 years of the championship.

The curtain-raiser this weekend is between the AG Wanganui Under-16 reps and a Wellington Development team.

- John B Phillips



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**Curtain Raiser - 12.45am**

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# Two Shakespeare shows coming to Whanganui next week

Award winning actress, Katie Boyle, performed her touring show 'Katie Boyle in The Merry Wives of Windsor' based on the play by William Shakespeare at the Lucky Bar in May to a rave review in the RCP. She will be returning to do the play again from Sunday to Wednesday, September 22 - 25. The show has now reached its 35th performance around New Zealand.

Katie, who has performed at the Pop-Up Globe in Hamlet, plays 13 characters in The Merry Wives of Windsor - including the infamous knight, Sir John Falstaff; a Welsh parson; a flamboyant hotel owner and a drunk pickpocket. She is performing on 40 dates around New Zealand, in small to large centres, from Auckland to Takaka.

Following Katie is Alexander Sparrow performing in another Shakespeare comedy 'Much Ado About Nothing.' He plays 17 characters - the romantic Claudio and Hero, the man's-man Don Pedro, the sly and villainous Don John, as well as the hot-headed Benedick and Beatrice (but somewhat dim-witted) Dogberry. 'Much Ado About Nothing' will also be performed at

The Lucky Bar from Sunday, September 29 to Wednesday, October 2.

Alexander is New Zealand's most prolific character comic. His Trump impersonation has been seen in The Wall Street Journal (US) and on TVNZ's Breakfast, TV3's The Project, and PRIME TV's Back Benches. His past critically acclaimed shows include de Sade, Fred From Featherston, ENIGMA, and DJ Trump.

The details are: Katie Boyle in The Merry Wives of Windsor - Directed by Alexander Sparrow, Sunday to Wednesday 22 - 25 September.

Alexander Sparrow in Much Ado About Nothing - Directed by Katie Boyle, Sunday 29 September to Wednesday, October 2.

For both plays: \* 7pm - 8.30pm (90 minutes, including ten-minute interval) at the Lucky Bar + Kitchen, 53 Wilson Street. \* Tickets \$15/20 presale at <https://www.eventfinda.co.nz/2019/katie-boyle-in-the-merry-wives-of-windsor2> and <https://www.eventfinda.co.nz/2019/alexander-sparrow-in-much-ado-about-nothing-whanganui>

Cash only door sales. These interactive versions of the plays brings



Katie performing

Shakespeare's crazy array of characters to life, all played by two (very fit) actors.

## GIVEAWAY

The RCP has a free double pass to give away in a draw. It can be to the play of your choice or to both plays. Just send us your name and daytime phone number to [rivercitypress@xtra.co.nz](mailto:rivercitypress@xtra.co.nz) with Shakespeare in the subject line or post/deliver your entry to the River City Press, 52 Ingestre Street. The deadline is midday, September 23.

# Women's SUFFRAGE DAY Thursday 19 September

## What is Women's Suffrage Day?

In 1893, New Zealand became the first nation in the world to grant women the right to vote in parliamentary elections. As women in most other democracies - including Britain and the United States - did not win the right to vote until after the First World War, New Zealand's world leadership in women's suffrage became a central part of our image as a trailblazing 'social laboratory'.

The passage of the Act was the culmination of years of agitation by the Women's Christian Temperance Union (WCTU) and other organisations. As part of this campaign, a series of massive petitions were presented to Parliament; those gathered in 1893 were together signed by almost a quarter of the adult female population of New Zealand.

More than 90,000 New Zealand women went to the polls on 28 November 1893. Despite warnings from suffrage opponents that 'lady voters' might be harassed at polling booths, the atmosphere on election day was relaxed, even festive.

Even so, women had a long way to go to achieve political equality. They would not gain the right to stand for Parliament until 1919 and the first female MP was not elected until 1933. Today women remain under-represented in Parliament, making up 41 per cent of MPs in 2019.

Suffrage Day is a significant day in New Zealand's history. It provides an opportunity for individuals and organisations to celebrate New Zealand's suffrage achievements and look for ways to make further progress to benefit women.

## National Council of Women now 125 years old

The National Council of Women NZ began in Christchurch in 1896 with Kate Sheppard. She had visited England in 1894 and mingled with the English suffrage organisations. On her return she found that there was a movement afoot to set up a body representing women. The first meeting's agenda had a variety of subjects including; economic independence of women, marriage and divorce, nationalisation of the land, setting up of a state bank, old age pensions and the concept of the new woman.

The Whanganui branch was formed in 1937. Miss Annie Tizard, Principal of Wanganui Girls' College, was elected as the first President; Mrs Baker, Secretary; Mrs Ryan, Treasurer. Representatives of nine affiliated societies were in attendance.

Recently three delegates from NCW Whanganui branch attended the 2019 Conference recently held in the National Library, Wellington, which houses the Suffrage Petition. Almost 300 women attended this Conference; its theme "Organising for Change - Whakarite Mo Te Panonitanga".

Women candidates standing for the Whanganui District Council in the forthcoming local body elections were invited to the recent meeting of the Whanganui NCW branch. It was an excellent opportunity for the women candidates to meet as a group and the members to hear their ideas and aspirations for Whanganui.

In October for the second year running, we are hosting an evening to celebrate our Wynne Costley Literary Research scholar-

ship winners. The Scholarship was open to all students who had completed a research assignment during the year on a New Zealand woman or women in society, who have or still are, contributing in a distinctly definable way to society.

On 11 October, NCW is joining with the Zonta Club and the Women's

Network to host Marilyn Waring and celebrate her new book "The Political Years". This is being held at the Belmont Golf Club after 5pm. Tickets are available at the Opera House.

To celebrate Suffrage Day, women from these same groups are joining together for a chat and celebratory drink.



National Council of Women was established by Suffragettes in 1896 with branches throughout New Zealand.

We represent women's voices and influence key decisions and issues through research, discussions and submissions.

New members welcome.

Contact Jenny Saywood  
Whanganui Branch President  
347 8931



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## Songwriters workshop and evening performance as part of Literary Festival

Taranaki musician, Juliet McLean, will be facilitating a song-writing workshop on September 28 as part of the Whanganui Literary Festival and adding song-writing into the programme as another dimension of storytelling.

The song-writing workshop will be at Space Studio and Gallery, 66 Taupo Quay, Whanganui on Saturday, September 28 from 2-4pm.

This song-writing workshop is for anyone who is looking to hone their song writing skills. If you can play an instrument and have original musical ideas or are more of a wordsmith/lyricist looking to find a way into creating musical elements to carry words, this workshop will be an opportunity to add new skills in building songs.

Participants are asked to come with pen and paper and bring their own instruments if they have one, although there will be a variety of gear available including an electronic piano and guitars.

The songwriters' workshop numbers will be limited to 12 participants so please register early by contacting terry.sarten@inspire.net.nz or sarah@spacestudiogallery.co.nz. There will be a \$10 fee to be paid on the day.

Juliet McLean, who is running the workshop and also performing in the evening concert, grew up in rural Taranaki with a passion for words and music. Juliet discovered at an early age the relationship between solitude, creativity and the joy that this brought her. She balances the need for



Juliet McLean

time and space to write with performing, teaching yoga, as well as various roles at festivals such as WOMAD New Zealand.

She is currently recording a new album due out this year. Her latest project "Orchestral Manceuvres in the Park" is a collaboration with local orchestral players on her original songs to be performed in Pukekura Park, New Plymouth, New Zealand.

land.

Later that evening (6-8pm) there will be performances by established songwriters including Juliet McLean, Terry Sarten and Elise and Liz from the band, Awa.

Workshop participants are welcome to join the audience for the Sound Session with the opportunity to debut fresh new material developed in the workshop.

## Whanganui Literary Festival for readers, writers and booklovers

The Whanganui Literary Festival happens every two years and it is a great opportunity for readers, writers and booklovers to indulge themselves by listening and participating in talks, presentations, discussions and events designed to inform and entertain.

The 2019 version is from September 25 through to

October 6, with a formal grand opening on Friday, October 4. The opening leads into that weekend of a large number of varied presentations including Joanne Drayton, the acclaimed New York Times bestselling author, speaking after the opening.

Other authors speaking that weekend include playwright Albert Belz, sports writer and biographer Ron Palenski, the well-known award winning New Zealand novelist, Fiona Kidman, another award winning crime writing, Paul Cleave – all on the Saturday, October 5.

Another good selection of authors are on the Sunday

## Literary Festival being supported by Arts and Drama groups

The Whanganui Literary Festival Trust is thrilled that many local arts related organisations are supporting the 2019 event in one way or another, throughout the eleven-day programme.

During the Children's Events both the Sarjeant Gallery and the Regional Museum are offering exciting activities. At the Museum there will be storytelling with Lisa Rewiti, Old Time poetry performed by American, Abner Serd and making a tiny book out of recycled paper. The Sarjeant is offering hands-on fun with Pop-Up books and screen printing a tote bag. Some of these events can only accept limited numbers, so early booking is advised.

