

52 Ingestre Street, Wanganui. Phone 345 3666 or 345 3655, fax 345 2644, email rivercitypress@xtra.co.nz

# Dream of paid work for Maori Wardens comes true

BY DOUG DAVIDSON

**You will have seen Maori wardens carrying out parking duties at Council and private functions. They do it for koha which can be as little as \$10 or as high as \$300.**

The wardens are all volunteers. They do get their uniforms and perhaps lunch but they are not paid.

They are trained and police vetted and their appointments are signed off by the Ministry of Maori Development. The organisation does get some assistance through Te Puni Kokori – but that's it.

Carol Te Huna and Wayne Seeley, local co-

ordinators for Maori Wardens NZ, have for the past ten years, dreamt of ways to get beyond grants and to create an organisation, which provides payment for Maori wardens to do security work. That dream has come to fruition in 'Ō Te Mōto Security Ltd'. (The English translation is 'Off the Land').

They approached Left Field Consulting Ltd in Wellington who have experience in security train-

ing, says Carol. "They helped set up a once a month course in Whanganui to cover items such as first aid, liquor control, bag searches, Incident Management such as using fire extinguishers and correct use of fire exits."

The course started in March and attracted 77 participants from as far afield as Kataia, Whangarei, Waihi, Rotorua, Taupo and Gisborne, with the majority (46) from Whanganui. Those from out of Whanganui were given accommodation at Wai Ora Christian Community Trust in Aramoho. It included both males and females and Carol advises, "You don't have to be Maori to be involved." Many of the applicants were currently Maori Wardens.

The 77 formally graduated recently at a ceremony at Kingsgate attended also by friends and family.

While you have to be over 18, "and we were



Pena Hikuwai with Carol and Wayne

looking for young people to help give them a sense of belonging," the approach relies on "avoid-

ing conflict, talking with the punters, wishing them well with a friendly face," adds Wayne. The group

included a 79 year old kura and Wayne says, "People automatically show her and other kura

and koro, respect and will quickly say, 'sorry nan,' if told off."

Continued on page 3

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## Check out what's in this week's RCP

The front page article on Maori Wardens will perhaps give you a different picture of what they will be doing in the future. Congratulations to Carol and Wayne for bringing their dream of paid work into fruition.

Among activities coming up is a talk at the Sarjeant on 'The UAE - Is it Utopia in the Desert?' (Page 9). I lived and worked there for 3 years but the speaker, Dr Robert Pech, was there for 13. It is a fascinating country full of contradictions.

Faith Church is putting on their Light Party - a positive alternative to Halloween (page 11). I think I'll take the grandkids along. (Note they have a 'R18 Café operating').

If you like Bluegrass music you should plan to go to the Missy Raines trio (page 3). They come highly rated.

But on Monday, October 26, pop along to Funky Duck Café at Virginia Lake, watch local Black Stack team members demonstrate the skill of cup stack-



**Doug Davidson,**  
journalist@  
rivercitypress.co.nz

ing, while listening to the beautiful sounds (and I have heard them singing) of three young girls raising funds for the local cup stackers to go to the World Champs in Singapore next year (page 2).

Despite what you might have heard elsewhere, Club Metro is making good progress and the future looks bright (page 3). I was convinced and have joined the club.

We had an article about intrepid traveller, Helen Goldfinch last week. Read her article on 'Riding the Rails' on page 8.

- Doug Davidson

## Singing to go to World Stacking Championships in Singapore

Ten locals have been selected for the Black Stacks, New Zealand's National Sports Stacking team, which will be competing at the World Stacking Championships in April, 2020 in Singapore. Whanganui out performs the rest of the country in this sport.

Being a minority sport, most of the costs for competing and travelling have to be met by each representative and their families. It is not cheap with an estimated cost of over \$3700 each. Fundraising is essential.

One member of the team, Taliah Pollero, is also a skilled and beautiful singer and she will be joined by fellow singers, Alyssa and Lucy Hartley, to entertain and raise funds on this Monday, October 28 at Funky Duck café at Virginia Lake. All three are students of Lynn Whiteside, who also conducts the Whanganui Community Choir. The girls were members of the Junior Choir before going



**Lucy Hartley, Taliah Pollero and Alyssa Hartley**

on to receive private singing lessons. They combine beautifully.

Other local members of the Black Stacks will also be at Funky Duck between 11am and 2pm demonstrating how to stack cups so quickly. After trying to follow their amazing hand movements, you are welcome to give it a try.

The other members of the team are: Caleb Arthur, Kyah Chant, Marina Cosford, Grace Harper, Waiora Hawira, Harry and Nathan Hawtree, Claire Kenny and Ian Kerr.

