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Justin Duckworth - not your typical Anglican Bishop

BY DOUG DAVIDSON

Justin Duckworth is not your typical Anglican Church Bishop. He is just into his early 50s having been ordained as a priest in 2005 and elected as Bishop of Wellington back in 2012.

His diocese or territory covers Wellington, Kapiti Coast, Wairarapa, Manawatu, Ruapehu and Whanganui - and he surprised many in February 2018 by choosing to live here.

He explains the decision as "a calling from God over four years," but is happy to also provide a human rationale behind the move as well, which he says came afterwards. "We had never

lived out of the Wellington region and so there was a sense of adventure," he says. "Whanganui is a great place and the people are beautiful - so that is a real bonus."

"In some senses the issues that face Whanganui and the church are similar to those that are apparent throughout the country," he adds. In Wellington his office was only 100 metres from Parliament. "People came to see you.

Here, I go to them."

"The move is working well," he says. "My deputy is in Wellington, we have a good team, key administrative management systems are in place, I can communicate over skype and zoom and if necessary, I can be in Wellington in less than three hours."

He explains, "My primary role is not administration though. It is leading the church in the role of servant leader. So I spend a lot of time driving around the diocese to meet church leaders and parishioners. The diocese covers 60 parishes, over 100 churches and in any given week about 6,000 who worship with us. There are also 13 schools, chaplains in prisons, military, hospitals and universities as well as social service organisations associated with the Anglican Church. I preach most Sundays somewhere - a

little bit less in Whanganui now."

The decision to come to Whanganui might have caused some issues for local Anglican ministers but Justin says, "Stuart Goodin the local archdeacon is amazing. The local ministers are so good and work well as a team. My job is support and help empower them. I'm firmly of the belief that local people know what is best for them."

His theology lies somewhere between liberal Christianity and fundamentalism. He says, "I believe in the life, death and resurrection of Jesus and the transformative work of the Holy Spirit." His approach to issues is guided by his belief that "God is compassionate, invitational and loving - definitely not wrathful or punitive in judgement."

He believes in living in community, saying that "in 29 years of marriage, Jenny and I have lived

alone for only one year." Currently he lives in the St Peter's Church manse in Gonville with another couple and their young child. Previously, the Duckworths have lived in communities in the centre of Wellington and in Waikanae.

With such a background he is a strong supporter of issues such as the Living Wage and hopes that Whanganui will follow the Wellington Council in adopting it for its staff. The diocese helps provide household gear for refugees in Wellington and he personally had supported doubling of the quota of refugees New Zealand accepts.

The day before the interview, Justin had given an oral submission on the Carbone Zero Act saying, "We want our children and grandchildren to inherit the world in a better condition."



Bishop Justin Duckworth

Continued on page 2

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Check out what's in this week's RCP

This week's edition is a little like the weather at the moment, dualistic. Doug, our untiring reporter, has delegated some of his burden to his sidekick, Patrick, for a couple of days in order to play the supportive husband and grandfather. We all hope he returns well rested and full of zeal, though that is highly unlikely!

"So hello to all our readers, it's a pleasure to be behind the screen again", says Patrick.

This week is a smorgasbord, like every other. Our front pager is another classic piece of Doug Davidson journalism – about the dreaded Bishop (quite literally).

New free bus services are detailed on page 5, while on page 7 we promote an upcoming talk by critically acclaimed author, Christine Fernyhough. On page 9 premier New Zealand architects explain our current state of climate and biodiversity emer-



Doug Davidson,
journalist@
rivercitypress.co.nz

gency, while on page 15 we continue our series on Interesting Houses of Whanganui. Fijian language week is promoted on page 17 and on page 23 Graeme McBride shares the cautionary tale of his life-changing stroke and subsequent recovery. Local Rugby with J.B. Phillips is on page 24. Please go and support our local team this Saturday.

Enjoy!
- Patrick

Birthright Wanganui celebrating 60 years with a mystery raffle

Birthright Wanganui was established as a not-for-profit organisation in 1959 to support one parent families with a focus always on the whole family and the well-being of the children. This year it is celebrating 60 years of supporting families and meeting needs which continue to grow.

As part of those celebrations they have organised a Mystery Raffle to help them continue their good work. Local businesses have generously provided a wide range of gifts and vouchers and a combination of these will go into 60 large, brown paper bags.

Together they are worth \$2,500 but will vary in value and uniqueness.

The range includes vouchers for petrol, beauty services, cafés, garden gear, perfumes, books, art work, art framing, flowers, hair treatments and so on.

The tickets at \$2 each are on sale now and are limited to 1500. You can buy them from the



Birthright Manager, Tara Allan with the 60 parcel prizes

Birthright office at 244 Victoria Ave, at the market (they will have a stall there on October 5) and around town (including RCP office). Ticket sellers from the Whanganui Volunteer Centre have been selling them at Trafalgar Centre.

The winning tickets will be drawn on November 4 under police supervision.

There is also a very attractive box filled with goodies for children, kindly donated by a member of the public. To win it, children will have to find one of 60 painted stones which are going to be distributed around town, bring it into the Birthright office and then go into the draw.

Wanganui Orchid Society show this weekend

The Wanganui Orchid Society is now 52 years young and most years they have a stunning show of orchids at their peak. This year's show is on Saturday and Sunday, October 5/6 from 10am to 4pm. It will be at the City College Hall. Admission is only \$2.

There will be both individual displays as well as group displays from clubs in the Manawatu, Hawkes Bay, Levin/Manakau and Whanganui. The theme is 'Wonderland.' There are around different categories up for judging.



Phil Thomsen with his bronze winning orchid at Nationals

The show will have plant sales and there will be a number of wholesalers from around the country as well as potting demonstrations in the morning and afternoon both days.

Three members of the local club won bronzes at the National Show in Palmerston North last week. They were Kath Bourne, Phil Thomsen and Bernie Townsend. Kath says she hopes to have her bronze winning orchid with eight spikes cascading still in peak condition

for the Wanganui show. This type of orchid lasts two to three weeks while other types such as the Moth orchid can flower for months.

The local group has about 40 to 50 members with about 30 attending their monthly meetings which are at 7pm on the first Tuesday of the month at Forrest and Dempsey.

There will be a cafeteria operating at the show complete with homemade cooking from members, on sale.

Justin Duckworth - not your typical Anglican Bishop

Continued from page 1
Housing is another important issue. "We are having conversations about surplus land around our churches which could be released for housing – perhaps just five units here and there. At a Government level we are arguing for affordable home ownership."

When asked how he sees the future of the Church, Justin replies that his views "are based on my belief in God who wants to bring heaven to earth. The Kingdom of God means an end to child poverty, meeting the needs of refugees, providing houses to those that need them. God calls us to work to bless the world. It is God's desire for the church to have a future and we need to align our views to his will."

In Ohakune the church hall has been converted into an 18 bunk lodge.

The Anglicans will be having their synod there soon and the lodge will be opened and blessed.

He believes the Church has to change and is "deeply hopeful and optimistic that it will and in many respects it is doing that already, but you can't force congregations to change."



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Mayor responds to news of Wanganui Camera Centre and Framing Mars Petcare relocation now at 143 Victoria Avenue



Mars Petfood factory and offices



Ron (owner) with staff Lisa, Ned, Te Tiwha, Kate, and Tania

The Wanganui Camera Centre & Framing has shifted from its corner location on Victoria Ave and Guyton Street to the old Ballantyne's store at 143 Victoria Ave – and it is so much better on a number of accounts.

All the different but related businesses – the camera centre, the custom framing, Cartridge World, Specialist Printing services as well as Trophy Sales and Engraving Services – are now all under one roof. There is so much more space and being on the sunny side of the Avenue, it feels bright and airy.

They are now open seven days a week, making it more convenient for you to get those photos printed, that passport photo taken, replace that ink cartridge or have a T-shirt or

mug custom printed.

Owner, Ron Jamieson-Bell says, "All the staff can multi task."

The new shop hours are now 8.30am to 5.30pm during the week and 9am to 2pm on the weekend.

The larger space means there will be more photographs and art work for sale on the walls and Ron is planning on having a guest artist exhibition.

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Whanganui District Council Mayor, Hamish McDouall says news of a proposal to close Mars Petcare's Whanganui factory is sad for the district but may offer potential for a future new development.

Mayor McDouall says Mars Petcare has announced it is looking at relocating its local operations to Thailand and closing its Whanganui factory by the end of 2020.

He says, "My first thought is for those staff members and families affected by this news. The Whiskas factory has played a significant role in Whanganui's recent history, both as an employer and as a contributor in our community."

"Rest assured, Whanganui District Council is ready and willing to work alongside Mars Petcare and its employees as options are assessed and futures considered."

Mark Ward, Chief Executive of Whanganui's economic development agency, Whanganui & Partners, says "First and foremost our response will be around providing ongoing support to staff. There are certainly

roles available in Whanganui and from a career perspective, some exciting educational opportunities."

Mr Ward says, "The early notice of this proposal is helpful. Twelve months gives us time to work with people and I'm confident we can support them in terms of their careers within this timeframe."

Mayor McDouall says, "Whanganui has seen strong population and economic growth recently and our prospects are looking very positive."

"The scale of growth in its overseas markets may have proven too much of a lure for this company

and that is a reality that comes with our globalised economy."

"At the same time though, technological innovation and connectivity means we are developing considerable leadership here in niche product development and manufacturing – and we have the skilled and stable workforce and resources to get new initiatives off the ground."

He says, "With the planned revitalisation of Whanganui's port, this proposed departure could open up a prime opportunity for an ambitious enterprise to make the move to Whanganui."



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- A council that continues to grow via its many events, enhancing its built and river heritage, celebrating and supporting our cultural and growing ethnic diversity, leading on housing support, long term environmental planning, and safeguarding our national arts and sporting facilities for all to enjoy

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Ross Fallen for Council 2019

Authorised by Steve Selfe, 9 Tauapata Street, Whanganui

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Afternoon concert with Fr Chris Skinner S.M. Schola Sacra performing at Sacred Heart Chapel this Sunday



Fr Chris Skinner S.M.

- By Sue Seconi

The city is fortunate to secure the live performance of Catholic priest and gifted musician, Fr Chris Skinner S.M. at a concert on Saturday, 12 October 2019.

Sometimes referred to as a 'pop star priest' or 'high priest of heavenly pop' he is nationally acclaimed for his distinctive voice. A recording artist of Christian contemporary music, Fr Chris has released over twenty albums with songs influenced by his faith and commitment to

social justice.

In 2013 he teamed up with vocalist, Janice Bateman, to record an album of duets called Reasons to Believe. This peaked number 5 on the Official Top 20 charts of New Zealand recording artists in May 2014 right behind Lorde's album called Pure Heroine.

In November 2014 the then Governor General, Sir Jerry Matapara (originally from Whanganui) invited Fr Chris to sing "Sons of Gallipoli" for the Armistice Day dinner at Government House. Sir Jerry had invited him after hearing Fr Chris sing this moving tribute to the ANZAC'S at the National RSA Conference the year prior.

New Zealand entertainer Gray Bartlett said his voice is world quality comparing his rendition of You Raise Me Up to that of American singer-songwriter, Josh Groban.

The concert is being held in St Mary's Catholic Church at 2 p.m. Tickets are \$25 each and \$20 each for Gold Card holders. They can be bought at the parish office in Guyton Street between 9 a.m. and 3 p.m. on weekdays or at the door.

We look forward to seeing you for this special afternoon of song and music.

The Schola Sacra choir's next concert is at 2.30pm on Sunday, 6 October, at the Sacred heart Chapel at Jane Winstone Retirement Village in Oakland Avenue, St Johns Hill.

This follows the success of the choir's Vivaldi Gloria concert at Heritage House in July. The choir and a small instrumental ensemble are looking forward very much to presenting another varied programme of music. Seating cushions will be provided.

Conductor, Iain Tetley says, "The main feature will be John Rutter's Requiem. Written in 1985, in memory of his father who had died the previous year. It is a soothing and beautiful, and sometimes dramatic piece of music in seven movements, each with a very different musical character. Based around the Latin Requiem Mass, it includes two movements in English, Out of the deep, and The Lord is my shepherd.

Iain has assembled a small group of instrumentalists who will join Leonard Cave on the Wanganui Male Choir's Yamaha grand piano, to give the choir a varied and supportive accompaniment. Solo instrumentalists are Annie Hunt on cello and Ingrid Culliford on flute. The one vocal soloist,



Iain Tetley

soprano Shayna Tweed, joins us from Wellington, where she completed her postgraduate diploma in Classical Performance Voice at Victoria University in 2017, and has since appeared in a number of operas and concerts in Wellington and further afield.

The first half of the concert will feature a selection

of contrasting unaccompanied pieces ranging from the 16th century to the 21st, including John Sanders' The Reproaches and works by Monteverdi, Byrd and Gesualdo, among others. Conductor, Iain Tetley will be singing a newly composed solo item. Tickets are \$25 Adult, \$20 Concession and Under-18s are free.

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for Whanganui District Council & DHB

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Authorised by James Barron, 10 Karaka St, Castlecliff, Whanganui



Preschool goes All Black to show support



Junji Uni teachers - Eden Henare, Sharlene Hughes, Melissa Hurley and Julianna Barnes pictured with some of the students.

What is the key to the All Blacks success? Rugby is in New Zealand's blood, from the top of our heads to the tips of our toes.

That's the case at Junji Uni preschool on Campbell Street, where the Rugby World Cup is in full swing - judging from the black face paint and underage tattoos!

This Wednesday saw all the little ones and staff dress up in full regalia to honour the efforts of the slightly bigger ones battling it out against the pond in Japan and celebrate in the vivid style of our nation's rugby team.

The classroom today was a collage of All Blacks posters, jerseys and budding scrum-half's.

Their support is so strong they have even been feasting on black, with a

menu of all black foods for the day - a Weetabix breakfast, a sausage sizzle lunch, followed by black chocolate fairy bread and chocolate brownies.

Even the dough the children play with has been blackened and many a forearm was bared revealing a black fern transfer tattoo.

"Any colour, as long as it's All Black!" says preschool tutor, Melissa Hurley.

Apart from Rugby fanaticism the preschool is known for providing care for children between two and five years old, by a team of four trained and qualified staff who work to provide 30 hours free care, with all hot meals supplied. They currently have a register of 26, and welcome applications.

Free buses and evening services added

Horizons Regional Council are celebrating improvements to the Whanganui Urban bus services beginning on 7 October, with a week of free travel for all passengers.

Horizons Councillor, Nicola Patrick, says the improvements to several of the services have been made following a review that commenced in 2017 and included demand from the Whanganui community for increased weekend services and an increase of the number of services reaching outlying suburbs.

"From 7 October, new evening services will be added to the Castlecliff, Aramoho and Whanganui East routes," says Cr Patrick.

"Additional weekend

services will also be added to the Combined Saturday, Castlecliff and Whanganui East routes, a slight route change has been made to the Aramoho Orange service and a new afternoon service has been added to the weekday Springvale/St Johns route."

"We're pleased to be able to grow our current services, catering to the needs of our bus passengers."

"To celebrate these improvements and the renewed contract with current bus operator Transit, bus travel for all passengers will be free from Monday, 7 to Saturday, 12 October."

"A week of free travel is certainly a great way for our community to jump on board these school hol-

idays. I encourage people to give it a go and become regular bus passengers."