The Sarjeant is also hosting a book launch for Laurence Fearnley, whose latest book, 'Scented', is described as a 'compelling and poignant search for identity through perfume. Laurence is a short story writer, novelist and arts curator.

Space Studio & Gallery has a gala line-up, firstly with 'Texting', an exhibition combining words and pictures by three women printmakers, Catherine Macdonald, Jo Giddens and M.B Stoneman.

The exhibition opens at 5.30pm, 25 September and runs until 5 October.

Jennifer Taylor-Moore will give a talk on Words in Art, Sunday, September 29, 4.30pm-5.30pm at the Sarjeant Gallery.

On Thursday, 3 October at 5.30pm, Catherine Bishop will launch her latest book, 'Women Mean Business'. Colonial, entrepreneur and women are not words one would expect to find together, but here is a book that shatters the myth that colonial women were simply wives and mothers. Also at the gallery is a song-writing workshop and songwriters' performances.

Repertory Theatre has performances of Joan Rosier-Jones' new play, 'The Dignity of Risk'. Kerry Girdwood who is directing the play said, 'Repertory

does so enjoy being included in the Literary Festival and Joan's play is a wonderful offering.' The play is a black comedy which highlights the problems experienced by those who are struggling under an understaffed, underfunded mental health system.

A literary festival is not complete if the audiences cannot access the works of presenting authors. During the last weekend of the Festival, Paige's Book Gallery supply books for signing.

The Whanganui Literary Trust Chairperson, Mary-Ann Ewing said, 'The Trust is most appreciative of these organisations for helping to make the festival the success it has been over the last dozen years.'

Bookings for the main weekend event and related events at the Royal Wanganui Opera House.



Lisa Rewiti – storyteller at the Museum

**"A book is a dream that you hold in your hand"**

– Neil Gaiman



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Election candidates for both the Whanganui District Council and the Whanganui District Health Board have been given the opportunity to submit a 'candidate profile' about themselves so the public have a chance to get to know a bit about them before the elections.

This is the fourth and final lot of profiles to feature in River City Press before the voting papers get delivered.

**Rob Vinsen - WDC candidate**



Rob was elected to Council in a bi-election in 2007 and is Whanganui's most experienced councillor. Rob comes from a business background developing a chain of retail stores throughout the Lower North Island with his wife, Lynne. He is also a Director of Katere Coatings, a New Plymouth based onshore/offshore industrial coatings company. Rob's focus on Council has been in the Finance portfolio, serving as a previous Chair of Finance and Joint Forestry Chair and as a Director of Whanganui Holdings.

Rob said "I was involved in the vision for the Port Redevelopment and for the initial purchase of the Feilding based aviation school. It is great to see that these two initiatives are realizing their potential and poised to benefit from applications to the Provincial Growth Fund. If I am re-elected I look forward to playing a part in this community's drive for economic growth".

Rob has been a driver of many local projects, including the CBD Revitalization in the mid-nineties, the Majestic Square development and the introduction of Tram #12 to Whanganui. He has served on many community organizations including Sport Whanganui, Destination Whanganui and was a founding member of Mainstreet Whanganui.

Rob's other focus is on Waste Minimisation and he is a Director of the Resource Recovery Centre. Rob said "Although the Resource Recovery Centre has had a great three years - it is now receiving over 3000 visits each week - the establishment of satellite drop-off centres in Whanganui East and Castlecliff and the addition of a kerbside collection service are still works in progress. I would like to get these in place if I am re-elected. My biggest concern is the outrageous cost of refuse disposal in Whanganui. It is my belief that Whanganui residents need a second Transfer Station option".

- Rob Vinsen

**Stuart Hylton - WDHB candidate**



As current Deputy Chair of the Whanganui District Health Board, I'm seeking re-election to ensure the momentum of the current Board continues. The Board has appointed a new Chief Executive, developed clear strategic direction and has started to build key functional relationships with all health providers to ensure our local health system delivers for everyone.

Whilst the health system has limited funds, we must continue to work with the Ministry to adopt innovative ways of delivering health services that are effective and worthy of greater investment.

Whanganui has much going for it and we need to work smarter, faster and collectively to ensure we deliver the best health care possible. The health of our community and services available is paramount. My experience and skills around the board table together with my commitment and energy will ensure the community's interests are well represented over the next three years.

Whanganui is a community I'm most passionate about having lived here most of my life, working and bringing up my family. I'm well connected within community circles being involved in a number of clubs and holding a number of governance positions on the Cancer Society, Waimarie Operating Trust, Whanganui Rotary and Chamber of Commerce.

- Stuart Hylton

**Mary Bennett - WDC and WDHB candidate**



I am Whanganui born and raised and am proud to call Whanganui home. Our Council make major decisions that affect our future direction and growth. This year I'm put-

ting my hand up to represent you as one of those decision makers.

The Council environment is new to me and I am excited about learning how to navigate it to get the outcomes our communities are seeking. I will be diligent in my approach to gathering the facts; connecting with communities; finding those with the passion, vision and courage to make things happen, then bring your voice to the Council table. Building partnerships, having respectful conversations and collaborating on projects and activities are key to creating a more vibrant and sustainable future for Whanganui.

Jobs for locals and youth facilities are two areas I want to focus on. What jobs come available through our big projects such as the port and Sargeant Gallery? Our youth are our future. We need to give credence to their voice, support and guide them on their life journey.

Housing, or lack thereof, is top of mind for everyone. The Council's Housing Strategy sets out the reasons why we are where we are with our housing issues. It reiterates the need for collaboration with community, leaders and stakeholders to effect the changes needed.

Iwi have a critical role to play in charting our future. It starts with a conversation and a willingness to engage.

Let us take that journey together.

- Mary Bennett

**Jenny Duncan - WDC candidate**



As your deputy mayor and two term councillor, I'm focused on the well-being of our whole community. While Whanganui is going through a period of growth and prosperity, there are many struggling to find a warm, affordable home or grappling with incomes too low to cover basic costs. This is Council's dilemma - it must reduce its costs while paying off debt but also make this a vibrant welcoming place to live. The more homes and businesses we have in Whanganui, the more we can spread the rates burden.

The areas of key focus for me are - Housing and supporting the build of more warm, affordable rental properties; Climate change preparation and adaptation and a real regard for our environment:

Affordability, promoting a replacement of the rating system to one that recognises income levels: Better, earlier communication and engagement with our community, including Iwi and with the right people: Supporting business to grow or relocate here so that we have prosperity and jobs for everyone.

Council's plans, like the development of the port area, will mean significant job increases. Good employment and housing make a huge difference to community wellbeing.

Strong governance skills, community knowledge and business experience enable me to safely lead and manage our district.

My proven record is in bringing community and business interests together. When we collaborate, we use our collective community and business knowledge. The rejuvenation of the Castlecliff area is one project I'm very proud to be at the forefront of.

Thank you

- Jenny Duncan

**Kate Joblin - WDC candidate**



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Thank you

- Jenny Duncan

**Tanya Brown - WDHB candidate**



I have been working as Director and Practice Manager of a Whanganui medical practice for the past ten years. It is a humbling and rewarding experience to share in the health journeys of our people. This gives me essential insight into the health needs of our community and how policy and decision-making at Board level affects us all. It also highlights just how important the functioning and performance of our local health system is in delivering services in our best interests. This knowledge, together with my legal background as a Commercial lawyer and governance experience, means that I have the skill set to represent our community, ensuring successful decision making, policy development and optimal health outcomes for our community.

We need to focus on the Individual, the System and their Partnership. A strong, patient centred approach in our district is vital. This, together with whanau support and community based services, gives people a strong voice and promises delivery of health needs. Importantly, we need to focus on groups in our community that have poor health outcomes, ensuring these outcomes improve effectively and measurably.

A fully integrated primary and secondary health system is also fundamental to respond appropriately to our needs. An integrated system means services are on the same page, frees up funding and improves our access to care.

To guarantee successful health service delivery in our district the Individual and the System need to work together in Partnership, fostering transpar-

ency, equality and respect. Let's make it better together.

- Tanya Brown

**Vijeshwar Prasad - WDC candidate**



Whanganui is a beautiful place. It is my home. It is also the home of people from various ethnic groups. We need to welcome and celebrate the diversity of our community. This will allow people to respect differences and similarities and become better at relating to one another. Having someone that understands the challenges and benefits of cultural diversity and someone that represents different ethnic communities is very important in a local council.

I want to promote growth in our local businesses so that more jobs are created and our youths can stay back and contribute to Whanganui.

My background and expertise spans from being

a teacher, judicial JP and community work. I have been serving the Whanganui community for over twenty years and want to lead it into the future. I am approachable and a good listener, with a "can do" attitude that works at finding solutions. You will be in good hands.