It is a great opportunity to relax on the

Monday of Labour Weekend, to enjoy good coffee and food, while

listening to some lovely singing and showing your appreciation by

contributing to the team getting to Singapore.



**Local cup stackers to represent NZ: Taliah Pollero, Marina Cosford, Harry Hawtree, Kyah Chant and Grace Harper (Absent: Claire Kenny)**

## Earthquake strengthening solutions public talk on Tuesday

Earthquake Engineering Specialist, Dr Dmytro Dizhur, is to present innovative techniques for strengthening earthquake prone buildings at a public meeting in Whanganui, hosted by Whanganui Regional Heritage Trust and Bayleys Real Estate.

Building owners, architects, engineers and the public are encouraged and welcome to attend.

Dmytro is a graduate of the University of Auckland with a Ph.D. in Structural Engineering. He is the director of Dizhur Consulting which specialises in earthquake engineering of existing buildings and is a Managing Director of Python Fixings.

If that isn't enough, Dmytro has purchased a heritage building in Whanganui and is planning its strengthening and redevelopment.

There are a number of firms specialising in earthquake engineering solutions and the Heritage Trust hopes this will be the first of a number of public meetings providing information to help building owners and others to make decisions around strengthening and redevelopment.

Heritage Trustee and District Councillor, Helen Craig, will also present a short slideshow on façade restorations that she hopes will be inspirational.

The Trust is grateful to Bayleys Real Estate for generously sponsoring this event.

Meeting details are: Tuesday, 29 October, 7pm, Bayleys Real Estate, 158 Wicksteed Street, Whanganui. Entry \$10 donation toward Heritage Trust activities. Enquires to Helen Craig 021 1030737.



**Dr Dmytro Dizhur**

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# New board plans for friendly, future focused club at Club Metro

The recently appointed new board for Club Metro promise a "friendly focus" for the future of the club and one way of doing this is to have volunteers welcoming you as you come in. There will be no need to feel alone or a stranger.

They admit it has taken some time for RSA and Cossie club members to come together as a club, as a team. Chairman, Rod Hart, is himself an ex New Zealand army officer and RSA member. He says, "It has been like an arranged marriage getting to know each other. We are now coming together and mingling well."

The board has some experienced financial representatives and Rod says, "We are on top of the financial pressures and have set out a meaningful path to keep it this way. We are now on the up and up mode."

Current membership is around 1600 and the

word is out to them to come and use the facilities more and join in on the activities. Some members who left after the amalgamation announcement are now coming back, recognizing the changes and the efforts to welcome everyone. New members are encouraged to join – the fee is only \$20. You can join, as some have, from aged only 18.

The RSA Welfare office is immediately to your left as you come through the doors. Contact Wally Wallbuton on 027 924 7921 to arrange an appointment. Signposting indicating their connections to the RSA and the Cossie is on both the exterior and interior of the building.

Club Metro also recently announced the opening of the Grey Power Hub in the building which will be open three times a week for members. Membership of Grey Power has a number of advantages in-

cluding competitive electricity rates and you can be as 'young' as 50 to be a member.

Rod emphasizes, "The club is a family friendly club and members and their families are especially welcome to take advantage of the well-priced and tasty meals at the restaurant." All food is made on site including the biscuits for the bar. Barista made coffee is also available.

Another advantage of Club Metro is its central location on Ridgway Street making it easy walking distance although there is ample parking close by as well as the Club's Courtesy van being available. There are a variety of rooms which can be used for a conference, business or Christmas functions.

The range of adjuncts connected with the club include darts, fishing, golf, cue sports as well as the Elysium (think fine wines and beers).



Club Metro Board: Shar Aitken (Manager), Ted Morris, Jen Barber, John Hird, Helen Tilley, Rod Hart (Chairman) and Joe Guthrie

## Post-traumatic stress disorder - science forum talk on Tuesday

Ronald Kinsey will be giving a talk about his work helping people with Post-Traumatic Stress Disorder at the next Science Forum on Tuesday, October 29 at the Davis Theatre in Watt Street at 7.30pm.

We are familiar with images of soldiers returning from the various wars around the world and being unable to cope with life. We see them living on the streets, turning to crime and committing suicide at rates far higher than the general population. What is less visible is the effect that seeing the results of horrific crimes and road accidents has on Civil Defence, Police, Fire Brigade, Army and Hospital Personnel who have to deal with the aftermath of such incidents.

Ronald graduated from Auckland University in 1976 with a M.Sc. (Psychology Major) and PG Diploma in Clinical Psychology. In 1984 he became the Senior Clinical Psychologist at Rotorua. After the Edgecombe earthquake in 1987 he developed a special interest in trauma work and trained in Critical Incident Stress Debriefing/Defusing.