Transit Coachlines Whanganui Director, James Snelgrove, is pleased to be able to celebrate the renewed on-going relationship with Horizons.

"It's a pleasure to have secured the contract once again, providing the Whanganui Urban bus services to the local community," says Mr Snelgrove.

"We certainly hope to see some new faces jumping on board throughout

Free bus travel on all Whanganui Urban buses from 7-12 October.



the free travel week and into the future."

Timetables are available from the iSite, on board the bus and Horizons' website www.horizons.govt.nz.

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Best Start Glasgow St celebrating 10 years with twilight gala

Best Start Glasgow Street is celebrating 10 years on Friday, October 4 by having a Twilight Gala and is inviting anyone interested in early childcare to come and celebrate with them. The Gala, which is also an Open Day, is from 4pm when festivities begin to 7pm, with the children's performances starting at 5.45pm.

There will be stalls, food, entertainment, games, performances, bouncy castle, animals and more – so plenty to appeal to children and adults alike.

Best Start Glasgow Street at 168 Glasgow Street, opposite Pak 'n Sav, is a purpose built early childcare facility. They have recently completed a soft fall playground (artificial turf so no injuries from any falls) and have installed a range of new equipment for the children to develop their skills on.

There are three different areas for children – for babies or infants from 0 to two, toddlers from 18 months to three and pre-school for those aged three to five where they do the Best Start 'Be School Ready' programme. Best Start Glasgow can cater for up to 110 children, making it the biggest in Whanganui. They are offering 20 hours free for two year olds. (The Government funds 20 hours for three to five year olds).

Centre Manager, Natasha Casey says, "Our staff/children ratios are above Government requirements. This is one staff member for four children for those under two and one to eight for those over two. 90% of our staff are fully qualified. We also have a teacher aide in addition to the ratio requirements, funded by Best Start, something

not offered by most centres." They also supply nutritious, healthy meals, cooked on site.

The vision statement for the facility is 'Fuelling the minds of curious learners,' and they do this in part by offering weekly visits to the Whanganui Boys and Girls gym and in the new term will be running a sports programme in conjunction with Sports Whanganui, designed especially to help the children develop both their minds and their bodies.

Another attraction for parents and care-givers is their 'Participation Van,'



Centre manager, Natasha Casey with Luka Smith which picks up and drops off children from around the town. You can find out more on glasgow@best-start.org or by phoning 345 3804. Otherwise just come to the Twilight Gala.



Reuben Janes with Nikita Mottram and Leighton Emery

~ Golf results ~

Castlecliff 9 Hole Club

Thursday, 26 September, Medal.

Ladies: Anne Cox 37, Joanne Knapp 41 c/b, Rawinia Connors 41. **Men:** Kevin Burke 35, Kevin Speer 42, Gerald Connors 43.

Raffle: Jan Grenside.

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Twilight Gala

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Author Christine Fernyhough to present latest novel at Sarjeant on the Quay next Thursday

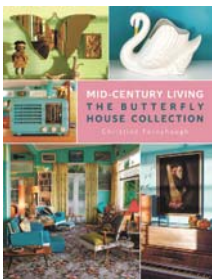
A critically acclaimed novelist known for having ditched a high-flying city lifestyle for a hilly back-country farm section is presenting her latest novel to Whanganui audiences next week.

Christine Fernyhough is following up the Literary Festival, delivering a presentation on her new book "Mid Century Living: The Butterfly House Collection", at Sarjeant on the Quay, 5.30pm, Thursday 10 October.

Christine is touring the country to get the word out about her new book, which explores both her personal and our collective cultural history.

In "Mid-Century Living: The Butterfly House Collection", Christine invites readers to join her on a fascinating and nostalgic journey through New Zealand design history in furniture, ceramics, tableware, utensils, lamps, naïve art, royal family memorabilia, hand-coloured scenic posters, Crown Lynn and much more – delving into a personal New Zealand artefact collecting obsession that originated in childhood.

Christine Fernyhough is an Auckland philanthropist, who co-founded Books in Homes with



Book cover

Alan Duff in 1994 and the Gifted Kids Programme for high achieving children in low-decile schools in 2000. In 2004, recently widowed, Christine bought the legendary Castle Hill Station in the Canterbury Alps, which she transformed into a high-performing farm.

The station came to national attention in 2007 when she published "The Road to Castle Hill: A High Country Love Story". Christine Fernyhough was made an CNZM in 2000 and a CNZM in 2011, for services to education and the community. In 2015, she established the Museum of the Everyday, based on her personal collection, which is celebrated in "Mid-Century Living: The Butterfly House Collection".

Admission is free and refreshments will be served.



Christine Fernyhough

REVIEW: The Sound of Music

Director: Lynn Whiteside

- Review: Doug Davidson

Amdram has struck gold again with its production of "The Sound of Music." The season was sold out before the first show got underway. This follows on from its very successful "The Vicar of Dibley" and I think part of the reason, is that local audiences want to experience well known shows. As one friend said to me, "The Sound of Music" is my all-time favourite show," and she is booked to go three times.

As the President of Amdram, Graham Dack says in his message in the programme booklet, it "features an unforgettable score that includes some of the most famous songs ever performed on the music stage."

The show opened with the Mother Abbess giving all the required safety notices but with an appealing sense of humour – "if you make a recording, even the power of God the father, God the Son and the Holy Spirit will not save you." Then the beautiful sounds of 15 nuns singing appeared behind the audience providing a sense of drama and a foretaste of what was to come.

Probably everyone in the audience knew the story backwards but there was a sense of delight as each of the performers came on stage. The key role of course is Maria and Monica Russell was all life and action, using her considerable acting and singing skills.

Her voice did need to be projected more, which was the case for a number of the lead singers. The vastly experienced Shelly Walls led the way showing how it could be done in her singing as the Mother Abbess. A friend, who attended a later show, said the voice production was much better.

The Edel family children did a great job both in terms of acting and singing and one has to say little Mila Madhu as Gretl is a cutie. It would be unfair to mention specific lead characters and ignore the others but I was particularly impressed by Erika Hill in her role as Elsa Schraeder. This was her first time on stage. Judging by her confident performance it won't be her last.

The overall high quality of the show was supported by the orchestra led by Abigail Livesay, the stage sets and the artwork which extended along both sides of the theatre.

Rotary Book Fair to raise funds for futuristic children's hospital

Readers can indulge altruistically this month after emptying their wallets at the Rotary Club of Whanganui Book Fair – a 'bookstravaganza' to raise funds to help build a new world class children's hospital.

The Midyear Book Fair runs from Thursday, October 10 until Sunday, October 13, at the old Farmers premises at 131 Victoria Avenue. All proceeds from the event will go towards the building of the new Wellington Children's Hospital.

This is a major fund raising event in support of the Greater Wellington Rotary District 9940, which has initiated a project to fit out two whanau day rooms for the new hospital at a cost of \$200,000 each.

Along with the book fair, Rotary Club of Whanganui is supporting this initiative with a raffle with over \$20,000 in travel prizes and



will collect community donations of goods and services for raffles or auction. Cash donations are also accepted.

Following an approach by Bill Day, Chair of the Wellington hospitals foundation, Mr Mark Dunajtschik generously announced in July 2017 that he would fund and build a new children's hospital for Wellington.

The Whanganui community's help is now vital to ensure that Rotary can raise the extra \$6 million needed to outfit the interior of the new children's hospital with state of the art medical equipment and creative, family friendly surroundings.

Opening in mid 2021 it will deliver care to sick children in the greater Wellington region, from Whanganui across to Napier and down to Nelson and Marlborough.

While some hospitals in this area have children's wards, if a young patient is seriously ill or critically injured, they will be transferred to Wellington Children's hospital for vital and often lifesaving surgery and treatment.

Some lucky readers will receive a free Rotary Book Mark with this edition of River City Press to use with your purchases at the book fair next week.

Let's talk Council issues... with Cr Rob Vinsen

Greetings

Public comment and questions are always welcome and this was texted to me this week by Marianne.

Question: Cut the overall budget by 10% and ask the CEO to become more efficient.

Answer: The rate setting process is complicated and starts in December with the production of a "wishlist" from senior management. This wishlist includes all identified needs for funding, recommendations on what could be deleted or deferred, and a calculated rates increase. For 19/20 the wishlist increase was 7%. Councillors then have the opportunity to add or delete items. As a result a 3.9% increase went forward for public consultation in March and this was reduced to a final 3.6% after the submission process.

Could the overall budget be cut 10% as Marianne asks?

Well, I believe that 10% (about \$6M) would be a bit severe as services would need to be cut to achieve that – but the principle of an across the board reduction to all budgets is one I have consistently promoted during the ratesetting process. For 19/20 I moved a very reasonable 1% reduction (\$600,000) The standard response from senior management is, of course, "tell us which services we should remove" and the majority of councillors did not support my motion. I have noted over my years of Council experience that never has an annual budget been exceeded – there is in fact always an unspent surplus at the end of the year (this year \$900,000). Why rate for it if you don't spend it? Management is in the best position to identify where budgets are a little fat, so they are also in the best position to apply blanket reductions. It's just down to Councillors to instruct them.

Experience is very important in the rate setting process – it takes time to develop a knowledge of what to look for and where to find it in Council plans. One of my earliest reasons for standing for office was a belief that one cannot complain unless one is prepared to be involved in the democratic process. While for a few that may be standing for office, for most it is simply exercising your vote. If you haven't voted yet best get a move on as NZ Post is not that reliable these days.

Kind Regards
Rob

Re-Elect

Rob Vinsen

for COUNCIL

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robvinsenforcouncil

Authorised by R. Vinsen, 31 Oakland Avenue, Whanganui

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Authorised by LC Vinsen 31 Oakland Avenue, Whanganui

Bouquet of the Week

Korean War Veterans greet South Korean Ambassador

We got the following nomination from year 8, Intermediate school student, Kathleen Powell. "I used to go to Churton School in Aramoho. The Caretaker, Mr Norm Steel is finishing after 13 years at the school and I would really like to nominate him for bouquet of the week."

He is one of the first at school every day and in winter, turns the heaters on so we didn't/don't freeze. He is always there to help you and show the little ones around. He also coached hockey and came back at lunch for practice and fills and competes in the annual winter swim and to top it off (don't tell the little ones) he is our Santa on the last day of school.

He is going to be really missed and I am pleased to say that I got to enjoy his company while attending Churton.

The Principal, Andrew Spence said, "It has been an honour to work with him. We will miss him greatly."

The RCP was able to surprise Norm in front of the school at the final assembly of the term, with a beautiful bouquet of flowers put together by Nichola and her team at the Flower Room, an Inter Flora Top 20 Club member. Norm also received a voucher for lunch for two at the Grand Irish Pub.

Mr Seung Bae Yeo, South Korean Ambassador for New Zealand, travels to Whanganui next Tuesday to meet with the four remaining veterans from the Korean War living in the region.

The event commemorates the end of the Korean War, which saw Korea divided into its North and South constituent parts and will celebrate the contributions of those who served in the war and fought to liberate the Republic.

Mayor Hamish McDouall is scheduled to greet Mr Seung and colleagues at 11am, Tuesday at the Whanganui District Council, before embarking on a brief tour of the city, including a visit to the UCol Polytechnic as well as the Korean War memorial stone at Queens Park where there will be a photo shoot with the Whanganui based veterans. The group will then lunch at Metro restaurant.

The ambassador has, for some time, been planning a visit to the region to meet the four remaining K force vets, before his term at the Wellington based embassy finishes early next year and his return to Korea.

Ron Pocock, an 86 year old who served in the Navy in the Korean conflict, said the embassy has a long standing relationship with



Mr Seung Bae Yeo, South Korean Ambassador for New Zealand

the veterans of New Zealand and that many previous ambassadors have made the journey.

At the beginning of the conflict in 1950 when Communist North Korean forces crossed the border, New Zealand forces were some of the first to arrive in the region and, along with other allied forces, were instrumental assisting the South Korean forces defend against invasion.

Ron and his three colleagues form a close network and were once attached to a National organisation, which has since closed down. The

four continue to meet monthly for lunch, along with widows.

At 86 Ron says he's the baby of the group; their oldest member is 94.

The group also travels to the Otaki memorial to the annual commemoration of the conflict's 1953 ceasefire. The memorial stone in Otaki was donated by the South Korean embassy in 2013 and at the time, marked the ceasefire's 60th anniversary.

- Doug Kim, President Local Korean Society - 344 5334.

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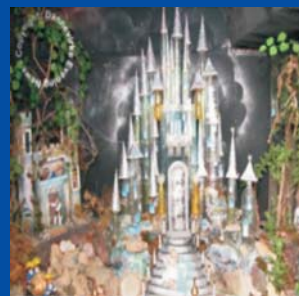
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Got your Voting papers?

NZ's top 10 architects declare Climate and Biodiversity Emergency

Whanganui's Electoral Officer, Noeline Moosman, says local elections throughout New Zealand are run as a postal vote. She says, "Voting forms should have arrived in your letterbox between 20 and 25 September. If your papers haven't arrived, please give us a call on 06 349 0001."

Voting packs include the voting papers, a booklet containing supplementary information and a post-paid envelope for returning your votes.

The names of candidates for Whanganui District Council are listed randomly, not alphabetically, on the voting forms this year. This means they will appear in a different order on each person's paper.

Noeline Moosman says people comparing papers in the same household may notice this difference, but shouldn't be concerned. "This is how they are digitally randomised by New Zealand Post. It's how they're supposed to be."

As well as voting to elect the Whanganui District Council and the Whanganui District Health Board, voters will be asked three questions on future voting systems for Whanganui and the number of councillors:

1. The electoral system to be used – do you want to elect candidates using the First Past the Post electoral system, or the Single Transferable Vote system? This vote is binding.

2. The basis of election – do you want to elect candidates based on a ward system, or do you want them to stand 'at large' (across the whole district)? This vote is non-binding.

3. The number of councillors – do you want to keep the number of Whanganui district councillors at 12, or do you want to reduce the number to 10? This vote is non-binding.

WDC Chief Executive, Kym Fell says, "Voting means you get to have your say about how you're represented. It's also about being involved with what's happening here in Whanganui so I'm encouraging our voting community to do the right thing. Get your votes in and make sure you return your envelopes on time."

To return your vote you can place your envelope in a post box or drop it into the ballot box at Whanganui District Council Customer Services, 101 Guyton Street, Monday-Friday, 8.00am–5.00pm. Ballot boxes will also be available at various suburban and city locations on the Council's 'Vote Day' on Saturday, 5 October. Voting closes at 12 noon Saturday, 12 October.

Coinciding with last Friday's Climate Strike, a group of New Zealand Registered Architects officially declared a Climate Change and Biodiversity Loss emergency.

All ten living recipients of the NZIA Gold Medal, including Andrew Patterson, Pete Bossley and Pip Cheshire are among the founding signatories of Architects Declare NZ, a commitment that aims to create architecture and urbanism that has a more positive impact on the world around us.

Formed by architects Siân Taylor from Queens-town's Team Green Architects and Duncan Sinclair of Black Pine Architects in Whanganui, the declaration follows on from similar declarations by UK and Australian architects and lays down a set of guidelines that signatories pledge to follow in order to help prevent irreversible damage from a changing climate. The construction industry accounts for up to 40% of energy related carbon dioxide emissions, meaning architects can play a large part in helping to quell these emission rates.