**Community Work**

- Founder and Past President of Multicultural Council of Rangitikei/Whanganui Inc
  - Became Justice of the Peace for New Zealand in 1998
  - Became Judicial Justice of the Peace in 2000
  - Received Queens Service Medal in August 2005
  - Treasurer of Manawatu/Whanganui Post Primary Teachers Association
  - Treasurer of the Whanganui Justice of the Peace Association
  - Member of the Whanganui Grey Power
  - Member of the Whanganui Chamber of the Commerce
  - Member of NZ Association for Migration and Investments
  - Member of NZ Association of Immigration Professionals
- I promise to be your voice on the council and will articulate your requirements strongly and with passion.

- Vijeshwar Prasad

## Bouquet of the Week



**Michelle Curtis**

We received the following nomination from Jude Hollenback:

"I would like to nominate my best friends - Michelle and Bryce Curtis. My husband, Kim, passed away after cancer almost a year ago. As I feel that words alone cannot express my heartfelt thanks to this wonderful couple I would really like to acknowledge their constant love, support, encouragement, meals and just for being them. They have previously, and continue to show their love and support every day and my life would be more difficult if they were not here with me. I would really appreciate the opportunity to thank them through your Bouquet of the Week."

The RCP was able to surprise Michelle at her place of work with a beautiful bouquet of flowers put together by Nichola and her team at The Flower Room, an Inter Flora Top 20 Club member. Michelle and Bryce also received a voucher for two for lunch at the Grand Irish Pub.



Join us for a Memory Walk  
this September



MEMORY  
WALK

Assemble 10.15am at the silver  
"Bearing" at the River Traders  
Market, Moutoa Quay.

Walk begins at 10.30am along  
walkway to Dublin Street Bridge  
and return.

To register please email:  
[admin@alzheimerswhanganui.org.nz](mailto:admin@alzheimerswhanganui.org.nz)  
or phone: 06 345 8833

Next Saturday 28 September  
at 10.30am - only \$5 entry.

# Save the date for the 2019 Memory Walk

On Saturday, 28  
September 2019 at  
10.30am, leaving from  
River Traders Market.  
Assemble at the large  
silver "Bearing" at  
10.15am.

Our memory walk is  
for people of all ages  
and abilities to raise  
awareness of dementia  
and honour our family  
and community mem-  
bers that have been or  
are affected by demen-  
tia.

Registration is \$5 and  
includes a t-shirt or if  
you do not require a  
t-shirt registration is  
by way of a gold coin  
donation on the day. No  
charge for children. The  
Memory Walk t-shirt  
ensures we make a strik-  
ing spectacle on the day.  
Should you not wish  
to have a t-shirt we ask  
that you wear something  
purple.

Last year approximate-

ly 220 people partici-  
pated in our walk and  
this year we're looking  
to outdo ourselves.  
Bring your family/  
whānau, the dog and a  
smile, don some purple  
and join us for our 2019  
Memory Walk.

If you or any of your  
family or friends would  
like to participate in  
this wonderful event,  
please email Sharon  
at [admin@alzheimerswhanganui.org.nz](mailto:admin@alzheimerswhanganui.org.nz), or  
phone 345 8833 with  
your name and con-  
tact details please. We  
would like all those  
wishing to take part  
to register so we have  
an idea of numbers for  
Health & Safety. All  
registered participants  
will go into the draw  
for three wonderful  
prize packages.

If you wish to have  
one of our t-shirts to  
wear, please let Sharon

know the size. We have  
limited t-shirts avail-  
able so please get your  
order in early.

If you are in need  
of a pick me up after  
the walk, Alzheimers  
Whanganui will be hav-  
ing a Sausage Sizzle at  
the River Traders Mar-  
ket, kindly sponsored  
by the Rapid Relief  
Team. Great value at  
\$2.00 each.

All funds raised are  
spent locally to sup-  
port people living with  
dementia and their  
families.

Please show your sup-  
port for this wonderful  
community organisa-  
tion and those living  
with dementia in your  
community.

- supplied



## September is World Alzheimers Month

Here in New Zealand, 4 out of 5 Kiwis are affected by  
dementia in some way. Join us in September for World  
Alzheimers Month, an international campaign to raise  
awareness and challenge the stigma that surrounds de-  
mentia. With your help, we can make September's cam-  
paign bigger and better than ever.

### Get involved!

On Friday, 28 September, we're calling on Kiwis to  
**Wear Purple** to raise awareness of dementia in NZ.  
Join us and be sure to tag your social media photos and  
posts #WearPurple and #WorldAlzMonth

On Saturday, 28 September 2019, we will be holding  
our **Memory Walk** themed "Walk and Talk". Pop the  
date in your diary so you don't miss this important com-  
munity event.

Memories are precious. This September, thousands of  
Kiwis will be joining Memory Walks to show their sup-  
port for all those living with dementia. Let's walk to  
remember. Let's walk for dementia.

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PROFESSIONAL EAR CARE

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For adults and children.

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Mob: 021 503 313

Email: [whanganui@drivingmissdaisy.co.nz](mailto:whanganui@drivingmissdaisy.co.nz)



Driving  
Miss Daisy

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Jumbo crossword

- ACROSS**

1 Turned around on axis (7)

4 Challengers (10)

9 Alleged (7)

13 Nucleus (4)

14 Large cucurbit (6)

15 Swot up on (6)

16 Intricate (7)

19 From corner to corner (10)

20 Pleasure-seeker (8)

21 Lined chart (5)

24 Ousts (6)

25 Wayward (6)

27 Double twice (9)

32 Tired out (8)

33 Bed cover (6)

34 Pretended (7)

38 Invention (8)

39 Open to all (6)

40 Tiny particle (4)

41 Advise (5)

42 Blood giver (5)

45 Engaged in a task beyond abilities (3,2,4,5)

52 Touches down (5)

55 Narrow band (5)

56 Meat from cow (4)

57 Stinging plant (6)

58 Wobbly (8)

61 Hereditary (7)

62 Vitamin deficiency disease (6)

63 In an inescapable position (8)

66 Old laundry accessory (9)

68 Going to the polls (6)

69 Pocket money (6)

73 Go get (5)
- 74 Call time (anag)(8)

76 Setting loose (10)

81 Absconder (7)

82 Debacle (6)

83 Wild feline (6)

84 Outdoor fundraising function (4)

85 Mocking remark (7)

86 Unvarying (10)

87 Passed on (7)
- DOWN**

1 Dashed (5)

2 Freshwater turtle (8)

3 Plays (6)

4 Christmas song (5)

5 Tidings (4)

6 Hearing distance (7)

7 Split up (6)

8 Siren (anag) (5)

10 Weaving apparatus (4)

11 Put in danger (7)

12 Free from a liability (6)

17 Mail centre head (10)

18 Stage whisper (5)

22 Manacle (8)

23 Taken in (5)

24 Tempted (7)

26 Decisive defeat (4)

28 Ignorant of (7)

29 Paid male lover (6)

30 Builds (6)

31 Got married to (6)

33 Hairdresser's premises (5)

35 Flat round cheese (5)

36 Tight-fisted (4)

37 Left at sea (4)

43 Beginning (6)
- 44 Oily fruit (5)

46 Second-hand (4)

47 Police member (7)

48 Proprietors (6)

49 Diary note (5)

50 Fragile (8)

51 Stalked (6)

52 Printed stationery (10)

53 Undiluted (4)

54 Horizon (7)

59 Arousing suspicion (5)

60 Broad smile (4)

64 Inn (5)

65 Completely (8)

67 Very old (7)

68 Savage (7)

70 Mythical woman with hair of serpents (6)

71 Shuts (6)

72 French painter (6)

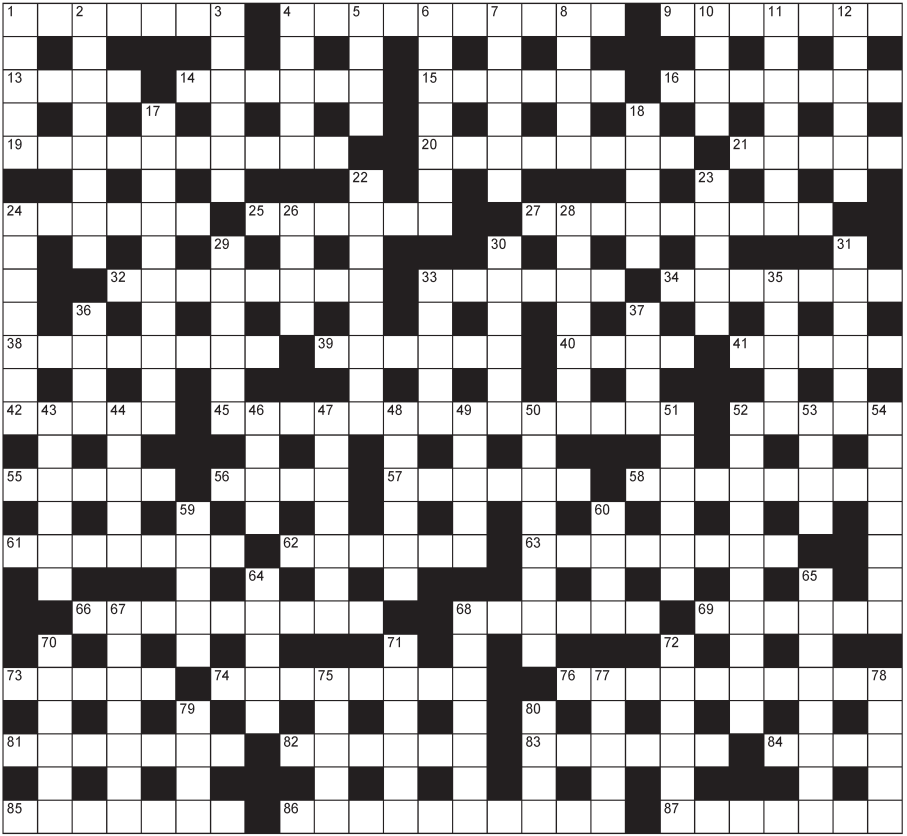
75 Spanish friend (5)