Coming to Whanganui in 1994, it became clear to Ronald, over the next 25 years of clinical practice, that personal trauma experiences were a major contributor to mental health issues. Becoming trained in Eye Movement Desensitisation and Reprocessing (EMDR) and the use of Trauma Focused CBT, were



valuable tools in mitigation of these traumatic events allowing a positive recovery to occur.

In this talk Ronald will attempt to answer three

questions.

1. Does Post Traumatic Stress Disorder exist as a diagnosis?

2. Is there a better way to conceptualise the psy-

chological consequence of traumatic events?

3. Are there effective treatments for the psychological consequence of physical events?

## Dream of paid work for Maori Wardens comes true

*Continued from page 1*  
They decided to call their graduates 'security officers' and not guards, to reinforce their approach of being "firm and respectful," and to prevent conflict breaking out. The officers will work in pairs, 'armed' only with a torch but with the full set of communications equipment. The uniforms will be grey and purple with bright red jackets. As Carol says, "We want them to be seen and identified – certainly not in black and hiding in the bushes."

The business will work

as follows: When they receive a request to quote for their services, they will ask a local co-ordinator to source as many graduate officers as they can locally. Extra staff will be sent from elsewhere, especially Whanganui and will be provided with travel and accommodation.

Ō Te Mōto Security have already received contracts, sharing security work at the U2 Concert on November 8/9 and also at the Friday Jams concert on November 17. Carol and Wayne hope that this work will lead to many more contracts in 2020.

In the meantime, they will not be resting up. They have selected 25 rangitahi for future leadership training and hope to have 100 officers trained next year with training for bar manager's licence possibly part of that as well. They will also continue to do voluntary Maori Warden work.

Understandably, Carol and Wayne are delighted to see their 10 year old dream to provide paid work for Maori Wardens and also to put the voluntary work of Maori Wardens on a more secure funding basis.

## Golf results

Tawhero 9 Hole Golf Results

Putting Round 2: 22

October:

**Men's Division 1:** Peter Granger 13, Ray Rahui 17. **Men's Division 2:** Patrick O'Leary 15, Geoff Clark 17, Dave Johnston 17.

**Ladies Division 1:** Bev Shingles 14, Kaye How 15, Sheila Young 18. **Ladies Division 2:** Priscilla Fonseca 15, Joan Ogilvie 16, Maureen McIntyre 18.

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# Whanganui Parkinson's Awareness Week activities

Parkinson's New Zealand Awareness Week is from Friday, November 1 to Thursday, November 7 and in Whanganui the local branch will be having an Awareness Breakfast as well as a street collection and a stall at the River City Traders Market.

The Breakfast is on Wednesday, October 30 at 8.30am at Jane Winstone Retirement Village. The breakfast costs \$20 per person and tickets can be purchased from Jane Winstone Reception. Following the breakfast there will be a presentation from Lisa Gombinsky-Roach, who is Head Coach of Counterpunch Boxing



Counterpunch Boxing programme in Whanganui

New Zealand. The Counterpunch Boxing programme was introduced to Whanganui

earlier this year. It is a non-contact activity designed to be fun while focusing on co-ordination

skills. Lisa will be talking from 9.45am and you can come just for the presentation.

On Thursday, October 31 Parkinson's will be having a street collection along Victoria Ave as well as having supermarket stands at Countdown Supermarkets in both Victoria Ave and Trafalgar Square and also at New World Supermarket.

On Saturday, November 2, Parkinson's will have an information stall at the River City Traders Market.

# Diwali celebrated in Whanganui on October 12



Group members Smita Sali, Geeta Singh, (Group Manager), Margaret Prasad, Lalina Dayal and Seema Ravnita. Missing are Sashi Chand and Rajni.

Diwali is a festival of light that celebrates the triumph of goodness over evil and knowledge over ignorance. It is celebrated by Hindus, Sikhs and Jains in India and around the world as well as many other people. It happens in October or November depending on the full moon.

In Whanganui this year it was celebrated on October 12 at Whanganui Girls' College Hall and 420 people came to the event.

The Whanganui Lotus Group cooked food and sweets and gave them

away free to those that attended. They thank "our local community for your continued support," and "hope to see you all next year in November, the date which is yet to be confirmed."



## Parkinson's New Zealand Awareness Week - November 1-7

Please donate to one of our Street Appeal collectors via our website

[www.parkinsons.org.nz](http://www.parkinsons.org.nz)

## Voice for Life brings film to Whanganui

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enact legislation for the cause she so deeply believed in.

Until the day she saw something that changed everything.

Please note this film is for mature audiences.