"I sat in a conference discussing the fact that there are only 11 years left to prevent the catastrophic

Duncan Sinclair



effects of climate change, with only 30 of us in a room talking about it," says Siân. "It seemed like such an enormous challenge, so I decided it was time to take some action."

Duncan Sinclair had expressed similar thoughts and the pair combined resources to form the New Zealand chapter of this declaration.

"The reason that minimising climate change and

biodiversity loss is so important is not to save the planet....it's to keep it habitable; for us and our future generations!"

Among many other points, the declaration includes evaluating all new projects against the aspiration to contribute positively to mitigating climate breakdown and encouraging clients to adopt this approach; and upgrading existing buildings for ex-

tended use as a more carbon efficient alternative to demolition and new build.

"We hope this will affect some major changes in policy to improve quality of housing across New Zealand. We need to influence change from above and if this gains momentum, perhaps the government will finally consider upgrading the building code."

Combined with the declaration of a climate emer-

gency by councils across New Zealand, the creation of Architects Declare can make a difference to the threat of climate disaster. And it can also have a significant effect to improve the lives of all New Zealanders.

With only word of mouth publicity, the list of supporters already includes some of New Zealand's most talented architects and largest practices.



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VOTE Mary Bennett

for Whanganui District Council and DHB

Whanganui is at a critical time in its growth and development. Building partnerships and collaborating on projects and activities are key to creating a more vibrant and sustainable future.

Housing and employment are big issues for us. We need more of both. The Council needs to work with the whole community to find and implement the right solutions for Whanganui.


Our youth are our future. Let them have their say.

Celebrate diversity. Have a voice at the table. Share a different perspective.

Our District | Our Future

Facebook: Mary Bennett Campaign Email: marybennettcampaign@gmail.com
027 555 7747

Authorised by Mary Bennett, 22 Lindsey Crescent, Springvale, Whanganui 4501



VOTE TO RE-ELECT JENNY DUNCAN

FOR WHANGANUI DISTRICT COUNCIL

Some of My Community Focused Priorities

Housing Crisis.

Rising rents with fewer houses available, we're at crisis point. Council must continue to take leadership, facilitating and enabling the build of many more homes. We must move faster. Homes are needed now.

Affordability

Rates are our biggest challenge. It's difficult to balance the need to keep rates affordable and to keep providing the services we need to make Whanganui an attractive place to live and invest in. It's not an easy task and a new system is needed. I am interested in your ideas on this.

FIND ME AT -

Facebook: Jenny Duncan – Grow Whanganui
or Email: jenny@nzgrow.com

Authorised by Jenny Duncan, 135 Karaka Street, Castlecliff, Whanganui

VOTE TO RE-ELECT KATE JOBLIN FOR COUNCIL

Pretty much we all want the same thing, we want to be well and live in a safe community. We want suitable housing, fit for purpose city infrastructure, stable and full employment and to be part of a community that is connected - a community that values everyone. Council must be a strong partner in building and improving these aspects of our community.

"I fiercely want Whanganui to succeed - but it must succeed for all of us".

Facebook: Kate Joblin for Whanganui District Council



...to help build a Successful Future for us all!

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Authorised by: Kate Joblin, 10 Wicksteed Terrace, Whanganui.

'The Generator' - there to help business start-ups

The Generator provides not only funding but perhaps, more importantly, also advice and 'Success Steps' for

people wanting to set up a business. To qualify you need to be eligible for a Community Services card. As Nicola Pat-

rick, who runs 'Thrive,' the company that has the contract for Whanganui explains, "The focus is on those likely having

higher needs, perhaps have lower education and less employment. We have also been able to receive applications from people who have been released from prison."

The process is simple and supportive. You apply to Thrive Whanganui with your idea for a business start-up. Paul Fletcher, the Community Generator, will meet with you face-to-face to discuss your application and, if necessary, help you refine that application. Then you will be introduced to some important 'Success Steps.' One obvious one is how to assess whether there is a market for what you want to produce and sell.

As Nicola Patrick, the founder of 'Thrive Whanganui,' explains, "The application process is not a test you are likely to fail. It might be a case that you are not yet ready. Since the programme started in March, four applications have been approved and there are 12 more on the books. Nicola says, "We are busy but not swamped. Once qualified, we went to keep in touch."

Applications have been received in the areas of the arts, music lessons, home screen-printing, doing lawns and gardening, fry bread, sour



Paul Fletcher with wife Anashuya and son Ishmael

bread, home maintenance and food. Nicola says, "We have had some positive overlap between those who attended the Pop-Up Business courses with Whanganui and Partners."

"The typical grant is around \$2,000 to \$3,000 and even though the amount might be relatively small, if provided at the right time, it can increase the chances of success." To see how it has impacted on three local businesses check out the video on their Facebook site.

The fund comes from the Ministry of Social Development and is currently operating in Auckland, North Waikato, Porirua, Whanganui and Gisborne. Whanganui has a ball park figure of

\$70,000 available to distribute over 12 months. Nicola says, "We are on track to reach that figure. I would hope that we could assist 20 to 30 start-ups in that time period."

UCOL Connection

Whanganui is experiencing unprecedented population growth and with this comes a growing demand for trades and industry related skills. Almost on a daily basis, employers are seeking UCOL students and graduates to work in their businesses. To meet these needs, UCOL is committed to developing great graduates right across the region with the work-ready skills required, so our businesses and community continue to

grow and succeed. If you have an idea of the career path you want to follow, or have a plan already mapped out, come and talk to our learning advisors and we will help you. Enrolling now for 2020 and getting your paperwork completed for Studylink and student allowance sorted means you can relax and enjoy summer.

A mihi whakatau welcomed a strong delegation from Shanghai Polytechnic University to UCOL Whanganui

last week. Their whirlwind visit had a focus on creative industries and industry partnerships and they enjoyed seeing the excellent Creative School facilities on campus and NZ Glassworks before enjoying a visit to the Winter Gardens at Virginia Lake. The prospect for student and staff exchanges between our Institutes is high.

Next week fifteen students celebrate receiving scholarships at the Semester 2 Scholarship Ceremony made possible by our generous donors. We are saddened by the recent loss of a great man and UCOL Scholarship donor, Ed Boyd. Ed and H&A Print supported Creative Scholarships and internships for 38 years, giving a positive legacy to the lives of more than 100 students. Arohanui.

Ngā mihi Bronwyn Paul, Campus Manager

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~ Golf results ~

Tawhero 9 Hole Golf Results

Medal Rnd 1: 1st October:

Men's Division 1: Peter Granger 30, Sam McGregor 32, Ray Rahui 41. **Men's Division 2:** D. Johnston 30, Aubrey Frost 35, Patrick O'Leary 36.

Ladies Division 1: Sheila Young 38, Bev Shingles 40. **Ladies Division 2:** Jean Walsh 41, Jackie Downes 43.

Re-elect ALAN TAYLOR TO COUNCIL

Whanganui District Council needs ALAN TAYLOR to promote:

- Evidence based decisions
- Infrastructure resilient to expected climate change
- Broad spectrum economic development
- District-wide arts and culture vitality as a point of difference for Whanganui
- Effective, low carbon, solutions to waste management and transport
- Local government funding reform (continued reliance on unfair and outdated rating is not sustainable)
- Clarity, simplicity and workability in our District Plan

Authorised by A.R. Taylor, 28 Blueskin Road, Whanganui

Mark Donlon bringing talent to the Jazz Club this Sunday

British born pianist and composer Mark Donlon found a new home in Wellington in 2013 when he joined the jazz faculty of the NZSM, where he is currently senior lecturer. The Whanganui Jazz Club welcomes him to their October meeting

at the St Johns Club with his latest project, a quintet with three of New Zealand's brightest young star performers – saxophonist Louisa Williamson, guitarist Luca Sturny and bassist, Seth Boy. The band fits together around the drums of Lance Phil-

ip who is no stranger to Whanganui, having performed here with Rodger Fox on several occasions. Mark's ability to 'mentor' continues to impress our jazz community. He showcased singer, Lauren Nottingham at Collegiate in 2017 and earlier this

year Lauren brought her own band to the club and produced a truly remarkable performance. Bringing young talent to the attention of jazz audiences is something that comes naturally to him.

The quintet will cover standards and also feature Mark Donlon, composer. Compositions not only define a musician as an artist, but they also give the ensemble the opportunity of creating something completely original. His latest album 'Tales of the Diaspora', recorded in New York City in 2017, is testament to his international and contemporary jazz pedigree.

Speaking to Mark about the current project, he said:



Saxophonist Louisa Williamson

"The band recently did a tour of NZ - Christchurch (Orange Studios) Wellington (Southern X) and Auckland CJC. Also the Quintet premiered my specially commissioned piece 'Saraband' with the New Zealand String Quartet a couple of

months ago. The plan is to record an album early next year." As we near the end of the club's 2019 season, memberships are available at the door for the 2020 season. Come and enjoy an evening of good music, company, food and drink at the St Johns Club, 158 Glasgow Street. Sunday 6 October. Doors open 5:30pm with the music kicking off at 6:30pm. General admission is \$20. Members and students pay \$10.



REVIEWS: Latest Books in the District Library

Stone Country – Nicole Alexander

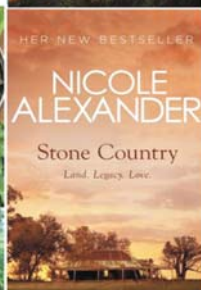
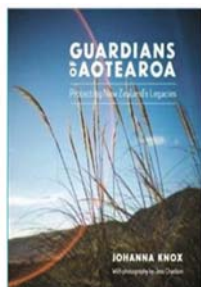
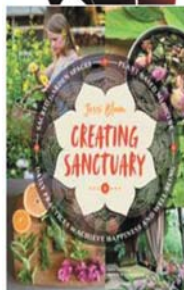
From 19th century Adelaide, the red dirt of South Australia, to the cattle stations and buffalo plains of the far north, Ross Grant's journey is one of anger and desire, adventure and determination, to the heart of stone country and beyond.

Creating Sanctuary: Sacred Garden Spaces, Plant-Based Medicine and Daily Practices to Achieve Happiness and Well-Being - Jessi Bloom

In this book you will learn about the sources of traditional plant wisdom to help you find a deeper connection to the outdoor space you already have, no matter the size and learn how to design a healing space.

Guardians of Aotearoa – Johanna Knox

This is about New Zealanders who have found what they hold dear and are nurturing and defending it with all their might. Some are preserving skills and knowledge; others values. Many are working



to restore and protect the environment which is so fundamental.

The Night Window – Dean Koontz

Bestselling author. Dean Koontz brings Jane Hawk's one-woman war to an explosive climax as the rogue

FBI agent wages her final battle against a terrifying conspiracy - for vengeance, for justice and for humanity's freedom.

These books are available at all good bookstores and of course, Whanganui District Library!



Mark Donlon

MARK DONLON QUINTET

St Johns Club

158 Glasgow St, Whanganui

Sunday 6 October from 6.30pm-8.30pm

Doors open at 5.30pm for meals, snacks & bar.

Admission: Members-\$10 Non-Members-\$20

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CULTURE

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EDMONDS

BUSINESS

ARTS

Authorised by M Edmonds 152 Karaka St 4501

Vote Jo Meiklejohn for Council

Affordability

Rates affect everyone in the community, and must be sustainable by our current community and future communities.

Common sense

Able to cut through the issues to reach the core to make reasoned and reasonable decisions for the common majority.

Experience

Knows the legislation's applicable to Local Government, procedures and process.

Authorised by Jo Meiklejohn, 10 Plunket St, Whanganui

RIVER CITY PRESS, THURSDAY, OCTOBER 3, 2019 - 11



PETS



Inspiring the minds of Kiwi children with free animal books

New rules require pain relief when dehorning and disbudding cattle

Did you know about SPCA's Education Programme? With your support, SPCA has been educating New Zealand children in the classroom since 2016!

SPCA's Learn-to-Read storybooks are one aspect of our Education Programme - they are classroom books that help teach Kiwi kids both how to read and how to care for animals!

We have two series already published, one focused on companion animals, the second on farm animals. Last year we also launched translated versions of both series in te reo Māori, gagana Samoa, lea faka-Tonga and Mandarin Chinese!

The stories have been carefully written to not only align with the New Zealand curriculum, but also nurture children's empathy and compassion for animals by using tangible stories.

"As soon as I saw these SPCA resources I thought 'wow'. From reading the books, it's clear the language isn't too hard for children to



Students at Te Kura Kaupapa Maori o Otara enjoying the SPCA books and the rabbits

understand because it's based around relatable stories," Marama says. "By having them in four more languages, I am sure many schools, just like ours, who teach bilingual children, can benefit a lot from them."

says Principal Marama Hune, from Te Kura Kaupapa Maori o Otara.

Thanks to your generos-

ity, SPCA has sent over 140,000 of these books to every school in the country, absolutely free! Thank you for helping change the minds and hearts of the next generation.

Series three of SPCA's Learn-to-Read Storybooks will be released later this year and we can't wait to share them with you!

Goldfish are smarter than we think

People definitely don't give goldfish enough credit. There is a detachment between common companion animals and fish, so we often fail to acknowledge fish are smarter than we might think.

Goldfish can recognise people, learn who feeds them and at what time food usually comes. As well as a sense of time and routine, goldfish can learn tricks (YouTube search videos of fish jumping through a hoop) and hold memories for up to five months. If you're reading this and you're a goldfish owner, take note of how fast your fish swim when you walk by their tank compared to when someone else does. It's comparable to a dog wagging its tail when you arrive home from work. I can personally attest how heart-warming it is to be recognised by your fish, even if it's cupboard love.

- SPCA newsletter

From 1 October 2019, new rules require people working with cattle to use local anaesthetic when dehorning and disbudding.

Veterinarian and Director Animal Health and Welfare, Dr Chris Rodwell says, "Removing horns or horn buds is necessary on the farm to keep animals safe from each other, as well as for human safety. These regulations highlight that removal is painful and those carrying it out need to reduce the pain experienced."

"Veterinarians and industry organisations have been encouraging the use of pain relief for many years and we know a lot of people are already using it. The new rules will bring everyone up to the same standard and improve the welfare of cattle, by making it clear that local anaesthetic, prescribed by a New Zealand vet, must be used and applied correctly."

These rules apply to all cattle, regardless of age. Failure to abide by the requirements from 1 October 2019 is a criminal offence. A prosecution

could result in a criminal conviction and fine under the regulations.

"If you're not already using local anaesthetic, talk to your veterinarian about training and the supply of local anaesthetic," says Dr Chris Rodwell.

"Whether they're beef or dairy, whether you have 2000 cows or just two friendly steers on your lifestyle block, make sure you're up to speed with the new requirements. The same applies if you're purchasing calves to rear or finishing your spring calving. If you're using a disbudding contractor, make sure they follow the requirements too."

There are two new regulations, both part of the Animal Welfare (Care and Procedures) Regulations 2018, issued under the Animal Welfare Act 1999 and first announced in 2018.

MPI developed these working closely with veterinarians, the livestock sector, National Animal Welfare Advisory Committee and SPCA.

Find out more at www.mpi.govt.nz/animalregs

The Spot Report

Puppies & dogs that steal stuff

If your puppy or dog steals stuff, then you should respond positively not negatively. Punishment does not teach your puppy that family stuff is out of bounds. There are certain breeds of dogs that were bred as working dogs, e.g. Border Collies, Terriers and German Short Haired Pointers, are just three that cannot lie around as couch potatoes doing nothing. And puppies of any breed are full of curiosity, stealing anything that looks, smells, feels or sounds like fun, food and requiring their attention, especially if a human owns it.