77 Bungling (5)

78 Gluttony (5)

79 Admirers (4)

80 Mast (4)





EACH number in our Code-Cracker grid represents a different letter of the alphabet. For example, today 1 represents F, so fill in F every time the figure 1 appears. You have one letter in the control grid to start you off. Enter it in the appropriate squares in the main grid, then use your knowledge of words to work out which letters should go in the missing squares. As you get the letters, fill in other squares with the same number in the main grid and control grid. Check off the list of alphabetical letters as you identify them. Visit [www.codecracker.co.nz](http://www.codecracker.co.nz)

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87
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1 F

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A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Sudoku

			9	6			7	
		6	3	7			2	
4					5			
2	9				6			
5								1
			7				4	2
			6					8
	2			5	3	9		
	5			1	7			

EASY

Fill the grid so that every column, every row and every 3x3 box contains the digits 1 to 9.

Last week

9	6	4	3	2	8	1	7	5
8	7	5	4	6	1	9	2	3
2	3	1	7	5	9	6	8	4
4	5	7	2	9	3	8	1	6
1	9	2	8	4	6	5	3	7
3	8	6	1	7	5	4	9	2
6	2	8	9	3	4	7	5	1
5	1	3	6	8	7	2	4	9
7	4	9	5	1	2	3	6	8

Last week's CodeCracker

1	S	2	A	3	V	4	G	5	E	6	F	7	I	8	L	9	D	10	U	11	N	12	M	13	P
14	Y	15	W	16	H	17	R	18	C	19	T	20	J	21	B	22	O	23	Q	24	X	25	K	26	Z

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Last week's crossword solution

ACROSS: 1 Ached, 4 Out of commission, 14 Mitre, 15 Inept, 16 Forthright, 17 Title, 19 Elk, 20 Outlook, 21 Hailstone, 22 Looted, 25 Suspended, 27 Pedals, 28 Popped, 33 Whispering, 35 Duo, 36 Pewter, 37 Brig, 39 Cue, 41 Gourmet, 42 Marine, 43 Reference, 44 Stays, 45 Inverted, 50 PS, 51 Drawback, 55 Extra, 58 Erroneous, 59 Rotate, 60 Epitaph, 61 Eat, 63 Lair, 64 Liquor, 65 All, 66 Retirement, 68 Rotten, 69 Crèche, 71 Splitting, 76 Hyphen, 77 Brochures, 79 Nomadic, 81 Pie, 84 Sated, 85 Vaudeville, 86 Jetty, 87 Nudge, 88 Once in a blue moon, 89 Steps.

DOWN: 2 Concur, 3 Expel, 5 Upon, 6 Outrage, 7 Circle, 8 Might, 9 Intoned, 10 Site, 11 Option, 12 Steed, 13 Heckled, 14 Mention, 18 Complement, 23 Snail, 24 Flowers, 26 Upsurge, 27 Process, 29 Piranha, 30 Thrown, 31 Ad-lib, 32 Heifer, 34 Grab, 36 Penal, 38 Greek, 40 Brow, 45 Ideal, 46 Verdict, 47 Rink, 48 Erotic, 49 Ether, 50 Partake, 52 Apparition, 53 Bitumen, 54 Coping, 55 Estuary, 56 Stall, 57 Star, 62 Attic, 67 Despise, 68 Respond, 70 Caravan, 72 Premium, 73 Beaten, 74 Bureau, 75 Big top, 76 Heeds, 78 Crumb, 80 Adept, 82 Edge, 83 Also.

5x5

S	L		T	
	R		N	
R		O		S
	S		E	
P		E		S

Insert the missing letters to complete ten words — five across the grid and five down.  
More than one solution may be possible.

C	H	E	S	T
R	A	R	E	R
A	B	O	D	E
M	I	D	G	E
S	T	E	E	D

Last week



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## Mobile Hut - 'unequalled range of mobile accessories'

## Music and Movement Preschool Music Programme at Salvation Army



Mobile Hut at 96 Victoria Ave

Mobile Hut at 96 Victoria Ave not only has a huge range of mobile accessories but can also fix all types of phones. They are part of a New Zealand wide franchise of around 20 stores and have been in Whanganui since June 2018.

An important part of their appeal is they stock accessories, not only for current models, but also for older ones. As Preety Heer from Mobile Hut says, "Phone shops in town tell their customers to come to us."

So if you are looking for phone covers, screen protectors, head phones, speakers, car holders or charging cables, it would make sense to make Mobile Hut the first choice to go to. They know their products well. Everything is competitively priced and they are open to discounting.

Mobile Hut also does phone repairs on site. Demand is such that they are recruiting another technician. Repairs cover all types of phones and tablets including iPhones. Servicing is quick – often the same day if parts are already in stock.



The Salvation Army has a Music & Movement Music programme for pre-schoolers aged between 0 and 5 years on a Monday morning during school term. It takes place in their hall at 4 Indus Street from 9.45am for registration and chat through to 10.30am when it is time for morning tea. After morning tea through to 11.30am it is free play

time for the children.

Adults remain and hopefully get involved in the action which can include dancing around complete with bunny ears – all part of the fun. The songs are shown on a large screen and various puppets are introduced to match – whether that be a baby shark, pirates or lady birds. There is a mixture of songs as well as some

Christian songs. There is a short prayer as well. Major Paul Jarvis leads the programme and is helped by a range of volunteers. Paul was a school music teacher – so it all comes naturally.

In the last week of term they have a family evening, when you bring anyone and everyone – siblings, both parents, grandparents – and

bring some take-away food. Each time there is a theme whether it be pirates, or teddy bears.

The cost is \$1 per child or \$2 per family with more than one child. Concession tickets are available. Now is a good time to 'enrol' for next term by phoning 345 2343 or just simply turn up on the Monday morning.

## Mental Health Awareness Week

September 23 - 29

## Mental Health Awareness Week: Explore your way to wellbeing



### Exercise and nature can help with your mental wellbeing

Mental Health Awareness Week is from Monday to Sunday, September 23 to 29. The theme this year is Explore your way to

wellbeing – Whāia te ara hauora, Whitiōra.

The idea is to discover the things that make you feel good and do more of them! When you uplift

your personal wellbeing, you uplift the wellbeing of your whānau, communities and the country as a whole.

Mental Health Awareness Week 2019 is underpinned by Te Whare Tapa Whā. This is a Māori health model that describes health as a wharenui/meeting house with four walls. These walls represent taha wairua/spiritual wellbeing, taha hinengaro/mental and emotional wellbeing, taha tinana/physical wellbeing and taha whānau/family and social wellbeing. Our connection with the whenua/land forms the foundation.

**Whanganui Community Living Trust**

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Mental Health Awareness Week

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# National Sport Stacking Championships in Whanganui this Saturday



Cups will be flying as stackers from around the country descend on Whanganui for the final sanctioned tournament for 2019. After a year of touring the country and in some cases the world, New Zealand's stackers are now competing for the pinnacle title of the New Zealand sport stacking circuit, the chance to be crowned the 2019 National Sport Stacking Champion.

Sport Stacking, also known as cup stacking is

an exciting individual and team sport where participants stack and unstack 12 specially designed plastic cups in pre-determined sequences. The benefits of Sport Stacking are many, including hand-eye coordination, concentration, dexterity and fitness.

Whanganui is home to a fast-growing, ever evolving, stacking community and stackers of all ages and abilities will compete. Novice stackers spend the day immersed in practicing with our experienced stackers and although competition is fierce, camaraderie is high. Tips and tricks are passed on freely and individuals are encouraged and supported every step of the way.

Entrants range in age from 9 to 58 and encompass all skills on a level playing field. Novice and Experienced sections enable those new to the sport to compete alongside seasoned competitors, facing the same thrill of a competition whilst striving for goals and records amongst those of equal experience. The pace is fast moving ensuring there is always someone to watch at this fun-filled event.

Competitors hail from all across New Zealand and include members

of the freshly selected NZ Black Stacks team. Stackers have been working all year towards this competition, hands will move at lightening speeds as stacks are completed faster than ever meaning records and titles change hands, with friendly rivalry to take the year's National titles ensuring a thrilling day of competition. National, Asian, UK and World Records will be challenged, ensuring an entertaining day for the whole family.

This is an exhilarating family event. Competitors and spectators alike will be enthralled as the day progresses. You can be certain that cups and

records will fly as our experienced stackers vie to beat their own times, as well as those of their closest competitors and many of our Novice Stackers will find that, by the end of the day, they too will be setting records in their own division.

This is a chance to watch our very best at their peak – spectators will not be disappointed! This tournament will be held at Cullinane College Gymnasium, 15 Peat Street, Whanganui. Media and spectators may join the sport stackers, instructors and volunteers from 8.45am. Door entry is free.

## SITUATIONS VACANT



**Alzheimers**  
WHANGANUI INC

## COMMUNITY SUPPORT COORDINATORS

### Two Positions

Alzheimers Whanganui seeks two special people to work with people affected by dementia.

The successful applicants must have empathy and/or work experience with dementia, administration skills and preferably a health related qualification. Clean drivers licence essential.

These positions are 15hrs per week, part time positions with some flexibility required.

#### Interested?

Contact:  
The Manager, Alzheimers Whanganui Inc  
Phone 345 8833 or  
Email [manager@alzheimerswhanganui.org.nz](mailto:manager@alzheimerswhanganui.org.nz)  
for a job description and application form

Written applications for these positions close on Friday 11 October 2019 at 3.00pm

## INDIAN CURRY & TANDOORI CHEF

Busy Indian Restaurant is looking for an Indian Curry & Tandoori Chef. Must have at least 3 years experience.

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Applications close on 1 October 2019

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## IN MEMORY



## Medicine Lone Wolf

### A Life Remembered

*As he crested the hill turned and waved the pain went from his hands to our hearts.*



*Remembered by his friends of the former Hillcrest Charity and the former Natural Therapy Network.*



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## Baker/Pastry Cook

We are seeking a keen individual to help our Cafe provide the best cabinet food selection to our Whanganui customers.

You will be a qualified Baker/Pastry cook (equivalent to level 4 NZ Certificate in baking or level 5 Diploma in Cookery) and have at least 2 years work experience in a commercial environment. You must be someone with passion for baking from scratch, have attention to detail, be hard working and reliable.

#### About the role:

- Creating inspirational offerings for our customers including pies, pastries, cakes, sweet treats.
- Confidence with food safety and health and safety standards and able to uphold these on a daily basis within the current food control plan.
- Understanding of financial aspects involved in reducing wastage, increasing productivity.
- Able to bake pies, cakes and pastries from scratch.
- Includes weekend shifts and early starts (4:30 am)

Applicants for this position should be NZ Citizens or Residents or holding a valid work visa.

Job Type: Full-time, permanent  
Remuneration: Dependent on skills and experience

Email your CV to  
[cactuscreme2016@gmail.com](mailto:cactuscreme2016@gmail.com)  
or phone 06 348 0560



**CACTUS CREME CAFE**  
Oldest Cafe in Town

## TRADES & SERVICES

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**FEMALE** painter available for interior work. Experienced, tidy and efficient. Call Katie for a free quote: 021 02333956.

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**HOME** maintenance and shifting. House clean-up, gardening, lawnmowing, water-blasting, spout cleaning, de-cluttering, anything considered. Ph Ray 027 2807015.

**LOOKING** for a gardener? Reliable and experienced. No lawns, just gardens. Phone Mark 348 4575.

**MOBILITY** Scooters. Sales, service, repair, rental wheelchairs, walkers, ramps. Call Graeme 021 1195118 or (06) 347 6927.

**STUMP** Grinding, lawnmowing, section clearing. Free, no obligation quote. Clean and Tidy Lawnmowing. Phone 344 2441.

## LAWNMOWING

**AFFORDABLE** lawns, great quality service, great price. Pensioner rates available. Call Paul on 021 245 4999.

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Keeping Lawns & Costs Down!

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- Pensioner discounts
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## Wayne Bishop

Ph 06 343 1454  
Mob 027 555 3074

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## ENTERTAINMENT / PUBLIC NOTICES



## Climate change public meetings

Whanganui District Council is engaging with the community on climate change at public meetings in locations throughout Whanganui.

Feedback is being gathered to help shape the Council's response to climate change and influence future policies, processes and initiatives.

### Locations and times for the public meetings are:

- Whanganui War Memorial Centre, Pioneer Room, Watt Street, Whanganui  
- Wednesday, 18 September, 12.00pm-1.00pm
- Duncan Pavilion, Rangiora Street, Castlecliff Beach  
- Wednesday, 18 September, 5.00pm-6.00pm
- Gonville Library Community Room, 44 Abbot Street, Gonville  
- Thursday, 19 September, 3.30pm-4.30pm
- Hakeke Street Library Meeting Room, 65 Hakeke Street, Whanganui East  
- Friday, 20 September, 2.00pm-3.00pm
- Born & Raised Pasifika Early Childhood Centre (previously Aramoho School), Aramoho  
- Monday, 23 September 4.00pm-5.00pm
- Upokongaro School, 478 SH4, Upokongaro  
- Tuesday 24 September, 3.15pm-4.15pm
- Rapanui Mowhanau Community Hall, Mowhanau Drive, Kai Iwi Beach  
- Monday, 30 September, 3.30pm-4.30pm
- Fordell Hall, Station Road, Fordell  
- Tuesday, 1 October, 3.30pm-4.30pm
- Alexander Heritage & Research Library Te Rerenga Mai o Te Kāuru, 1 Pukenamu Drive, Pukenamu Queen's Park - Monday, 7 October, 5.15pm-6.30pm

For more information, please visit:  
www.whanganui.govt.nz/haveyoursay



WHANGANUI DISTRICT COUNCIL  
Te Kāunihira a Rohe o Whanganui

## Pure Breast Care NZ



Phone 021 848 646  
or 0800 259 061 for bookings

Visiting on **OCTOBER 4** at the Wanganui Cancer Society, 3 Koromiko Road, Wanganui or in the comfort of your own home.  
Email: Liz@purebreastcare.com  
www.purebreastcare.com Please call Liz for more dates.

Mastectomy and Post-Surgery wear specialist  
**Liz Brett**



MINISTRY OF HEALTH APPROVED  
Private and confidential fittings:  
Lightweight prosthesis, bras,  
swimwear and compression  
garments, in-home consultations



## WHANGANUI INTERMEDIATE SCHOOL ENROLMENTS FOR 2020

The school is currently accepting enrolments for Year 7 & 8 students in 2020.

Enrolments for all In Zone and Out of Zone students should be in to the school office **no later than Friday 27 September 2019 (end of term 3)**. Out of Zone enrolments will not be accepted after this date.

The Board of Trustees have decided there will be up to 100 places available for Out of Zone students. Exact numbers will depend on the number of applications received from students who live within the school's Home Zone.

A full description of the school's enrolment zone may be viewed on the school website [www.wi.school.nz](http://www.wi.school.nz) or at the school office.

The enrolment of **Out of Zone** students is governed by the provision of the Education Act 1989. If the number of Out of Zone applicants exceeds the number of places available, students will be selected by ballot. If a ballot is required it will be held by **Friday 11 October 2019**.

All parents will have their child's enrolment confirmed in writing within seven working days of the ballot being held.

Katherine Ellery - Principal

90 Dublin St, Wanganui • Ph 06 349 0231 • Email: [office@wi.school.nz](mailto:office@wi.school.nz)

## VEHICLES FOR SALE



## 2010 MITSUBISHI RVR

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**SAVE \$1000**

**NOW ONLY \$12,995**

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## PETS FOR SALE

**BUDGIES**, green - \$10. Zebra Finches - \$5. Phone 027 4494161.

**THREE** Birman kittens. Urgent homes required. All enquiries to Helen 06 344 1177.

## FOR SALE

**JOE** Lett Ltd, all sorts of mobility aids including scooters, wheelchairs, available. Joe Lett Ltd, 11 Churton Street, ph 345 8599.

**MOBILITY** scooter. Front basket, new batteries, 1 year warranty, back-pack and 2 new front tyres. \$1200 ono. Phone Wayne 06 3477237.

**NEW** Seasons fresh native and ornamental shrubs and trees from \$5.00 to \$15.00 for large grades now ready, fine landscaping grades, good hedge lines. Dried blood \$8.00 per kilo. Excellent for all garden use. Give your plants that boost now. Parnells Quality Tree & Shrub Nursery, 102 Fox Road., Phone 344 6645, Est 1895.

## WANTED TO BUY

**GINZA**. Always buying, always selling. Good used furniture, antiques, china and collectables. Call Ginza 345 3154. **QUALITY**, quirky, colourful, one of a kind, knick knacks, curios, brick-a-brack. Second chance second-hand shop. 259 Victoria Ave. (Next to KFC). Hours 10.30am - 4.30pm Monday to Saturday.