Mental Stimulation & Attention

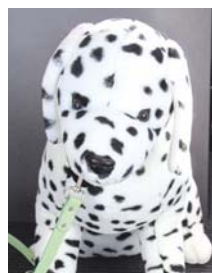
Puppies and dogs need

mental stimulation and being social animals need attention e.g. exercise and play. Some owners may notice that shoe stealing appears more-or-less at the same time every day. Scheduling a 5-10 minute reward-based training session just before that witching hour, pre-empting it entirely and also meets your dog's need for attention.

Food Dispensing Toys

I am a great fan of food dispensing toys. They are great for burning off mental steam. Why should dinner-time only take 4-5 seconds? Half canned food and half dry food packed in a hollow rubber toy such as a Kong®, then freeze overnight and introduce your dog to a mealtime of ½ - 1 hour duration. This slows down his eating and mentally stimulates him by working to empty his Kong®.

Prevention (a.k.a.



cleaning up after yourself)

Plain old management as a training tool should never be overlooked. That inquisitive animal that lives with you evolved as a hunter and scavenger. Shoes should be put away, dirty laundry e.g. socks, underwear in the laundry bin, the end-of-dinner plates with left-overs, moved off the table and onto the bench or into the dishwasher. Prohibited rooms should always have closed doors or baby gates.

For more information - ask a professional. Margarette has been working with puppies, dogs and people since 1992 and is a Full Member of The Association of Pet Dog Trainers NZ Inc. Phone: 343 9806 Woofs and barks from Spot



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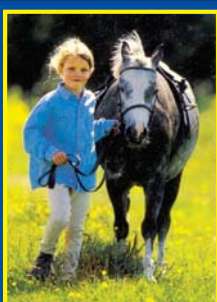
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REGIONAL COUNCIL

Aphasia Day in Whanganui later this month

Aphasia literally means 'absence of speech'. It is the term used to describe the loss of a previously held ability to speak or understand spoken or written language, due to disease or injury to the language area of the brain.

The ability to use gestures and calculate can also be affected.

There is an Aphasia Day in Whanganui on Tuesday, October 22 from 9am to 12.30pm at the Quality Inn Colleague in the Seddon Room. The day will include guest speakers, access to information, education and resources about aphasia and communication, networking opportunities with other

including professionals working in the area and the opportunity to find out what is happening around New Zealand for people with aphasia.

There is no cost to attend and the morning includes tea and refreshments. A koha would be appreciated. Please register your interest in attending by email info@aphasia.org.nz or phoning 0508 274 274.

The experience of aphasia is different for each person. It can vary from mild difficulties finding words or reading text, to severe difficulties understanding what other people are saying and being unable to speak.

It is important to know that aphasia is not a loss

of intelligence.

Most people develop aphasia as a result of a stroke. Stroke is the greatest cause of major disability in New Zealand. Each day about 24 New Zealanders have a stroke.

Approximately one third of the people who have a stroke will suffer some aphasia. This is roughly equivalent to 6 or 7 people every day becoming aphasic. This number does not include those who suffer from aphasia as a result of other causes such as a head injury and brain tumour.

Aphasia can affect people of any age. Statistics tell us that at least 25% of all stroke patients in

New Zealand are below retirement age. Aphasia affects not only the person with aphasia, but also their families and friends and people in their community. Other people can either help or hinder the person with aphasia depending on how they react and what support they offer.

There are at least 17,000 New Zealanders currently living with stroke-acquired aphasia.



Aphasia New Zealand Charitable Trust
mate ngaronga reo

I have aphasia



Wednesday Championship teams competition

The Wanganui Bridge Club's annual Championship Teams competition for Wednesday players was concluded last week and resulted in a clear-cut victory for Lynn Boyle, Diane Edmonds, Tilina Gunasekara and Mohan Da Silva. The competition is played over four successive Wednesday nights and this year 8 teams took part. Runners-up were Libby and Graham Wood, Diane Pech and Gary Moore.

Pictured above is the winning team which has a family connection - Tilina and Mohan being mother-in-law/son-in-law



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\$6,990



04 HOLDEN COMMODORE S

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Interesting houses of Whanganui:

Iain and Juin Ferguson's house on Great North Road

This is an occasional series on interesting houses of Whanganui. The RCP is assisted by Denis McGowan with his experience in designing houses.

Iain and Juin Ferguson bought their house on Great North Road back in 1976. Iain says, "I just liked the look of it and went to buy before we had even looked over it. It was on the market for just one day."

He admits that "On closer inspection it looked pretty grim. The roof leaked and the shower was out of doors." While a few parts have been modernised, including an indoor shower, the house remains very true to its origins.

Those origins were in doubt. Iain says, "The QV records had it as being built in 1910. So we had a 100 year party for the house in 2010." However, Margi Keys visited more recently in search of her great grandparents' house. She was able to confirm that Alfred Clement Mannington (the road off the Great North Rd was named after him), bought four acres in 1907, built the Ferguson's house on



Iain and Juin on the veranda at the front of their home

one acre in 1908 and subdivided the rest in 1910.

The proof was Margi's grandmother, who had been a border at Wanganui Girls' College and who had become a day girl in 1908, living at home.

Denis points out that this house was built at the same time the Matipo Land Company built a number of 'spec' houses in Koromiko Road. They can clearly still be recognized albeit with various modifications and form part of a large collection of "classical villas" throughout the city.

The architect is not known but Iain says he is full of admiration

for the builders, "who possibly biked out from town or even camped on site. The house is a tribute to their craftsmanship shown in the quality and detail of the interior." Denis points to the moulding patterns on the skirting / architraves and doors and frames as examples of this.

The Fergusons did extend the dining room to encompass the laundry, removing the copper, concrete tubs and the ceiling of chicken wire and corrugated iron in the process. The kitchen has had bi-fold windows and a new bench installed but is otherwise close to the original with tongue

and groove matching lining to the walls and ceiling. Denis says, "the practical advantage was, T&G didn't discolour from cooking, can be easily wiped down and less likely to catch fire."

T&G was very common as a lining to all service rooms (wet areas).

The house still has two working open fires, supported by gas central heating. It also has a 12 foot stud and a wide passageway at 5 foot 6 inches. The lounge has picture rails which, combined with the appropriate furniture and very well crafted fire surrounds, gives the house the feel of a loved, historic home.

Film Society present documentary about Contemporary Goldsmith

Whanganui Film Society announces their final public screening of the year next Monday.

From the Cinema Aotearoa selection – Kobi is a 2017 documentary about Kobi Bosshard, a man who is widely regarded as the "grandfather of contemporary New Zealand jewellery". The documentary film, which centres on the jewellery maker's Otago studio, was produced and directed by his daughter Andrea Bosshard and Shane Loader. The film premiered at the New Zealand International Film Festival (NZIFF) in 2017.

"Daughter, Andrea Bosshard's lucid and loving film portrait of her father – and of her mother, Patricia, is one of the year's loveliest films, a lyrical evocation of rich, unhurried life.

Kobi moved to New Zealand in the early 60s, with goldsmithing in his blood. The ethos of the hippie era may have enabled his choice of profession, but there's no mistaking the work ethic or quiet single-mindedness underlying his subsequent life of creativity." (NZIFF review).

There are also six members-screenings remaining before the end of the season, with 3-Film Samplers and Half Year memberships still available.



Kobi Bosshard

Kobi, screens Monday, Whanganui Film Society screening is open to the public by donation (suggested \$10).

Re-elect
Philippa Baker-Hogan
for Council & Health Board



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VOTE FOR

- ☒ Velodrome Events Centre - Let's Roof it!
- ☒ Promoting a Safer, Healthier Community
- ☒ Scrutinising Council Overheads, Rates & Debt

Authorised by Philippa Baker-Hogan, 15 Brassey Rd, Whanganui

MAKE YOUR VOTE COUNT

If you're on the electoral roll you are entitled to vote in this year's local government elections. You are able to vote for candidates standing for Horizons Regional Council, your city or district council, and your District Health Board.

This is your chance to say who you want to represent you when decisions are made for your community over the next three years. The people who are elected will make many decisions on your behalf, including setting rates and deciding how to achieve social, cultural, environmental, and economic outcomes that benefit us all.

Regional Council

Horizons Regional Council manages the Manawatu-Whanganui Region's land, air, and water resources. Their role includes applying policy and rules for the management of our natural resources, as well as:

- Biodiversity enhancement and biosecurity control
- Planning regional transport and contracting passenger transport services
- Water quality and quantity
- Land management and erosion control
- Mitigating the risk and impact of flooding
- Planning for and responding to natural disasters to help keep people and properties safe.

Territorial Authorities

These are city or district councils and are led by Mayors, Councillors and Community Boards. The functions of these councils include:

- Providing parks, halls, swimming pools, public toilets, libraries and, in some cases, community housing
- Infrastructure – roads and bridges, sewerage, water and stormwater
- Environmental health and safety – includes building control, civil defence, liquor licensing and food safety.
- Planning and resource consents, including land use planning and development.

VOTE 2019
LOCAL ELECTIONS

PŌTI 2019
NGA PŌTITANGA Ā-ROHE

District Health Board

DHBs are responsible for the health and wellbeing of local residents and the communities in which they live and are accountable to the Minister of Health for:

- Planning and funding health services in the community
- Promoting healthy lifestyles
- Providing hospital and specialist health services
- Ensuring health funding is distributed appropriately while overseeing the quality of health services
- Improving the health and wellbeing of Māori and other groups with inequitable outcomes
- Supporting people with disabilities to be independent.

**Voting closes 12 noon,
Saturday 12 October 2019**

For more information please visit your local city or district council, Horizons Regional Council, or District Health Board website.



EXPERIENCE COUNTS

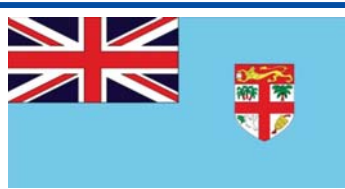
**RE-ELECT GRAEME YOUNG
TO WHANGANUI DISTRICT COUNCIL**

ABOUT GRAEME:

Civil Engineer with over 40 years work experience in Whanganui and district

“ We need this guy back on District Council to monitor infrastructure proposals and expenditure at Governance level”

Authorized by [David Bennett](#)
21 Sandcroft Drive, Whanganui



October 6 - 12

Fijian Language Week

Born and Raised Pasifika celebrate Fijian Language Week in style



Staff and Fijian students at Born and Raised Pasifika.

Fijian Language week is one long party for the staff and children at Born and Raised Pasifika.

Beginning Monday October 7, Fijian students and teachers at the pre-school on Mitchell Street, Aramoho, will be celebrating their vivid culture and national heritage donning traditional dress and exploring Fijian culture.

These celebrations highlight the anniversary of Fiji's independence on Thursday, October 10. Independence Day in Fiji, or Fiji Day, commemorates Fiji's independence from British Colonial rule in 1970.

Celebrations continue from Monday, October 7 right through until Sunday, October 13; and will begin

at 9.30am each morning with Fijian prayers; raising of the Fijian flag and the national anthem.

Throughout each week day children and staff will be playing traditional games from the islands, including a riverbank game named 'Pani', a knuckle bones game played with sea shells, running races and other physical activities.

From 4.30pm Monday through Friday, members of the local Fijian community will be gathering at Born and Raised for language classes with the children, as well as lessons about Fijian social and cultural conventions, Fijian culture, dances and quizzes.

"We will also be making Fijian arts and crafts and other fun cultural activi-

ties," said Helen Puhi Puhi, Manager at the centre. "It is a great chance for the community to get together and celebrate their heritage."

On Saturday, October 9, the centre will be holding a sports day followed by a shared evening meal and a community get together to celebrate the children's performance of what they learnt during the week.

On Sunday there will be a combined Thanksgiving church service to conclude festivities.

Everybody will also be looking forward to the delicious Fijian menu they will be enjoying throughout the week, which includes well known and loved classics from the islands.

Taro, marinated fish dishes, fish in coconut, green bananas, fresh tropical fruit salad, pork and chicken are some of the delicacies to be served, alongside foods which reflect the influence Indian populations have had on the culture of the islands.

"A favourite delicious and nutritious dessert snack is Vakalolo - a Fijian pudding made from coconut, taro and other ingredients, steam-cooked in a banana leaf."

Being a young female MP in the 1970s - Prof. Marilyn Waring to speak in Whanganui

The combined women's groups of Whanganui are pleased to be hosting Professor Marilyn Waring when she visits next Friday, 11 October. 'After 5 with Marilyn Waring' is intended to be a relaxed opportunity to mix and mingle over a drink and some special canapes before Prof Waring addresses the audience about her new book 'The Political Years'.

The Political Years provides an autobiographical account of Waring's extraordinary years in parliament. She tells the story of her journey from being elected as a new National Party MP in a conservative rural seat to being publicly decried by the Prime Minister for her 'feminist anti-nuclear stance' that threatened to bring down his government. Her tale of life in a male-dominated and relentlessly demanding political world is both uniquely of its time and still of pressing relevance today.

As the youngest person ever to be elected into parliament, at the age of 22 in 1975, Professor Marilyn Waring's contribution to politics, economics and feminism is unrivalled. With research areas including governance and public policy, political economy, gender analysis and human rights, Prof Waring's work is world-renowned. As a Member of Parliament she was re-elected three times [before finishing in 1984] and her career has spanned both print and film, producing articles, books and documentaries.

Her knowledge and expertise was utilised in the making of her own documentary in 1995, 'Who's Counting?: Marilyn Waring on sex, lies and global economies', which was selected to show at over 15 film festivals and won numerous awards.

Consultancy work has seen Prof Waring travel to China, Nepal, Canada, Mexico and Kenya along with various Pacific Islands to complete a range of projects for The United Nations and government agencies in New Zealand and internationally. While in Jamaica she was even asked to be the official New Zealand representative at Bob Marley's state funeral in 1981.

She continues to consult and publish articles and has received accolades for many of these works. These have included a Queen's Silver Jubilee Medal, a Suffrage Centenary Medal, a Companion of the New Zealand Order of Merit for service to women and economics, an Honorary Doctorate from the Glasgow Caledonian University for her contribution to international feminism and female hu-

man rights and in 2005 she joined the ranks of 1000 women to be nominated for the Nobel Peace Prize.

Tickets for the event are \$40, available at the Royal Whanganui Opera House. Funds raised will support education programmes for Perinatal Anxiety and Depression Aotearoa.

The Combined Women's Groups are comprised of: the Whanganui branches of the National Council of Women and Zonta and the Whanganui Women's Network.

For more information, contact Philippa Nixon 027 422 7252.

Prof. Marilyn Waring



Shane Hobman (Wanganui) in his Chev Belair Sports Coupe 6888u, debuting its new colour scheme - (Courtesy of Darryl Seymour)

Round 4 of the Chris Amon, The Surgery Intermarque, Sprint Series promoted by Capri Car Club of NZ, took place last Sunday at Manfield

There were 73 entries received for this round, including 9 from Whanganui: Ross Couper (Nissan Pulsar),

Shane Hobman (Chev Belair Sports Coupe), Ian Hosler (BMW 318i), Patrick O'Donnell (Isuzu Gemini ZTT), Adrian Rivers (Nissan Silvia), Nicole Rivers (Vauxhall Viva), Grant Rivers (Nissan Silvia), Blair Gray (Isuzu ZTT), Neil King (Honda Civic).

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GRAHAM ADAMS

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Health Board

Undoubtedly the appointment of our new CEO Russell Simpson was the right one. He has settled in exceptionally well to an environment which needed... **EXPERIENCED and ARTICULATE** ...population... live in... support 100% the Board's commitment to addressing... as well... service...

I very much wish to continue my association with the Board for **one more term** in order that I may continue to encourage our CEO with the outstandingly beneficial changes he is implementing.

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Authorised by G Adams 29 Treadwell St, Wanganui

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1.8L, auto, HYBRID,
awesome black alloys.



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vehicle.



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1.5L, manual, only
25,000kms, great
colour!



\$11,990

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Reverse camera,
5 to choose from.



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\$18,990 **NOW \$17,495**

2018 TOYOTA YARIS SX

1.5L, auto, only
10,500kms,
alloys.



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\$19,990 **NOW \$19,495**

2019 TOYOTA YARIS GX

1.3L, auto, our
demonstrator
model.



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1.8L, auto, alloys,
tints, smart
looking.



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3.5L, auto, V6,
airbags, alloys,
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2014 JEEP COMPASS ALTITUDE

2.0L, alloys, driving
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diesel, 4WD,
side rails,
tints.



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alloys, bullbars, 4WD
diff lock.



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canopy.



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2013 TOYOTA HIACE

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FINANCIAL
SERVICES



Owen and Jeanette Holdaway retiring from Wanganui Home Sewing Centre after 35 years

Owen and Jeanette Holdaway are retiring from their Wanganui Home Sewing Centre in Victoria Avenue at the end of October, after running the successful business for 35 years. It has been bought by a local businessman, who

will not only continue the business but will also extend the range of services. Before departing to spend time with family and grandchildren, travelling and general outdoor activities, Owen and Jeanette will be having a 'retirement' sale.

Owen had a background as an Electrical Technician working on power stations based in New Plymouth and then eight years as a Xerox Technician, before changing direction and setting up the Janome sewing machine agency

in Whanganui. Initially it was at 74 Guyton Street and it included a range of haberdashery (sewing) items. Using his background as a technician, Owen trained not only to sell, but also maintain sewing machines.

They moved into the Avenue three years later and finally 25 years ago moved into their current premises. It is a large shop with an extensive supply of products including items needed for patchwork and quilting, which has become popular. The shop also stocks products associated with needle work, patchwork and embroidery. People are still buying

sewing machines and Wanganui Home Sewing Centre is the third busiest Janome dealer in the country. Owen says, "There will always be a demand for high quality sewing machines." Maintenance and repair of all types of sewing machines, as well as over-lockers, is also an important part of the business with clients coming from all over the

Whanganui region as well as to Palmerston North. Owen will continue repairing sewing machine equipment from home. He adds, "This part of Victoria Ave is not a busy block but it is ideal for a busy shop like ours and definitely helped by having easy parking." Owen can be contacted for sewing machine repairs on 027 2480 003.



Jeanette and Owen Holdaway

Business Brief

Action Personnel opens office in Whanganui

Action Personnel, Permanent and Temporary Recruitment Consultants, has been based in Palmerston North servicing the lower North Island for the past 33 years. It has now opened an office in Whanganui at Suite 5, 212 Wicksteed Street.

Managing Director Andrew Pratt, took over the business last year, coming from a financial services background. He says, "The most important aspect of any business is the people and we ignore that at our peril." By opening up an office in Whanganui, it will be easier for businesses and candidates alike.

They recruit across the board from short term casual positions through to CEOs. "Many businesses," he says "have variable operational requirements, depending on their requirements and it makes sense to have a professional recruitment consultant handle that side of the business." This is especially so for small businesses who would struggle to devote the time away from their prime responsibilities to do recruitment.

Andrew explains, "We work collaboratively with the employer to find the best candidates starting by drawing up the criteria for the position." They will advertise the position on their own



Action Personnel reception area

website, other job websites such as SEEK and Trade Me in New Zealand and if appropriate, international websites such as Indeed. They will also use social media such as Facebook and LinkedIn. He adds, "We can also use print media including industry publications." The response for permanent roles can sometimes be in the 100s and after pruning

those numbers down, they will carry out initial interviews as well as doing reference and background checks. Their aim is "to present three to four quality candidates to the employer to provide a choice. This will be accompanied by the CVs, two page overview and the initial reference check results. The employer then meets with those candidates to do a

formal interview." Action Personnel technically employs the temporary workers and charges the companies a flat fee to cover ACC costs, Kiwisaver and sick leave, while paying them the hourly rate provided by the company. For permanent placements they charge a % fee of the salary. They also offer other HR services and a CV drafting service

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Look Good, Feel Good

Advice and tips for better health and nutrition

Don't drink sugar calories - Sugary drinks are among the most fattening items you can put into your body. This is because your brain doesn't measure calories from liquid sugar the same way it does for solid food. Therefore, when you drink soda (and some fruit juices), you end up eating more total calories.

Eat nuts - Despite being high in fat, nuts are incredibly nutritious and healthy. They're loaded

with magnesium, vitamin E, fibre and various other nutrients. Some evidence also suggests that this food can boost metabolism.

Avoid processed junk food (eat real food instead) - Processed junk food is incredibly unhealthy. They're usually low in fibre, protein and micronutrients but high in unhealthy ingredients like added sugar and refined grains.

Don't fear coffee - Coffee is very healthy. It's

high in antioxidants and studies have linked coffee intake to longevity.

Eat fatty fish - Fish is a great source of high-quality protein and healthy fat. This is particularly true of fatty fish, such as salmon, which is loaded with omega-3 fatty acids and various other nutrients. Studies show that people who eat the most fish have a lower risk of several conditions, including heart disease, dementia and depression.

Get enough sleep - The importance of getting enough quality sleep cannot be overstated. Poor sleep can drive insulin resistance, disrupt your appetite hormones and reduce your physical and mental performance. What's more, poor sleep is one of the strongest individual risk factors for weight gain and obesity.

Take care of your gut health with probiotics and fibre - The bacteria in your gut, collectively called the gut microbiota, are incredibly important for overall health. Good ways to improve gut health include eating probiotic foods like yogurt and sauerkraut, taking probiotic supplements and eating plenty of fibre.

Drink some water, especially before meals - Drinking enough water can have numerous benefits. Surprisingly, it

can boost the number of calories you burn. Two studies note that it can increase metabolism by 24-30% over 1-1.5 hours. This can amount to 96 additional calories burned if you drink 8.4 cups (2 litres) of water per day. The optimal time to drink it is before meals. One study showed that drinking 2.1 cups (500 ml) of water 30 minutes before each meal increased weight loss by 44%.

Avoid bright lights before sleep - When you're exposed to bright lights in the evening, it may disrupt your production of the sleep hormone melatonin.

One strategy is to use a pair of amber-tinted glasses that block blue light from entering your eyes in the evening. This allows melatonin to be produced as if it were completely dark, helping you sleep better.

Take vitamin D3 if you don't get much sun exposure - Sunlight is a great source of vitamin D. If you're unable to get adequate sun exposure, vitamin D supplements are a good alternative. Their benefits include improved bone health, increased strength and reduced symptoms of depression.

Eat vegetables and fruits - Vegetables and fruits are loaded with prebiotic fibre, vitamins, minerals and many anti-

oxidants, some of which have potent biological effects.

Make sure to eat enough protein - Eating enough protein is vital for optimal health. High protein intake can boost metabolism significantly while making you feel full enough to automatically eat fewer calories. It can also reduce cravings and your desire to snack late at night.

Do some cardio - Doing aerobic exercise, also called cardio, is one of the best things you can do for your mental and physical health.

It's particularly effective at reducing belly fat, the harmful type of fat that builds up around your organs. Reduced belly fat should lead to major improvements in metabolic health.

Don't smoke or do drugs and only drink in moderation - If you smoke or abuse drugs, tackle those problems first. Diet and exercise can wait. If you drink alcohol, do so in moderation and consider avoiding it completely if you tend to drink too much.

Use extra virgin olive oil - Extra virgin olive oil is one of the healthiest vegetable oils. It's loaded with heart-healthy monounsaturated fats and powerful antioxidants that can fight inflammation. Extra virgin olive oil benefits heart health, as people who consume it have a much lower risk of dying from heart attacks and strokes.

Minimize your sugar intake - Added sugar is one of the worst ingredients in the modern diet, as large amounts can harm your metabolic health. High sugar intake is linked to numerous ailments, including obesity, type 2 diabetes, heart disease and many forms of cancer.

Don't eat a lot of refined carbs - Not all carbs are created equal. Refined carbs have been highly processed to remove their fibre. They're relatively low in nutrients and can harm your health when eaten in excess.

Lift heavy things - Lifting weights is one of the best things you can do to strengthen your muscles and improve your body composition. It also leads to massive improvements in metabolic health, including improved insulin sensitivity. The best approach is to lift weights, but doing bodyweight exercises can be just as effective.

Use plenty of herbs and spices - Many incredibly healthy herbs and spices exist. For example, ginger and turmeric both have

potent anti-inflammatory and antioxidant effects, leading to various health benefits. Due to their powerful benefits, you should try to include as many herbs and spices as possible in your diet.

Take care of your relationships - Social relationships are incredibly important not only for your mental well-being but also your physical health. Studies show that people who have close friends and family are healthier and live much longer than those who do not.

If you have excess belly fat, get rid of it - Belly fat is particularly harmful. It accumulates around your organs and is strongly linked to metabolic disease. For this reason, your waist size may be a much stronger marker of your health than your weight. Cutting carbs and eating more protein and fibre are all excellent ways to get rid of belly fat.

Don't go on a diet - Diets are notoriously ineffective and rarely work well in the long term. In fact, dieting is one of the strongest predictors for future weight gain. In-

stead of going on a diet, try adopting a healthier lifestyle. Focus on nourishing your body instead of depriving it. Weight loss should follow as you transition to whole, nutritious foods.

Eat eggs, yolk and all - Whole eggs are so nutritious that they're often termed "nature's multivitamin." It's a myth that eggs are bad for you because of their cholesterol content. Studies show that they have no effect on blood cholesterol in the majority of people. Eggs are one of the planet's most nutritious foods. Notably, the yolk contains almost all of the healthy compounds.

The bottom line - A few simple steps can go a long way toward improving your diet and wellness. Still, if you're trying to live a healthier life, don't just focus on the foods you eat. Exercise, sleep, and social relationships are also important.

With the tips above, it's easy to get your body feeling great every day.

- written by Kris Gunnars (edited), www.healthline.com

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WORLD TEACHERS' DAY

5
OCTOBER
2019

World Teachers' Day around the world

Some characteristics of a great teacher - according to teaching.org

Many countries including New Zealand, celebrate World Teachers' Day on October 5, the day designated by UNESCO in 1994, while others have their own special day for the appreciation of teachers at other times.

Malaysia celebrates it on May 16 in honour of their Education Minister of the time

- Tun Abdul Razak. In India it coincides with the birthday of the second President, Sarvepalli Radhakrishnan (5 September), which they have celebrated since 1962. In Guatemala the celebration on June 25 is in honour of the teacher, Maria Chinchilla, who died during a violent riot in protest against

the government but in Argentina it is on 11 September in honour of a previous President who made primary education compulsory.

Many countries honour their teachers for their passion and dedication. In Estonia, last class students grant leave to teachers by conducting lessons themselves, while in Iraq National Teacher's Day is celebrated by the students showing appreciation to their teachers by giving them presents. They also bring traditional food into school and have an open day.

In the People's Republic of China, students might present gifts including cards and flowers. Many former students will go back to their old schools to give presents to their old teachers. Philippines teachers are presented with orchid corsages by students. Groups of students perform short skits or song and dance numbers, or read poetry for their teachers.

In Singapore it is an official school holiday. Celebrations are normally conducted the day before, where students usually get half a day off. In some schools, students will put on performances to entertain and honour their teachers.

In Taiwan the festival celebration occurs in the temples of Confucius around the island, known as the 'Grand Ceremony Dedicated to Confucius.' The ceremony begins at 6am with drum beats. 54 musicians are dressed in robes with blue belts, and 36 (or 64) dancers dressed in yellow with green belts. Three animals are sacrificed: a cow, a goat and a pig. The hairs plucked from these sacrificed animals are called the Hairs of Wisdom. In addition, local education institutes and civil offices award certain teachers for their excellence and positive influence.

Teachers can have long-lasting impacts on the lives of their students and the greatest teachers inspire students toward greatness. To be successful, a great teacher must have:

1. An Engaging Personality and Teaching Style

* Able to hold the attention of students in all discussions.

2. Clear Objectives for Lessons

* Also meeting those specific objectives during each class.

3. Effective Discipline Skills

* Can promote positive behaviours and change in the classroom.

4. Good Classroom Management Skills

* Ensuring good student behaviour, effective study and work habits and an overall sense of respect in



the classroom.

5. Good Communication with Parents

* Maintains open communication with parents and keeps them informed of what is going on in the

classroom.

6. High Expectations

* Encourages everyone to always work at their best level.

7. Knowledge of Curriculum and Standards

* And ensures their teaching meets the curriculum and those standards.

8. Knowledge of Subject Matter

* Incredible knowledge of, and enthusiasm for, the

subject matter they are teaching.

9. Passion for Children and Teaching

* They are excited about influencing students' lives and understand the impact they have.

10. Strong Rapport with Students

A great teacher develops a strong rapport with students and establishes trusting relationships.



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21 Fox Road is a magnificent blend of authentic vintage, appreciation for the location and colossal in floor size (300m² more or less.) that has been in the same family ownership since new in 1950.

There are two lounges, the first is through from the kitchen dining room, and could easily be incorporated into that space if need be. Down the 'L' shaped hallway you'll discover the second really spacious lounge with open fire and French doors through to a sizeable sunroom.

The master bedroom with a triple wardrobe, also has the advantage of an adjoining ensuite which connects to an office or changing room, the choice is yours. Just when you thought you'd seen it all, you'll be surprised to discover another very large room that could be anything - bedroom, pool room, rumpus, kids lounge, media room - you have options galore here. Through that door, and also with access to outdoors, lies a huge laundry combination mud room with stainless steel tub and plenty of space for other appliances including a large freezer.

A large family bathroom has both bath and shower, with the toilet being separate. Downstairs lies a large entrance hallway. On one side there's a spacious internal access double garage with two separate modern tilt-a doors and with space for a workshop. On the other side of the entrance you'll find a very large room that could either be work from home rumpus or games room, or be made into another garage.

The grounds are easy care and almost take care of themselves, with a garden shed out back.

A fine example of an authentic home with the 'best of the best' materials used at the time of construction, situated in near the Springvale shopping centre, numerous levels of schooling, while still being fairly near to Springvale Park and the Splash Centre.

Calling for all offers to be in by 1.00pm, Tuesday 15th October 2019, and won't be sold prior. This prized family heirloom can only be sold once and the one you have waited for. To view come the open homes from 3.00-3.30pm on 5th, 6th, 12th and 13th October. Or you can make a day and time with to privately inspect.