## River City Press

Circulation  
19,000 covering  
Whanganui,  
Ratana,  
Whangaehu,  
Turakina and fully  
viewable online.  
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Ph 345 3666  
Email:  
[rivercitypress@xtra.co.nz](mailto:rivercitypress@xtra.co.nz)

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# NEED HELP?

Emergency ..... 111  
City Mission/Foodbank ..... 345 2139  
Women's Refuge Wanganui ..... 344 2004



# CLASSIFIEDS

52 Ingestre St Ph 345 3666  
Email: [rivercitypress@xtra.co.nz](mailto:rivercitypress@xtra.co.nz)

Nominate someone you think is deserving of our **Bouquet of the Week!**

Email or facebook message us with your nomination and reason why they deserve to win!

email: [rivercitypress@xtra.co.nz](mailto:rivercitypress@xtra.co.nz)  
facebook: River City Press Wanganui



## ENTERTAINMENT / PUBLIC NOTICES

### SECTION 101

#### SALE AND SUPPLY OF ALCOHOL ACT 2012

Zen Takeaway Limited, 22-26 Victoria Avenue, Whanganui has made application to the District Licensing Committee at Whanganui for the issue of an On Licence in respect of the premises situated at 22-26 Victoria Avenue, Whanganui known as the Momiji Japanese Restaurant.

The general nature of the business to be conducted under the licence is as a Cafe/Restaurant.

The days on which and the hours during which alcohol is intended to be sold under the licence are Monday to Sunday, 9.00am to 10pm.

The application may be inspected during ordinary office hours at the office of the Whanganui District Licensing Committee at 101 Guyton Street, Whanganui.

Any person who is entitled to object and who wishes to object to the issue of the licence may, not later than 15 working days after the date of the publication of this notice, file a notice in writing of the objection with the Secretary of the District Licensing Committee at PO Box 637, Whanganui 4540.

No objection to the issue of a licence may be made in relation to a matter other than a matter specified in section 105(1) of the Sale and Supply of Alcohol Act 2012.

This is the second publication of this notice.

The first notice was published on 12 September, 2019.



WANGANUI EAST CLUB

## PÉTANQUE CLUB OPEN DAY

COME AND LEARN TO PLAY PÉTANQUE

**TUESDAY 8<sup>TH</sup> OCTOBER**  
starting at 1:15 pm

**SUNDAY 13<sup>TH</sup> OCTOBER**  
starting at 12:45 pm

FUN DAY OUT FOR ALL THE FAMILY  
Free coaching & all equipment provided

Pétanque is very popular at the  
Wanganui East Club.

We cater to ALL levels of skill and aspiration!

For more details contact Shirley  
(06) 561 4452 or 027 386 6895

Wanganui East Club Inc.  
101 Wakefield Street  
Wanganui East, Wanganui 4500

# Dan



# He's ok

## Vote Dan Shand to District Council

Authorised by D. Shand, 527A Rapanui Road, Whanganui

### PUBLIC NOTICES

NZ Labour Party Whanganui Grocery Hamper No. 257. Ticket donated by winner to the City Mission.

**TUNE** into City Magic 106.9FM this Saturday. Old radio countdowns, Sunday 12pm - Dick Clark, 5pm. Documentary on Fleetwood Mac.

Music selected by computer automation. Find 106.9 top right next to religious station. **WHANGANUI** Sound 027-2644-399 (Community Event Services). Not in the book. Find us at [www.findit.nz](http://www.findit.nz) the free online directory or at [www.onlineservices.nz](http://www.onlineservices.nz)

### HEALTH & BEAUTY

**JADE** Traditional Thai Massage. Excellent massage at reasonable prices. 64 Guyton Street. Phone 348 8466 for an appointment.

**JAX** Hair Studio. Latest edition GHD in store. Open 6 days, late night Thursday. 51A Ridgway Street. Ph: 3472008.

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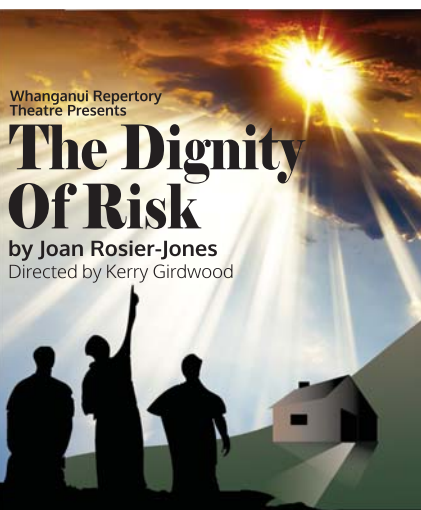
FRESH vegetables available, open Thursdays, Fridays and Saturdays. Laugeson's Gardens, Westmere Road.

## EMBASSY 3

September 19 - 25

<b>ABOMINABLE</b> (G) 1hr 47min Thur, Fri, Sat, Sun 12.45pm, 3.35pm, 5pm Mon 3.45pm Tue, Wed 12.45pm, 3.40pm, 5pm	<b>NEW</b>	Cinema 2, 3
<b>AD ASTRA</b> (M) 2hrs 19min Thur, Fri 10am, 2.30pm, 5.15pm, 8pm Sat, Sun 10.20am, 2.30pm, 5.15pm, 8pm Mon 1.30pm, 5.25pm, 8pm Tue, Wed 10am, 2.30pm, 5.15pm, 8pm	<b>NEW</b>	THE LOUNGE Cinema 1, 2, 3
<b>ANGRY BIRDS 2</b> (PG) 1hr 52min Thur, Fri 12.15pm, 2.45pm Sat, Sun 10.10am, 12.15pm, 2.45pm Mon 3.15pm Tue, Wed 12.15pm, 2.45pm		Cinema 1, 2
<b>DANGER CLOSE: THE BATTLE OF LONG TAN</b> (R13) 2hrs 13min Thur, Fri 12.45pm, Sat, Sun 12.30pm Mon 1pm, Tue, Wed 12.45pm		THE LOUNGE Cinema 2, 3
<b>DOWNTON ABBEY</b> (PG) 2hrs 17min Thur, Fri 10.10am, 1pm, 5.45pm, 8.15pm Sat, Sun 10am, 1pm, 5.45pm, 8.15pm Mon 1.15pm, 4.15pm, 7.45pm Tue, Wed 10.10am, 1pm, 5.45pm, 8.15pm		Cinema 2, 3
<b>GIRLS OF THE SUN</b> (R16) 2hrs 6min FINAL WEEK Thur, Fri 3.15pm Mon 5.35pm Tue 10am		THE LOUNGE Cinema 2
<b>IT: CHAPTER 2</b> (R16) 3hrs 8min Thur, Fri, Sat, Sun 7.15pm Mon 7pm Tue, Wed 7.15pm		Cinema 2
<b>LITTLE WOODS</b> (M) 2hrs ONE DAY ONLY Wed 10.30am		Cinema 2
<b>RAMBO LAST BLOOD</b> (R18) 1hr 55min Thur, Fri 10am, 8pm Sat, Sun 10.10am, 5.30pm, 8pm Mon 1pm, 8pm Tue, Wed 10am, 5.30pm, 8pm	<b>NEW</b>	THE LOUNGE Cinema 1
<b>THE FAREWELL</b> (M) 1hr 55min Thur, Fri 10.20am Sat, Sun 3pm Mon 3.25pm Tue, Wed 3.15pm		THE LOUNGE Cinema 3
<b>YOUNG PICASSO</b> (G) 1hr 46min LIMITED SEASON Thur, Fri 6pm Mon 5.45pm		THE LOUNGE Cinema 3

Times are subject to change - please confirm at [www.embassy3.co.nz](http://www.embassy3.co.nz)  
office@embassy3.co.nz | info line 06 345 7958



**Gala Opening**  
Thurs 3rd October - 7.30pm  
Performances  
Fri 4th, Sat 5th - 7.30pm  
Sunday Matinee - 2pm  
Thurs 10th, Fri 11th, & Sat 12th - 7.30pm

Ticket Sales from  
Royal Whanganui Opera House

### PERSONAL

**FREE**, confidential health checks, STD and HIV screening. Outpatients Department, Wanganui Hospital. Monday and Thursday from 5pm - 6pm. Phone 348 1775.  
**PREGNANT?** Worried? Need to talk? We care, listen and help. Ph. 348 0008 or 0800 PREGNANT 24/7.

### ADULT

### ENTERTAINMENT

**MAN** to man massage. A masculine built guy offering full body therapeutic deep tissue massage. Quality service. Phone Robert: 028 4196506.

### ONLINE SERVICES

**CHECK** out [www.onlineservices.nz](http://www.onlineservices.nz). Just click the link for the wanted site.  
**OVER** 11,000 users at Whanganui News Online. Find us at [www.onlineservices.nz](http://www.onlineservices.nz)

### FIREWOOD FOR SALE

**AFFORDABLE** firewood from \$60 a cube for sale. Please phone us on 06 3438466.

### ROYAL WANGANUI OPERA HOUSE

Booking Office  
Ph. 349 0511

ONLINE BOOKINGS  
[www.whanganuivenues.co.nz](http://www.whanganuivenues.co.nz)

Booking Office Hours: Mon. to Fri. 10am-4pm

Booking/service fees apply - no refunds/no exchanges

Chamber Music Wanganui Subscription Series

**Tony Chen Lin** (solo piano)

Royal Wanganui Opera House, Friday 20 September, 7.30pm

**Jacquie Trio**

Prince Edward Auditorium, Thursday 17 October, 7.30pm  
Per concert: Adult \$35, Senior \$32, CMW subscriber \$20, Student \$5.