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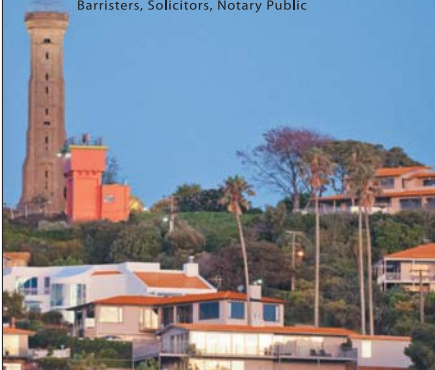
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Kirkin 'o' the Tartan Church Service tradition continues



Blenheim bag pipes - sitting in St. Andrews Church on the chair that belonged to Big John Cameron

St Andrews Turakina Presbyterian Church is holding a Kirkin 'o' the Tartan service on Sunday, 13 October at 2pm and invites everyone who enjoys wearing the tartan or of Scottish descent or loves the culture to attend.

This tradition was started by the Rev. Peter Marshall in New York in the 1940s raising funds for the British war relief during the 2nd World War. The Rev Marshall

was originally from Coatbridge in Scotland.

Stories abound of the Kirkin's roots being in the days of the British Act of Proscription when the wearing of the kilt was banned in the highlands and small pieces of Tartan were brought to church to be secretly blessed. So, in fact, it is a centuries old Scottish Tradition. Bring out your piece of tartan and join us in Turakina.

This year the Blenheim Bag Pipes are to

be played. They arrived in New Zealand in 1840 on the Barque Blenheim and belonged to Donald Cameron of Ockle Ardnarmurchan, Scotland. Donald was 16 when he arrived in New Zealand & was known as Donald the Piper. The Pipes were played on the Blenheim & the passengers would dance to them up on deck when it wasn't stormy. The Pipes have been passed down along his, & other Cameron families, over the past 179 years.

On the Barque Blenheim were some of Wanganui's early settlers; Capt. Moses & Jessie Campbell, John Cameron of the Marangai and George Ross. Turakina settlers were Big John & Janet Cameron & family, Donald [Bane-Cooper] & Mary Cameron & family, Alexander & Mary Grant & family,

Alexander [Sandy] MacDonald, Gregor & Catherine McGregor, Jane McLachlan & family and Donald McQuarrie. Rangitikei settlers were Donald Ferguson & family, Duncan & Marjory Fraser & family and William & Janet Nicol.

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STROKE WEEK

October 1 - 6

Graeme McBride, stroke survivor and proud

For a guy who spent 28 years in the Air Force, adapting to life after a stroke has been a journey and at times a struggle, says Graeme McBride.

But he couldn't have done it without the genius of the medical professionals who treated him and the massive amount of support he received from stroke support agencies.

It is Stroke Awareness Week and Graeme wants to get his story out there and encourage others to donate to this worthy cause.

Graeme was at work when he started having difficulty with his speech, then his vision started to go while he was at the computer screen explaining something to his boss.

The next thing he knew he woke up in the Intensive Care Unit 24 hours later.

He was in Middlemore Hospital in Auckland feeling a little bit dazed and confused, but otherwise not too worse for wear, all things considered.

The quick thinking and actions of his colleagues and the emergency services saved his life.

His wife, Deirdre, explained how they called her when his behaviour became odd, querying his memory loss and confusion and she advised them to get help. He had only been at the job as Operations Manager, Gough Palfinger, for three months.

While in the car on the way to the hospital, Graeme

started experiencing continuous seizures and had to be intubated immediately once in hospital. Quick thinking and the administration of drugs by doctors minimised the risk of disability. Today he is prescribed Epilin and Tegretol to manage the complex partial seizures he experiences.

It took time and experimentation to find a combination and dose with the least side-effects that didn't impair him completely, but is now stable and coping well.

Apart from the epilepsy he has developed as a result of the brain injury caused by the stroke, the only real ongoing effect he has experienced is short term memory loss and slight weakness on his left side.

He has spent a long time working with a neurologist and a stroke specialist to improve his situation.

He considers himself one of the lucky ones.

"It could have been a lot worse. Many in my position don't survive, or are permanently disabled."

He is infinitely grateful to the stroke support agencies that supported him getting back to work in countless ways, from occupational therapy and support to advocacy in the workplace as well as education and support groups.

They have helped him find ways to overcome his memory problems and helped him return to living a normal life.

"It is through the network I have established thanks to this organisation that I have learned new strategies for coping and come to a state of acceptance. Now I focus on what I can do, not what I can't."

And part of that process has been moving away from the high pressure Auckland lifestyle to



Graeme and Deirdre McBride

Wanganui, where he has family as well as factoring in his new status as stroke survivor and being able to share that socially, without fear or resentment.

Graeme advises a healthy and active lifestyle, regular blood pressure checks and health monitoring.

As a stroke survivor he is an advocate of brain training and loves a good Su-

doku, or word puzzle. He walks daily and does light weights routines. He even uses technology to monitor his progress - the app 'Peak' helps him keep track almost as closely as the doctors he says.

Graeme asks that you please donate to Stroke Central by texting STROKE 5339 to give a \$3 donation.

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Wanganui Stroke Support Group

Enquiries welcome.

President, **Bobbie Bryce**

Phone 348 9414 or 0272 554 979

Secretary/Treasurer, **Judith Massey**

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Authorised by Steve Selfe, 9 Tauapata Street, Wanganui



Free blood pressure checks

Every year we run a very special event that helps keep thousands of Kiwis safe from stroke.

It's called the Big Blood Pressure Check and over the past 10 years, we have offered free blood pressure checks to around 150,000 New Zealanders.

That's because high blood pressure is a leading cause of stroke. A person with high blood pressure is up to seven times more likely to have a stroke than someone with normal or low blood pressure.

Many Kiwis don't know they have it, but it's easily detected and can be treated.

This year, the campaign will run throughout the month of October and New Zealanders will be able to get their free checks.

Locally you can get your blood pressure tested at Unichem and Life Pharmacies throughout October and at Pak 'n Save Wanganui on October 5.

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Wanganui need to win next two games to get into semis

- J B Phillips

Steelform Wanganui is chasing maximum five-point victories against nearest Mitre 10 Heartland neighbours, King Country and Horowhenua-Kapiti, in the last two championship qualifying matches.

The first is against the visiting Rams at Cooks Gardens on Saturday when the Pinetree Log is at stake and then it is off to Levin to tackle the Lohore Cup champions and possibly the Bruce Steel Memorial Cup will be at stake that day.

The Butcher Boys are currently sixth on the points table with 18 pts (points differential 49), Horowhenua-Kapiti eighth (16 – minus 38) and King Country 10th (13 – minus 16).

The top four sides qualify for the Meads semis and the next four for the Lohore play-offs.

If Wanganui can collect a maximum 10 points there is a good chance of qualifying in the top group because the five teams, currently ahead on the table and the points spread is only 4 pts, all have vital fixtures looming.

Top of the table South Canterbury (22 – plus 68), for example, play third slotted and defending Meads champions Thames Valley (21 – plus 51) in Paeroa on Saturday and

then host second-placed West Coast (22 – plus 22).

Wanganui may have held the upper hand in the majority of the 13 Heartland fixtures against King Country since the series started in 2006 but overall in the 66 clashes there is little between the two unions.

The Butcher Boys are ahead nine wins to two, with two draws, in Heartland matches with an average winning score of 36-17.

That average score, however, is just 19-18 to the blue and blacks in all first class fixtures over the past 86 years.

The Rams enjoyed a 12-match winning sequence between 1954 and 1968, mainly because of the presence of All Black brothers, Colin and Stan Meads.

But then Wanganui won 13 on the trot between 1972 and 1984, most of them in NPC Div 2 games.

Highest pre-Heartland scores were 54-10 to the Rams at Taumarunui in 1992 and 35-0 to Wanganui at Spriggens Park in 1980 when Gavin England (2), Richard Murray, Shaun Crowley and David Ngatai, scored tries and Morrie Griffin kicked three penalties and three conversions.

The top score, however, soared to 80-0 when Wanganui won the inaugural Pinetree Log (in memory of the late Sir Colin Meads) game at Cooks Gardens two years ago.

Wanganui retained the unique trophy, which was donated by the local John Palamountain family, 36-19 in Te Kuiti last season.

This season the Rams have beaten Buller 34-12 at home and East Coast 27-12 away and lost to Horowhenua-Kapiti 19-35 and South Canterbury 19-21 at home last weekend and away against West Coast 27-56 and Wairarapa-Bush 31-37.

The team has scored 157 points (23 tries) and conceded 173 (26 tries) compared with Wanganui's 199 (29) for and 150 (17) against.

Wanganui is the top try-scoring team in the competition with 29, thanks to 11 in the 67-24 win over struggling East Coast, with Buller on 28, South Canterbury and Poverty Bay 26 each.

The Butcher Boys have conceded 17 tries, two more than Thames Valley and one more than South Canterbury and North Otago.

A glaring statistic against Wanganui, however, is the massive number of conceded penalties with opposing teams kicking 18 successful penalty goals including seven by Thames Valley first five Regan Crosland.

The Swamp Foxes have the second worst rate with opposing sides landing 11 penalty kicks at goal.

King Country first five, Evaan Reihana, has kicked 38 points this season with Auckland loan utility back, Alefio Tapili (4) Waikato player of origin lock, Josh Balme and utility back, Ratu Vosakli (3 each) the top try scorers.

Although Wanganui is now without its injured leading player, multiple NZ Heartland utility back, Craig Clare, who has scored 267 points in his 28 games for the union since 2016 including 117 last season, the team clearly has the ability to reach the Meads Cup play-offs.

Wanganui may not qualify in the top two and thus miss out on a home semi or final but the local 2014 Lohore Cup winners and 2017 Meads champions both won their national titles after qualifying fourth.

Peter Rowe, the leading player in NZ Heartland history with the most caps for the national team and 120 for Wanganui, will play in Saturday's curtain-raiser (12.45pm start) between former local and King Country former reps.



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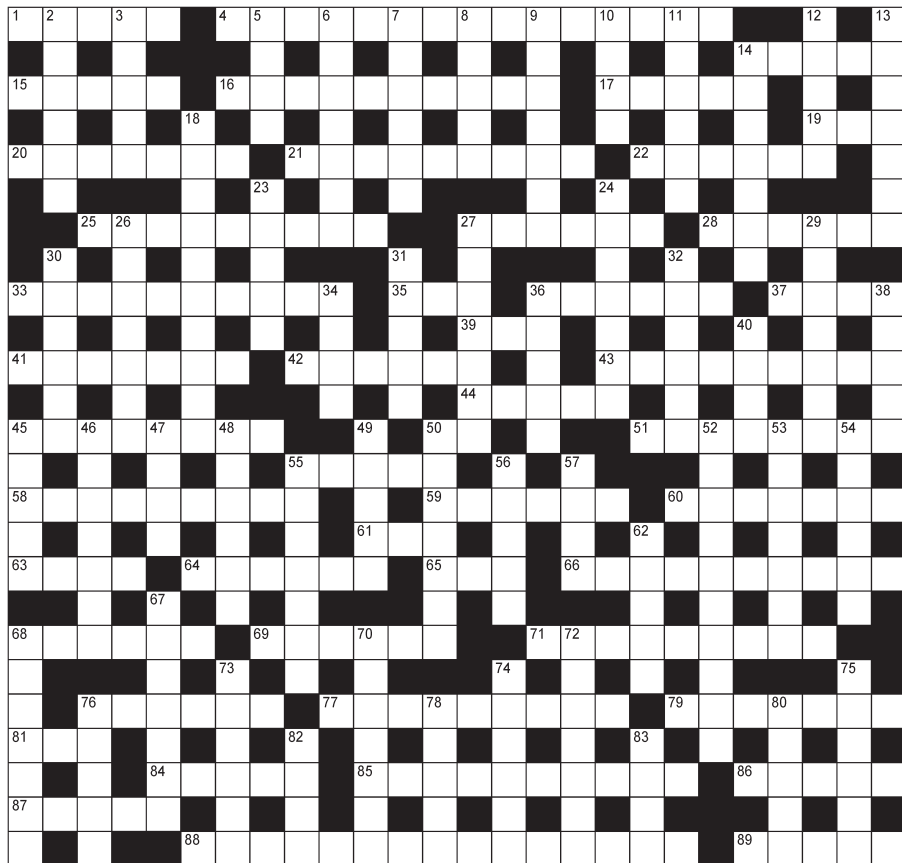
Jumbo crossword

ACROSS

- 1 Oscillate (5)
4 Unwell, out of sorts (5,3,7)
14 Small tree (5)
15 Craze (5)
16 Dispute mediator (10)
17 Sitter (5)
19 Large hard-shelled seed (3)
20 Army head (7)
21 Medicine from foxglove (9)
22 Settle in advance (6)
25 Manly (9)
27 Filter (6)
28 One from Berlin (6)
33 Controlling the rate of (10)
35 Prehistoric Danish S-shaped trumpet (3)
36 Awning (6)
37 Lacklustre (4)
39 Long fish (3)
41 Analgesic drug (7)
42 Equip (6)
43 Stammering (9)
44 Tea container (5)
45 Most resilient (8)
50 Acidity-alkalinity measure (2)
51 Breathing holes (8)
55 Rider (anag) (5)
58 Sudden bright idea (9)
59 Ribald (6)
60 Agony (7)
61 Wager (3)
63 Departure (4)
64 Musically, smooth and connected (6)
65 Day before (3)
66 Crude prose (anag) (10)
68 Beer maker (6)
69 Shut (6)
71 Writer of plays (9)
76 Drank cautiously (6)
77 Parade around (9)
79 Cold block (3,4)
81 Short sleep (3)
84 Proportion (5)
85 Heartened (10)
86 Old-fashioned (5)
87 Elbow (5)
88 Shortly (2,3,4,6)
89 Lovers' meeting (5)

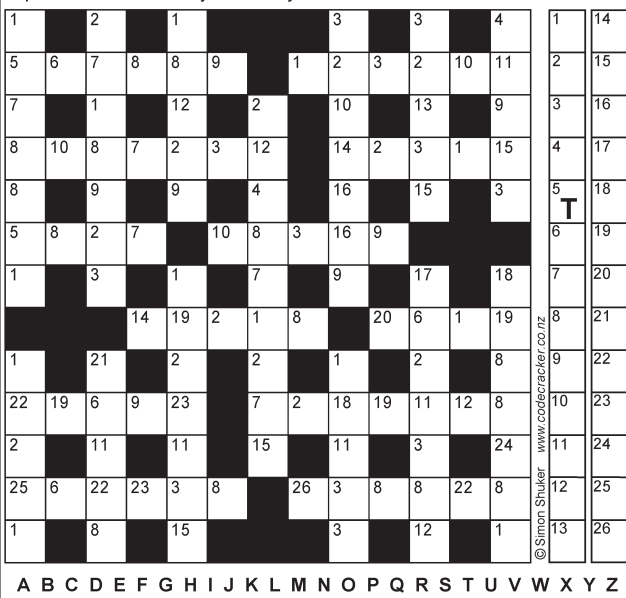
DOWN

- 2 Water down (6)
3 Sound (5)
5 Require (4)
6 Feeling (7)
7 Minutiae (6)
8 Additional (5)
9 Previously (7)
10 Domesticate (4)
11 Put up with (6)
12 Companion (5)
13 Refrain from (7)
14 Light shoe (7)
18 Overly sweet (10)
23 Pigtail (5)
24 Denote (7)
26 Witty (7)
27 Expand (7)
29 Cocktail (7)
30 Reaches (4,2)
31 Up in the air (5)
32 Son of Zeus (6)
34 Adhesive (4)
36 River in Scotland (5)
38 Fake (5)
40 Adroit (4)
45 Furniture item (5)
46 Different (7)
47 Dangle (4)
48 Mutual (6)
49 Back-bending dance (5)
50 Act (7)
52 Chimney (10)
53 Hearsay (7)
54 Connected (6)
55 Fail to meet a financial obligation (7)
56 Command (5)
57 Sever (4)
62 Spacious (5)
67 Breathe (7)
68 Combustion (7)
70 Operating doctor (7)
72 Aglow (7)
73 Defeated (6)
74 Swamp (6)
75 Convent head (6)
76 Garden tool (5)
78 Mohammed's birthplace (5)
80 Professorship (5)
82 Night-flying insect (4)
83 Alcoholic drink (4)

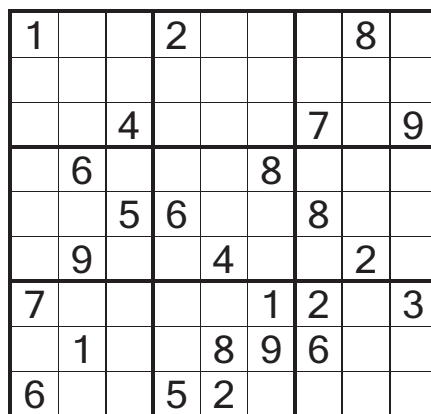


SIMON SHUKER'S CODE-CRACKER Extra 556

EACH number in our Code-Cracker grid represents a different letter of the alphabet. For example, today 5 represents T, so fill in T every time the figure 5 appears. You have one letter in the control grid to start you off. Enter it in the appropriate squares in the main grid, then use your knowledge of words to work out which letters should go in the missing squares. As you get the letters, fill in other squares with the same number in the main grid and control grid. Check off the list of alphabetical letters as you identify them. Visit www.codecracker.co.nz



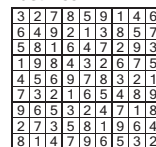
Sudoku



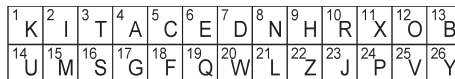
HARD

Fill the grid so that every column, every row and every 3x3 box contains the digits 1 to 9.

Last week



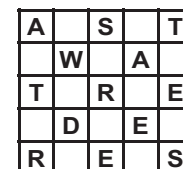
Last week's CodeCracker



Last week's crossword solution

ACROSS: 1 Assay, 4 Hold one's tongue, 11 Egypt, 14 Scoop, 15 Probability, 16 Abdicate, 19 Aniseed, 20 Aisle, 21 Guesswork, 24 Surcharge, 26 Instill, 27 Strong, 31 Coast, 32 Dandruff, 34 Stereotype, 38 Shorten, 39 Bunker, 40 Lining, 41 Hand, 42 Greeted, 45 Chromosome, 50 Hassled, 54 Edit, 55 Client, 56 Shriek, 57 Bewitch, 60 Mayonnaise, 61 Colossal, 62 Troth, 65 Hinges, 66 Compel, 67 Imaginary, 72 Itinerary, 73 Mourn, 74 Quashed, 79 Hygienic, 80 Stethoscope, 81 Trust, 82 Theft, 83 Out of this world, 84 Spiny.
DOWN: 2 Second, 3 Atoms, 5 Oars, 6 Dubbing, 7 Nibble, 8 Silk, 9 Outburst, 10 Elbows, 11 Emigration, 12 Year, 13 Teeming, 17 Bench, 18 Assistance, 22 Macaw, 23 Ponytail, 25 Upsurge, 26 Inferno, 28 Mother, 29 Cuckoo, 30 Wrench, 33 Dough, 35 Ended, 36 Cede, 37 Alto, 42 Gleam, 43 Edifying, 44 Dollar, 45 Chessboard, 46 Rate, 47 Musical, 48 Scroll, 49 Meets, 51 Apex, 52 Stirrer, 53 Excite, 58 Investment, 59 Tango, 63 Aperitif, 64 Ensue, 65 Hatchet, 68 Morocco, 69 Indigo, 70 Robots, 71 Person, 75 Syrup, 76 Ogle, 77 Etch, 78 Opal.

5x5



Insert the missing letters to complete ten words — five across the grid and five down.
More than one solution may be possible.



Last week

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Team effort starts Motukaraka restoration

Ngā Wairiki, Ngāti Apa is asking that people show respect for the whenua after a huge effort to rehabilitate Motukaraka Reserve.

serve (in Northland). Earlier this year the Motukaraka Reserve was devastated by a fire and since then four-wheel drive vehicles and dirt bike tracks have further degraded the dunes and coastal shrub lands.

Ngā Wairiki, Ngāti Apa Property and Land Development Manager, Alan Turia, says the reserve is not only special to the iwi but has significance to the whole community.

In mid-September Ngā Wairiki, Ngāti Apa organised a two-day planting restoration event on the reserve and on the second day alone 500 harakeke, tī kouka, toetoe, ngaio, red matipo and 950 pin-gao and spinnifex were planted.

"Our planting day was set initially over the weekend and had, at the time, 20 plus whanau and members of the community keen to participate," Alan says.

"The change to the weekdays meant our numbers reduced."



From left: Carl Hodson, Alan Turia, Peter Lock and Maddy Thompson

Alan acknowledges those who made them-

selves available over the two days, including Department of Conservation Community Supervisor, Peter Lock and Community Ranger, Jaycee Tipene-Thomas.

"I especially enjoyed working with my two nephews, Maddy Thompson and Carl Hodson, who gave me a sense of pride and to know the next generation have an interest in our whenua. We slogged it out and accomplished a

great deal." Ngā Wairiki, Ngāti Apa also gave special thanks to Colin Bartlett First Gas Ltd for their significant sponsorship and the Department of Corrections which supplied the plants as part of the Good to Grow partnership with the Department of Conservation.

"All in all it was a great collaborative approach from all and we are very grateful," Alan says.

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Recent Bereavements

Sadly passed away recently...

Mary Verna AUSTIN, aged 69 years, died 29 September 2019.

Henry Arthur CHING, aged 89 years, died 26 September 2019.

Roger Arthur GOODE, aged 62 years, died 28 September 2019.

Haami Arahī LEWIS, aged 31 years, died 26 September 2019.

Michael Joseph (Mike) LITTLETON, aged 60 years, died 30 September 2019.

Craig Lawrence MERRICK, aged 52 years, died 20 September 2019.

Mary Neehi PIRIKAHU QSM, aged 80 years, died 24 September 2019.

Bren Roderick SINCLAIR, aged 71 years, died 27 September 2019.

Lawrence Darryl UPTON, aged 74 years, died 22 September 2019.

Joan Elvy WHITE, aged 88 years, died 24 September 2019.

Harold John WHITING, aged 97 years, died 24 September 2019.



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Saturday, 5 October.
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phone 345 3666

Pigeon racing results

The St Johns Club Wanganui Pigeon Racing Adjunct held its third race in the 2019 Old Bird Season with a race from Hamilton. The race attracted 112 pigeons from 8 flyers. The winner from the loft of Shane Gudopp covered the 262km in 3hr 30min 0sec, with an average speed of 1247.22 meters per minute or 75kph. The pigeons experienced fine weather conditions on their flights to Wanganui.

Results were: Shane Gudopp 3hr 30min 0sec; Klem Ryder 3hr 30min 57sec; Dave Lacy 3hr 31min 22sec; Robert Barnes 3hr 35min 10sec; Don Lacy 3hr 35min 59sec; Geoff Underwood 3hr 36min 45sec; B and A Fairweather 3hr 44min 21sec.

SECTION 101 SALE AND SUPPLY OF ALCOHOL ACT 2012

Bricklane Limited, 1-5 Maria Place and 98 Victoria Avenue, Wanganui has made application to the District Licensing Committee at Wanganui for the renewal of an On Licence in respect of the premises situated at 1-5 Maria Place and 98 Victoria Avenue, Wanganui, known as Mint Cafe & Bar and Frank Bar & Eatery.

The general nature of the business conducted under the licence is a on-licence tavern.

The days on which and the hours during which alcohol is sold under the licence are: Monday to Sunday, 8.00am to 2.00am the following day.

The application may be inspected during ordinary office hours at the office of the Whanganui District Licensing Committee at 101 Guyton Street, Wanganui.

Any person who is entitled to object and who wishes to object to the issue of the licence may, not later than 15 working days after the date of the publication of this notice, file a notice in writing of the objection with the Secretary of the District Licensing Committee at PO Box 637, Wanganui 4540.

No objection to the renewal of a licence may be made in relation to a matter other than a matter specified in section 131 of the Sale and Supply of Alcohol Act 2012.

This is the first publication of this notice.

SECTION 101 SALE AND SUPPLY OF ALCOHOL ACT 2012

Ashbro Limited, 30 Maria Place, Whanganui has made application to the District Licensing Committee at Whanganui for the issue of an On Licence in respect of the premises situated at 30 Maria Place, Whanganui known as the KungFu Yoga Restaurant.

The general nature of the business to be conducted under the licence is as a Restaurant.

The days on which and the hours during which alcohol is intended to be sold under the licence are Monday to Sunday, 8.00am to 12 midnight.

The application may be inspected during ordinary office hours at the office of the Whanganui District Licensing Committee at 101 Guyton Street, Whanganui.

Any person who is entitled to object and who wishes to object to the issue of the licence may, not later than 15 working days after the date of the publication of this notice, file a notice in writing of the objection with the Secretary of the District Licensing Committee at PO Box 637, Whanganui 4540.

No objection to the issue of a licence may be made in relation to a matter other than a matter specified in section 105(1) of the Sale and Supply of Alcohol Act 2012.

This is the second publication of this notice.

The first notice was published on 26 September 2019.

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Wanganui Orchid Society Show
City College Hall
Ingestre Street, Wanganui
Saturday 5th October 2019 and Sunday 6th October 2019
10am to 4pm
Admission \$2.00
Plant Sales
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RCP - the good news paper

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ENTERTAINMENT / PUBLIC NOTICES

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Thursday 10th to Sunday 13th October

All proceeds in support of the new Wellington Children's Hospital
Some homes will receive complimentary book marks within the RCP this week.

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EMBASSY 3 October 3 - 9

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| ABOMINABLE (G) 1hr 47min Thur, Fri, Sat, Sun, Mon, Tue, Wed 10am, 2.45pm | Cinema 2, 3 |
| AD ASTRA (M) 2hrs 19min Thur, Fri, Sat, Sun, Mon, Tue, Wed 7.45pm* | THE LOUNGE |
| ANGRY BIRDS 2 (PG) 1hr 52min Thur 10.30am, 12.30pm Fri, Sat, Sun, Mon, Tue, Wed 10.10am, 12.30pm | Cinema 2 |
| DORA & THE LOST CITY OF GOLD (PG) 1hr 57min Thur, Fri, Sat, Sun, Mon, Tue, Wed 10.20am*, 12.40pm*, 3pm* | Cinema 1A |
| DOWNTON ABBEY (PG) 2hrs 17min Thur, Fri, Sat, Sun, Mon, Tue, Wed 12.50pm*, 7.30pm | THE LOUNGE Cinema 2 |
| GOOD BOYS (R13) 1hr 45min Thur, Fri, Sat, Sun, Mon, Tue, Wed 6.15pm | Cinema 3 |
| JOKER (R16) 2hrs 17min Thur, Fri, Sat, Sun, Mon, Tue, Wed 10am*, 5.20pm*, 8pm* | NEW THE LOUNGE Cinema 1A |
| MAIDEN (M) 1hr 52min Thur, Fri, Sat, Sun, Mon, Tue, Wed 5.40pm* | NEW THE LOUNGE |
| RAMBO LAST BLOOD (R18) 1hr 55min Thur, Fri, Sat, Sun, Mon, Tue, Wed 3.30pm* | THE LOUNGE |
| SCARY STORIES TO TELL IN THE DARK (R16) 2hrs 2min Thur, Fri, Sat, Sun, Mon, Tue, Wed 5pm, 8.15pm | Cinema 2, 3 |
| UGLY DOLLS (PG) 1hr 43min Thur, Fri, Sat, Sun, Mon, Tue, Wed 12.10pm, 2.15pm, 4.15pm | Cinema 3 |

Times are subject to change - please confirm at www.embassy3.co.nz
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Wanganui Literary Festival

Joanne Drayton, Albert Belz, Ron Palenski, Fiona Kidman, Paul Cleave, Corey Mosen and Ajax, Tina Makereti, Leah McFall

Concert Chamber WWMC
Friday 4 to Sunday 6 October - Tickets \$15 per speaker

Dinner with the Stars
Oaks Restaurant Cafe and Bar

Saturday 5 October, 6.30pm - Tickets \$45 - numbers limited

High tea with Amber Rose
Pioneer Room WWMC

Sunday 6 October, 3pm - Tickets \$30 - numbers limited

Jane Winstone Chapel
Schola Sacra Choir - John Rutter Requiem

Sunday 6 October 2.30pm. Adult \$25, Concession \$20

Repertory Theatre
The Dignity of Risk

Thursday 3, Friday 4 and Saturday 5 October, 7.30pm
Sunday 6 October, 2.00pm

Thursday 10, Friday 11 and Saturday 12 October, 7.30pm
Adult \$25, Senior/Student/Rep Members \$20

Wanganui Competitions Society October Dance Festival

Monday 7 to Friday 11 October
Festival Pass - Adult \$14.50/Child \$8.50 or per day - Adult \$8.50/Child \$4.50.
Or per session - adult \$5/Child \$3

Belmont Golf Club After 5 with Marilyn Waring

Friday 11 October, 5pm. Tickets \$40

Cooks Gardens Laser Light Extravaganza

Monday 14 October, 6.30pm
Adult \$10, Child 5-12 years, \$5. Family 2A + 3C \$30

Chamber Music Wanganui Subscription Series Jacquin Trio

Prince Edward Auditorium, Thursday 17 October, 7.30pm
Adult \$35, Senior \$32, CMV subscriber \$20, Student \$5.

The Keys are in the Margarine

Sunday 20 October, 7.30pm
Adult \$25, Senior/Student/Friend OH \$20. Group discounts

The Boss - Bruce Springsteen Tribute Show

Saturday 16 November, 7.30pm. Tickets \$66

The Bee Gees - Night Fever

Tuesday 19 November, 8.00pm
Adults \$76.50, Group 6+ \$71.50, Child to 12 years \$35.50

Imperial Russian Ballet - Swan Lake

Thursday 28 November, 7.30pm
Premium & A Reserve seating

Adult \$95.75 - \$85.75. Senior/Student/Group 6+ \$85.75 - \$75.75
Child U18 \$65.75 - \$55.75. Family 2A+ 2C \$303.00 - \$263.00

Tina - Simply the Best

Thursday 26 March, 8pm
Adult \$76.50, Group 6+ \$71.50, Child to 12 years \$35.50

Menopause The Musical®

Saturday 28 March, 7.30pm. Tickets \$69.90

The Ten Tenors - Love is in the Air

Tuesday 5 May, 7.30pm
Premium Adult \$121.60, Child U18 \$82.50

A Reserve: Adult \$92.50, Group 10+ \$82.50, Child U18 \$82.50
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SUNDAY 13 OCTOBER 2019 - 1pm

Parsons St Clubrooms (Next to Victoria Park)

NO COST - Equipment supplied
Flat Shoes Please

Contact Cherie
(06) 345 5801 or 027 388 3780

PUBLIC NOTICES

WHANGANUI Sound 027-2644-399 (Community Event Services). Not in the book. Find us at www.findit.nz the free online directory or at www.onlineservices.nz
DUE to unforeseen circumstances, Gonville Pharmacy, corner of Gonville Ave and Alma Road, will be closed on Saturdays until further notice.