Shirley McDouall School of Dance

**Thumbelina & A Showcase of Dance**

Saturday 28 & Sunday 29 September, 3pm  
Adult \$18, Child \$13, Senior/Friends OH \$16

**Whanganui Literary Festival**

Literary Quiz

Stella Quiz Room

Friday 27 September, 6.30pm - \$10 per person (max 6 per team)

Joanne Drayton, Albert Belz, Ron Palenski, Fiona

Kidman, Paul Cleave, Corey Mosel and Ajax,

Tina Makereti, Leah McFall

Concert Chamber WWMC

Friday 4 to Sunday 6 October - Tickets \$15 per speaker

**Dinner with the Stars**

Oaks Restaurant Cafe and Bar

Saturday 5 October, 6.30pm - Tickets \$45 - numbers limited

**High tea with Amber Rose**

Pioneer Room WWMC

Sunday 6 October, 3pm - Tickets \$30 - numbers limited

Jane Winstone Chapel

**Schola Sacra Choir**

**John Rutter Requiem**

Sunday 6 October 2.30pm. Adult \$25, Concession \$20

Repertory Theatre

**The Dignity of Risk**

Thursday 3, Friday 4 and Saturday 5 October, 7.30pm

Sunday 6 October, 2.00pm

Thursday 10, Friday 11 and Saturday 12 October, 7.30pm  
Adult \$25, Senior/Student/Rep Members \$20

Wanganui Competitions Society

**October Dance Festival**

Monday 7 to Friday 11 October

Festival Pass - Adult \$14.50/Child \$8.50

or per day - Adult \$8.50/Child \$4.50. Or per session - adult \$5/Child \$3

Belmont Golf Club

**After 5 with Marilyn Waring**

Friday 11 October, 5pm. Ticket \$40

Cooks Gardens

**Laser Light Extravaganza**

Monday 14 October, 6.30pm

Adult \$10, Child 5-12 years, \$5. Family 2A + 3C \$30

**The Keys are in the Margarine**

Sunday 20 October, 7.30pm

Adult \$25, Senior/Student/Friend OH \$20. Group discounts

**The Boss - Bruce Springsteen Tribute Show**

Saturday 16 November, 7.30pm. Tickets \$65

**The Bee Gees - Night Fever**

Tuesday 19 November, 8.00pm

Including fees: Adults \$76.50, Group 6+ \$71.50, Child to 12 years \$35.50

Imperial Russian Ballet

**Swan Lake**

Thursday 28 November, 7.30pm

Premium & A Reserve seating

Adult \$95.75 - \$85.75. Senior/Student/Group 6+ \$85.75 - \$75.75  
Child U18 \$65.75 - \$55.75. Family 2A+ 2C \$303.00 - \$263.00

**Tina - Simply the Best**

Thursday 26 March, 8pm

Adult \$76.50, Group 6+ \$71.50, Child to 12 years \$35.50

**Menopause The Musical**

Saturday 28 March, 7.30pm. Tickets \$73.65

Book early for the best seats. Gift vouchers available.

### BUYING and SELLING USED FURNITURE



Phone 345 3154  
54 Maria Place Etn  
Email: [ginza2@xtra.co.nz](mailto:ginza2@xtra.co.nz)





# WHAT'S ON

## IN THE COMMUNITY

### 1 October: 1st Combined Meeting of L.L.L. & F.o.H.

Present day retirees (whom Love Later Life) are hosting the former Friends of Hillcrest at The Barracks, 170 St Hill St, dining at 1pm. Activities for the 90 minutes prior are still being finalized. Intending diners please telephone Mary on 344 8444 by Friday, September 27.

### Alcoholics Anonymous

Phone 0800 229 6757. If you have a drinking problem maybe we can help. AA Wanganui area meeting list: Sunday, St Johns Lutheran Church Hall, 51 Liverpool Street, Wanganui, 9am; Monday, Friendship Hall, Morris Street, Marton, 7.30pm; Tuesday, 12.30pm, St Johns Lutheran Church Hall, 51 Liverpool Street, Wanganui; Wednesday, St Luke's Church Hall, 34 Manuka Street, Castlecliff, 7.30pm; Thursday, St Johns Lutheran Church Hall, 51 Liverpool Street, Wanganui, 7.30pm; Al Anon, Tuesday, Quakers, 256 Wicksteed Street, 7.30pm, Friday, Gonville Library meeting room, 12.30pm. Ph 0508 425 266.

### Arthritis Whanganui

You GOUT to be kidding, its not all about the Kai. The what and how of Gout Arthritis. Madelein Wetzels: Rheumatology Nurse; Lori Davis: Arthritis Educator. Tuesday, 24 September, 7 - 8.30pm. Christ Church Community Hall, 243 Wicksteed St, Wanganui. To register please call Arthritis New Zealand on 0800 663 463 or email bookings@arthritis.org.nz. There is no charge for entry but donations are welcome and light refreshments provided.

### At Wisdom is Yours - Wellbeing Centre

Open Night this Thursday, 19th 7pm. Demonstration of Clairvoyance, donation entrance. Guided Meditation, Saturdays 10.30am. Open to all. Gold coin donation. For more information contact (06) 3455002 or 0272531858, or pop into 200b Victoria Ave. Open Monday to Saturday.

### Clairvoyance Demonstration

Clairvoyance, philosophy and healing at the Wanganui Spiritual and Awareness Centre. This meeting will be the annual General Meeting and question and answer time. 25 Tawa Street, Wanganui. Sunday's 7pm. All welcome. Cost by donation. Like our Facebook page or contact Robert on 345 6308.

### DVD Evening - The Sea of Trees

A man from USA goes to Japan to end his life at the notorious "Suicide Forest", near Mt Fuji. He meets a Japanese man also on the verge of killing himself. They embark on a quest of discovering themselves in the vast forest. Tuesday, 24 September, 6.30pm, Koha. Support provided. To Register please call Pam on 345 5047 ext 3, or email pam.hopper@sosj.org.au.

### Hidden Sugar, the Sweet Addiction & Do Cosmetics Harm our Bodies & Environment?

Why do we need sugar? What is the right sugar? Discover how to be healthy and restore our planet through Natural Health. This lecture by the World Foundation for Natural Science will be on Saturday, 28 September at 2pm at the Community Arts Centre back Lecture Room, 19 Taupo Quay, Wanganui. Enquiries phone 344 2702 or 0273388606.

### Liturgy - Spring, a Time of Change

Our lives too have times of change. We take time to perceive and appreciate these. Sunday, 22 September, 4-5pm. To Register please call Pam on 345 5047 ext 3, or email pam.hopper@sosj.org.au.

### Living Well Seminar

Thursday, 26 September 2019 at 1.30pm, in the Hall, St Paul's Church, Cnr Guyton & Cooks Sts. Our Speaker is Tim Crowe, Senior Emergency Manager on the Whanganui District Council. Afternoon tea will be provided. A gold coin donation is appreciated. (L.W.S. are the last Thursday of the month).

### Living With Cancer Hui

A hui run by the Central Cancer Network (CCN) will be held for whanau who have experienced or are living with cancer. At this hui CCN want to hear about how cancer treatment and support can be improved - what works and what doesn't - and to hear a Maori perspective on how to improve the lives of people with cancer. This will be led by CCN with iwi, hapu and health advocates including Whanganui DHB staff and includes presentations, screening and other cancer-related kaupapa. Whanganui Function Centre (Racecourse), Wednesday 25 September. Begins at 10.00am with a powhiri. To RSVP or find out more, email pania.millar@wdhb.org.nz

### Pot Luck Lunch

In recognition of the Suffragette Movement in New Zealand. Come, bring a friend and a plate of food to share. A panel of women will speak on 'what it has been like for a woman in business'. Saturday, 21 September, 11.30am - 3pm. Registrations necessary please. Speakers: Karen Anderson (Hospice CEO), Tania King (ex Principal of Girls' College), Debbie Hickford (Worksite Drug Test-

ing & Health). To Register please call Pam on 345 5047 ext 3, or email pam.hopper@sosj.org.au.

### Poultry Club

Starts Saturday, 21 September at Mathieson Street Hall. Cuppa and sales - hens, roosters, bantams, eggs to hatch, 12 - 12.30pm followed by discussion and Speaker, Sue Clark from NZ Lifestyle Block Magazine. Experienced in commercial and backyard poultry. Free magazines available. All welcome, including beginners. Door charge \$2. Enquiries Ph: 345 8718.