PERSONAL

FREE, confidential health checks, STD and HIV screening. Outpatients Department, Wanganui Hospital. Monday and Thursday from 5pm - 6pm. Phone 348 1775.
PREGNANT? Worried? Need to talk? We care, listen and help. Ph. 348 0008 or 0800 PREG-NANT 24/7.

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MEMORY LOSS
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Royal Wanganui Opera House
Ph: 349 0511
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WANGANUI EAST CLUB

PÉTANQUE CLUB OPEN DAY

COME AND LEARN TO PLAY PÉTANQUE

TUESDAY 8TH OCTOBER
starting at 1:15 pm

SUNDAY 13TH OCTOBER
starting at 12:45 pm

FUN DAY OUT FOR ALL THE FAMILY
Free coaching & all equipment provided

Pétanque is very popular at the Wanganui East Club.

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For more details contact Shirley
(06) 561 4452 or 027 386 6895

Wanganui East Club Inc.
101 Wakefield Street
Wanganui East, Wanganui 4500

Whanganui Repertory Theatre Presents
The Dignity Of Risk
by Joan Rosier-Jones
Directed by Kerry Girdwood
Gala Opening
Thurs 3rd October - 7.30pm
Performances
Fri 4th, Sat 5th - 7.30pm
Sunday Matinee - 2pm
Thurs 10th, Fri 11th, & Sat 12th - 7.30pm
Ticket Sales from
Royal Whanganui Opera House

PROSTATE CANCER SUPPORT GROUP
An established support group in Whanganui for men and their families who are living with a diagnosis and treatment for Prostate Cancer.
When Where
Contact Email
Monday 7 October, 7pm
Cancer Society Rooms
3 Koromiko Road, Whanganui
Brian Deadman - 027 555 0338
wanganui@prostate.org.nz
For more information call
0800 477 678
Organised by the Prostate Cancer Foundation of NZ
www.prostate.org.nz

Alcoholics Anonymous

Phone 0800 229 6757. If you have a drinking problem maybe we can help. AA Wanganui area meeting list: Sunday, St Johns Lutheran Church Hall, 51 Liverpool Street, Wanganui, 9am; Monday, Friendship Hall, Morris Street, Marton, 7.30pm; Tuesday, 12.30pm, St Johns Lutheran Church Hall, 51 Liverpool Street, Wanganui; Wednesday, St Luke's Church Hall, 34 Manuka Street, Castlecliff, 7.30pm; Thursday, St Johns Lutheran Church Hall, 51 Liverpool Street, Wanganui, 7.30pm; Al Anon, Tuesday, Quakers, 256 Wicksteed Street, 7.30pm, Friday, Gonville Library meeting room, 12.30pm. Ph 0508 425 266.

Art Exhibition Judy Flatt 'From the Beginning'

In acrylics, 2 October to 28 October. Red Door Gallery, 88 Putiki Drive. Wednesday to Sunday, 10:00am to 5:00pm.

At Wisdom is Yours - Wellbeing Centre

Open Night "Learn Meditation" its benefits and how it can help you - Thursday, 17th - 7pm. Guided Meditation Saturdays, 10.30am. Open to all, cost is a donation. For more information contact (06) 3455002 or 0272531858, or pop into 200b Victoria Ave. We are open Monday to Saturday.

Clairvoyance Demonstration

Clairvoyance, philosophy and healing at the Wanganui Spiritual and Awareness Centre. Our medium this week is Trish Heal from Levin. 25 Tawa Street, Wanganui. Sunday's 7pm. All welcome. Cost by donation. Like our Facebook page or contact Robert on 345 6308.

Country Road Variety Music Group

Now held 1st and 3rd Sundays each month at Club Metro. Doors open 1.00pm. \$3 entry. Lucky door prize - \$10. Bar snacks available. All welcome, especially singers and visitors.

DVD Evening - Victoria and Abdul

The extraordinary true story of an unexpected friendship in the later years of Queen Victoria's remarkable rule. When Abdul Karim, a young clerk, travels from India to participate in the Queen's Jubilee, he is surprised to find favour with the Queen herself. The two form a friendship and the Queen begins to see a changing world through new eyes and joyfully reclaims her humanity. Wednesday, 9 October, 6.30pm. Koha. Supper provided. To Register please call Pam on 345 5047 ext 3, or email pam.hopper@sosj.org.au.

Handcrafts Wanganui Market

At the back room Community Arts Centre, first Saturday of each month, 9am - 1pm. Quality handcrafts for sale; aprons, soaps, jams, pickles, chutneys, Barbie doll dresses, finger puppets, woodenware, knitted and crocheted toys, hanging towels, button crafts, crocheted hats for all, jewellery and gifts for all occasions. Phone Carol 06 3448081.

Hillcrest Connections' Post Equinox

Spring Walk - 7 October, 6.15pm

Leaves Burnt Kitchen carpark (near the London Street roundabout). Route: London Street shared pathway up to Fergusson (small zigzag or flat), along Parsons to Carlton Ave Extension ending back at Fitzies sign. Early suppa, cuppa back at base.

Liturgy - Green Women

Sunday, 20 October, 4 - 5pm. To Register please call Pam on 345 5047 ext 3, or email pam.hopper@sosj.org.au.

Living and Dying Well Workshop

Advanced care planning (ACP) to meet individual wishes at end of life. Discussion with new ideas for you and your family to consider. Multiple resources and videos available during the day. All welcome. Saturday, 12 October, 10am - 3.30pm. BYO Lunch, \$20 with Ann Jennison. To Register please call Pam on 345 5047 ext 3, or email pam.hopper@sosj.org.au.

Luke's Locker - Castlecliff

Luke's Locker is open Tuesdays - Fridays, 10am to 3pm, at St Luke's Church, corner of Manuka/Cornfoot Streets. Phone 344 5344. Watch for the flags when the shop is open. Wonderful household bargains and good used clothing for all the family. Sorry no Eftpos available.

Mandala Workshop

In this workshop we will make individual mandalas. This can be a meditative time using pattern, colour and texture. Also, it can be used to record what is happening in one's emotional life path as influenced by Jung. Input both ways will be offered. Saturday, 19 October, 10am - 3pm, \$20 with Trish Daws & Marie Skidmore rsj. To Register please call Pam on 345 5047 ext 3, or email pam.hopper@sosj.org.au.

Quaker Meeting

Every Sunday, 10am at Quaker Meeting House, 256 Wicksteed Street. A warm invitation to join us for an hour of stillness and silence in the Quaker tradition followed by morning tea and social get together. Enquiries: Phone David 345 6732.

Schola Sacra Choir Concert

Including John Rutter Requiem with instrumental ensemble featuring local musicians. Conducted by Iain Tetley, soprano soloist, Shayna Tweed. Sunday, 6 October 2.30pm in Jane Winstone Chapel, Oakland Ave. Cushions provided! \$25 adults, \$20 seniors, U-18 free.

Seminar: Getting to Know the Bible Better 7.30pm, Tuesdays, in the Christadelphian Hall, 138 Great North Road. Topic this Tuesday, 8 October: "The Final Week - Friday to Monday". All welcome. Supper and opportunity to chat. Sponsored by Wanganui Christadelphians. For more about us: www.thisisyourible.com, or phone 342 7726.

Social Dance

Danceport Wanganui invites all dancers to its monthly social dance on Sunday, 6 October at St Andrews Hall, Bell Street, 7:00pm - 9:30pm followed by supper. Ballroom, New Vogue, Latin, Social dances. Theme 'Put your best foot forward'. Members \$5, Non-members \$10. Information, Kathleen 3442245 or Graeme 0274341823.

St John Booksale

25 Tawa St. 3 October, 10am - 7pm; 4 October, 10am - 6pm; 5 October, 10am - 4pm. A huge selection of books, magazines and paperbacks. All cooking books half price. Featuring railway books and jigsaw puzzles.

Theosophy Whanganui

Exploring spiritual development, philosophy, religion, science and the arts. We have a small library, study groups and regular public discussions. Second Sunday monthly, 2pm. Back river entrance Community Arts Centre, 19 Taupo Quay. Contact Kirsty 021 2123819. TheosophyWhanganui@gmail.com.

Tui Motu Group

Tui Motu, an Independent Catholic Magazine, will challenge us to look with fresh eyes, with gospel eyes, at current social, ecological and spiritual values. Come along and contribute to the discussion-inter-church and inter-faith dialogue is welcomed. Wednesday, 16 October 4.30 - 6pm with Sr Rita Cahill rsj. To Register please call Pam on 345 5047 ext 3, or email pam.hopper@sosj.org.au.

Whanganui IHC Association AGM

The Association will be holding its AGM on Monday, 14 October 2019 at 46 Alma Road, Whanganui, commencing at 5pm with finger food and beverages and finishing by 7pm. Speakers will talk about the 'People First' movement past and present. For more information, phone/text 021 230 4095.

Bollywood film to screen as part of Festival of Cultures

A special Bollywood film screening takes place this October to celebrate Whanganui Festival of Cultures.

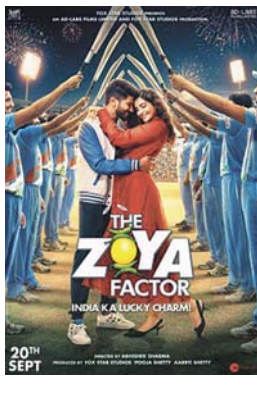
The Whanganui Multicultural Council have booked a cinema screen at Embassy 3 for 1.30pm on October 20 for a one-off matinee showing of newly released Hindi language film, The Zoya Factor; an unusual romantic comedy about cricket packed with musical entertainment.

Pushpa Prasad, President of the Whanganui Multicultural Council says the afternoon screening is a not for profit, family friendly event, organised to bring together the whole community for an Indian cultural experience. She says the film has an unusual cast and unique plot and should be entertaining for all.

Tickets are on sale at Tasty Indian Restaurant and Geeta's Spice Shop on Guyton Street and are selling for \$11.

In addition to the screening will be Diwali Cultural Night organised by Lotus, a local Indian Women's group. The community is also looking forward to Multicultural Night, November 15 at 5pm - the Multicultural Council's annual celebration of Whanganui's diverse and vibrant community.

Pushpa said the multicultural council - which has roots from Whanganui to the Rangitikei - is ever expanding, covering a diverse array of ethnicities and cultures from the South Pacific to East Asia and beyond and is always welcoming newcomers.



Sarjeant Gallery designer

Dear Editor,
Just a little correction to your article "Tragic end for designer of Sarjeant Art Gallery building" - an account of the true designer of the Sarjeant Gallery. (RCP: 26 September).

The final sentence reads: "It was his [Donald Hosie's] only building." In fact it was his second. The first was a design for a ladies' rest room, for which he also won an architectural award.

"His general idea is good and his draughtsmanship shows considerable talent," reported Progress Magazine (1 January, 1915), although judges considered that all nine entries fell short on several counts.

"None of the designers can be said to fully and satisfactorily have found the best solution of the problem set, which rather indicates that the subject was somewhat too advanced for the competitors. Another prevalent feature is the failure to grasp the importance of giving plenty of elbow room in the Ladies [sic] toilet."

A criticism of Hosie's winning entry was that "the occupants would face one another and be in a draught." But overall a pretty good effort for a 19 year-old.

But that's not all! Hosie also won an award for designing an animals' drinking trough, a project promoted by the Otago branch of the New Zealand Institute of Architects and backed by the Dunedin SPCA as a memorial to a

generous supporter. Five designs were submitted "all of a very high order of merit and the winning design, when erected, should be an acquisition to the architecture of the city," reported the Otago Daily Times (10 November, 1915).

So it was a major leap forward from these two winning (but relatively insignificant) projects to designing our magnificent art gallery in such a short space of time. We can only speculate as to what this talented young man would have achieved had he survived the war.

- Murray Crawford

Anti-Abortion group

Dear Editor,

I was sorry to see the whole page advertisement in River City Press which purportedly stands for life but in fact is based on misinformation and inflammatory language to push its

own right wing religious agenda.

Abortion is a matter for the pregnant woman, or in the case of a female child, her and her supportive parents. It has nothing to do with anyone else other than the doctor performing the procedure.

It seems to me that given 100 per cent of pregnancies are caused by men, that perhaps this organisation could take its concern about abortion in that direction. Male contraception is a whole area that could be explored for a huge decrease in unwanted pregnancies.

And as for wanting to distress others in public, well, it beggars belief that an organisation of any kind thinks this is something we should support! Give me our PM's kindness any day.

Yours,
Rhona Vickoche

"Let us relate to each other"

vote
Vijeshwar Prasad
for
Council



Interested in your well being

Authorised by V. Prasad, 136 Anzac Parade, Whanganui

Sports Talk

with Mark Dawson

Rugby World Cup

I'm just back from a thrilling quick-fire visit to Tokyo and the Rugby World Cup.

Tokyo is a funky and fascinating place - a city with a population of about 13 million and, at any one time, most of them seem to be walking the streets or crowding on to public transport (buses, trains, subway). There are about as many cars on the road as there are in Whanganui (population 45,000).

The Japanese dress immaculately, the women chic and elegant but not as elitist as the Parisiennes. You can't miss the visiting rugger fans not just because they are bigger and fairer. Their dress-down T-shirts, shorts and jandals stick out like sore thumbs.

Tokyo seems pretty much crime-free, people on the street untroubled at any hour, day or night. It is also the cleanest capital city - litter-free yet, counter-intuitively, almost devoid of public waste bins.

It is hot, busy and

bouncing, yet the locals remain calm, ultra-polite and welcoming. The Japanese have turned good manners into an art form.

But enough of the travelogue, what about the merchandise?

For \$30 you can buy Japan's 'One Team: Pride, Passion & Belief' tea-towel. Double it and you get the Brave Blossoms scarf. At the top end, the replica Japan shirt sets you back \$180.

New Zealand is doing well out of it - it's all made by Canterbury!

Much of the merchandise is being snapped up by Brits, Aussies, Kiwis, French, Argies etc. A lot of Tokyo was carrying on regardless of the World Cup, though that may well have changed following Japan's sensational win over the Irish.

The Russian team was based at my hotel, grim and quietly focussed as they prepared for the tournament opener against the hosts.

Everyone else wanted them to lose that game and they seemed to know it. They duly obliged.



Mark Dawson

But, boy, were they BIG - Tane Mahuta meets the Terminator, filling the hotel lifts.

I watched the All Blacks open their campaign with that win against South Africa. The Springbok fans took it well, with good sporting spirit which, I guess, reflects the whole tournament. And the sport, itself.

Quite a trip.

Oh yes, one final important point - the beer was excellent.

Any correspondence to this column can be directed to email: rivercitypress@xtra.co.nz which will be passed on to Mark.

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