### Rebs Stall at All Saints Church

Moana St, Wanganui East. Spray-free vegetables, fruits and free range eggs, plants. Tuesdays 2.30pm to 5.30pm. For details contact Micheal 344 5032 or 0212118169.

### Seminar: Getting to Know the Bible Better

7.30pm, Tuesdays, in the Christadelphian Hall, 138 Great North Road. Topic this Tuesday, 24 September: "Jesus' Later Perean Ministry (Part 3)". All welcome. Supper and opportunity to chat. Sponsored by Wanganui Christadelphians. For more about us: www.thisisyourbible.com, or phone 342 7726.

### Theosophy Whanganui

Exploring spiritual development, philosophy, religion, science and the arts. We have a small library, study groups and regular public discussions. Second Sunday monthly, 2pm. Back river entrance Community Arts Centre, 19 Taupo Quay. Contact Kirsty 021 2123819. TheosophyWhanganui@gmail.com.

### Wanganui Country Music Club

When: Sunday, 22 September 1:00 - 4:30pm. Where: Girls' College Hall. An afternoon of country music with singing and a live band. Raffles, sales table and afternoon tea. Adults \$4.00: Children under 16 \$1.50: Families \$5.50. Come along and join us. All welcome. Karen or Joey: 3432588.

### Whanganui Literary Festival

Book now! 25 September - 6 October. Literary quiz. Literary walk. Literary lunch book launches. Children's programme. High Tea with Amber Rose, Joanne Drayton, Albert Belz, Corey Mosen and Ajax, Leah McFall, Paul Cleave, Tina Makereti, Ron Palenski, Fiona Kidman. Entertaining Informative Book, Royal Wanganui Opera House. All welcome.

### What's On in the Community Notices

What's On in the Community notices are \$10 for up to 50 words with the option of a colour heading for an extra \$2 and/or a border for an extra \$10. RCP, 52 Ingestre St, Wanganui by Tuesday 1pm to place your advertisement.

## Sports Talk

with Mark Dawson

"It's a young man's game." Any game ...

Whatever your sport, there are always the young tyros coming through, chomping at the bit, bursting with energy and the indestructible belief of youth, ready to send the old warriors shuffling off to the rest home.

That's certainly the theory - soccer, rugby, motor racing and tennis. Er ... tennis?

Rafael Nadal this month claimed the US Open - his 19th grand slam title - at the age of 33, beating Daniil Medvedev 10 years his junior.

And the dashing Spaniard is only the middle brother of the aging triumvirate who have dominated men's tennis for a decade and a half, with old man Roger Federer at 38 and comparative stripling Novak Djokovic, 32, completing the trio.

A legion of exuberant up-and-comers have stepped on to the courts around the world determined to unseat the

reigning royals and all have fallen short.

The longevity of these three is remarkable - it seems we have slipped into a time warp to the land of Abraxas. They haven't so much stopped the clock, they've done away with it.

It all started circa 2003 when Federer won the Gentleman's singles title at Wimbledon. He went on to win five on the bounce before Nadal stepped in.

Of the 17 championships contested since then, only Sir Andy Murray's two heroic home wins have denied the three musketeers complete control - Federer (8 wins); Djokovic (5) and Nadal (2) holding sway.

At the French Open, Nadal has cleaned up 12 crowns since 2005, limiting his compadres to one each. At the US Open, the 16 titles from 2004 have gone Federer (5), Nadal (4), Djokovic (3), plus the stragglers.

The Aussie Open has seen the old guys pick up 14 of the 16 championships since 2004, with Djokovic leading the way



## REVIEWS: Latest Books in the District Library

### The Whisper Man - Alex North

In this dark thriller, Alex North weaves a multi-generational tale of a father and son caught in the crossfire of an investigation to catch a serial killer called 'The Whisper Man' who is preying on a small town.

### Good Girl Bad Girl - Michael Robotham

A girl is discovered hiding in a secret room in the aftermath of a terrible crime. Six years later, she is living in a children's home with a new name - Evie Cormac. When she initiates a court case demanding the right to be released as an adult, forensic psychologist, Cyrus Haven, must determine if Evie is ready to go free. But she's unlike anyone he's ever met - fascinating and dangerous in equal measure.

### Looker - Laura Sims

A dazzling, razor-sharp novel about a woman whose obsession with the beautiful actress on her block drives her to the edge. Searing and darkly witty, this book is enormously entertaining—at once a propulsive thriller and an original portrait of the perils of envy.

### Louis & Louise - Julie Cohen

Louis and Louise are



separated by a single moment in time, a strike of chance that decided their future. The day they were born is when their story began. In one, Louis David Alder is born a male. In the other, Louise Dawn

Alder is born a female. Thirteen years later, they are both coming home.

These books are available at all good bookstores, and of course, Whanganui District Library!

### LETTERS TO THE EDITOR

Please keep Letters to the Editor to a maximum of 250 words. River City Press reserves the right to edit, amend or reject any letter. We will not publish abusive letters and will not act as a go-between, between disputing parties. Letters can be emailed to [rivercitypress@xtra.co.nz](mailto:rivercitypress@xtra.co.nz)

### LETTER - not competitive

Dear Editor,  
**Not Competitive**

Mark Dawson is a little sceptical of the drive to take competitiveness out of kids sport. Don't worry Mark kids are naturally competitive; the drive is to take the competitiveness out of the coaches and parents - that is where the damage is done.

Coaches and parents should just be teaching skills. Young kids play sport to please their parents, so don't criticise mistakes, that's just learning, see something good they did, embellish it a bit and tell it with a pleased look on your face.

If you can't attend the game ask them about it and listen - really listen.

When they get to fifteen they start playing for themselves and they enjoy the sport because it made you happy and they will be competitive as hell because the parents and coaches haven't killed the instinct.  
- G R Scown

### Mark Dawson's response...

As the father of a daughter and son of considerable sporting prowess, Garth, I acknowledge your parental insight.

I'm afraid my kids never made it beyond reserve for the intermediate third team.

- Mark Dawson



Mark Dawson

on 7.

Such sovereignty over the major titles in any sport would seem like an aberration, but tennis ...? This is a game where speed, reflexes, agility and stamina for those sapping five-setters are paramount. How come the young guns cannot shoot the veterans down?

The only answer can be that Federer, Djokovic and Nadal are three of the all-time greatest players the game has produced.

Any correspondence to this column can be directed to email: [rivercitypress@xtra.co.nz](mailto:rivercitypress@xtra.co.nz) which will be passed on to Mark.

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# REAL ESTATE & RENOVATION



## Surveys show Kiwis have a keen appetite for renovating

New Zealand is a nation of home improvers, with nearly half of renovators saying it's important to do up their home to increase its value and sell, according to new research.

The online survey of more than 800 homeowners found that 37% of property owners have undertaken renovations in the past two years, 20% are currently renovating and 28% are considering renovating in the next 12 months.

When asked why they're choosing to renovate rather than move house, 18% say it's impractical or too much effort to move, 17% say they can't afford to move and 17% say there are too few homes on the market they'd want to buy.

Westpac NZ Chief Experience Officer, Shane Howell, says with the right advice, improvements can be a great way to enhance a home's characteristics and add value.

"Kiwis have always loved a renovation job, but what we could be seeing right now is more people taking advantage

of low interest rates to fund home improvement rather than selling and entering a challenging housing market," Mr Howell says.

"A range of funding options may be available for renovators, including topping up their existing mortgage, or redrawing on a revolving home loan."

When asked why it's important to renovate their home, 74% of current or future renovators say they want to improve their home, 47% say they want to raise its value and sell and 37% say they want to change its aesthetics.

Mr Howell's advice to homeowners looking to renovate is to have a clear goal around what they are trying to achieve, set a plan and then stick to it.

"If the aim is to increase comfort, energy efficien-

cy, or make your home more liveable, make sure you can achieve this on your budget. If your aim is to increase value then it would probably be a good idea to seek advice from a valuer beforehand," he says.

Twenty-seven percent of homeowners say they've purchased a property that needs work, while 24% profess to simply enjoying DIY.

"We're encouraged to see that 28% of renovators think it's important to make their home more energy efficient," Mr Howell says.



## Add value to your home by touching up minor defects

If you're planning to sell your home in the future, or you just want to make your house the best it can be, home improvements can be worthwhile and very satisfying – but it's important that you plan them carefully.

Some improvements offer a better return on your investment, while others might not add any value to your home at all. If renovations are poorly chosen or poorly executed, they could even make your property harder to sell.

That's why you need to think about your budget and do your research before you embark on any renovation project.

Start with basic touch-ups to add value to your home.

### Touch up minor defects

Sometimes, a small job can make a big difference. Keeping your home in good condition through regular maintenance will prevent it from deteriorating, saving you the cost of expensive repairs. A well-maintained home

can also be more appealing to buyers, who won't have to worry about fixing it up before they move in.

Peeling paint, loose flooring or cracked tiles, faulty door handles and dripping taps are all minor defects that aren't expensive to fix. Even a fresh coat of paint can go a long way towards helping your home sell for the price you want.



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