A movie worth seeing! Are you sitting on

the fence when it comes to abortion or even leaning more towards being pro-choice? Or are you pro-life and wanting to be reminded why? Wherever you stand, Unplanned tells a powerful story worth hearing. Whether you are pro-life or are ready to

have your views challenged, Voice for Life invites you to join us for this viewing.

There will be time for questions and answers after the film. Tickets are \$14. Contact Melinda phone 022 1522 071. - supplied

## Registrations open for household Hazardous Waste Day



Registrations are now open for Whanganui District Council's first Household Hazardous Waste Day on Saturday, 9 November. Hazardous waste must be registered and approved by the Council before the day to be accepted.

The Council plans to run four hazardous waste drop-off days a year, which are for household hazardous waste only.

The Council's Waste Advisor, Stuart Hylton says, "Having old unwanted chemicals such as insecticides, batteries and solvents lying around in sheds and garages can be a danger for children and pets."

"Our Household Hazardous Waste Day initiative helps people to make their homes safer and do the right thing for the environment."

Hazardous waste needs to be registered with the Council before the day so we can plan for its disposal through the proper channels.

To register, fill in the form on the Household Hazardous Waste Day section of the Whanganui District Council website. Once you have registered, the Council will contact you with a drop-off location and a time between 9.00am and 1.00pm on Saturday, 9 November.

Spaces are limited and will be allocated on a 'first in, first served' basis. Only registered and approved waste will be accepted.

Stuart Hylton says, "While the Council can accept quite a range of chemicals on Household Hazardous Waste Day, we don't have the capacity to accept all types of hazardous waste."

See the Household Hazardous Waste Day section of the Whanganui District Council website for information on what the Council can accept and for advice on safe disposal of other hazardous waste.



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# Parapara landslip update and help for Raetihi

- Cr Helen Craig

The landslip on SH4 south of Raetihi will have a significant impact on that town, farming families on the route, tourism operators and businesses that service the region.

At a Raetihi public meeting on Thursday 17th, Ruapehu Mayor, Don Cameron and NZTA representatives, provided assurances from NZTA to get the road operational as soon as possible.

The affected stretch of state highway is still unstable and moving. NZTA have totally closed SH4 north of Fields Track until an alternative route can be created. They are working to find an alternative one-lane route around the slip to open the highway again. This is likely to take at least two months but there are no guarantees.

Alternative routes of Fields Track and Whanganui River Road are recommended for those needing to stop along the route, rather than passing through traffic, as they are narrow and not safe for the volumes of traffic normally using SH4. If you don't intend stopping along the route nor in Raetihi and have the time, you should use SH1.

I've personally driven

Fields Track to Raetihi to attend the meeting and can absolutely endorse that recommendation, as do the Mayors in both regions and NZTA. McCarthy's Transport CEO, Steve McDougall, also attended the meeting and confirmed their trucks are using SH1 despite the added cost, for safety reasons.

NZTA have provided an email address for all direct requests for help by businesses, farmers and residents, whether getting children to school, staff to work, or are worried about other land instability that could cause access issues.

NZTA apologized for lack of attention to the road but were adamant they'll work as hard and fast as they can to find a short term fix to the slip, plus a more permanent two lane route and money's not a problem. They'll also prioritise the other slips on the entire route, including the existing 4 sections of road reduced to one lane, plus maintain Fields Track to ensure it stays viable.

I'd encourage you to visit Raetihi, stopping for lunch to support their economy. They have great cafes, a new art gallery and dinosaur museum! Tourist businesses along the Whanganui River Road will also appreciate

your business.

If you have any issues please check NZTA's website [www.nzta.govt.nz](http://www.nzta.govt.nz) for updates and email queries and requests to [SH4matahiwi@nzta.govt.nz](mailto:SH4matahiwi@nzta.govt.nz).

I'll be keeping a very close eye on the actions of NZTA in the future. A full reinstatement of this vital route for our region must be a priority and it must be kept in better condition in the future. Anyone needing my help can contact me on Helen. [craig@whanganui.govt.nz](mailto:craig@whanganui.govt.nz) or 021 1030737.

Photo courtesy of Mark Brimblecombe Photography



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# Thoughtful donation makes playground a reality

# RCP World Cup rugby reporter

It's from one Wilson to another where rugby's World Cup and the RCP are concerned.

The late Doug Wilson, an All Black in 1953-54, was an accurate tipster for the RCP in earlier cup matches.

Keeping an eye on the closing stages of the World Cup tournament in Japan for RCP readers this year is Barry Wilson, a former Evening Post and Sports Post reporter with considerable sporting knowledge.

Barry flew to Tokyo yesterday for the semi-finals and final, having made a habit of attending major sporting events. He has been a keen observer of sport in the United States,



**Our man on the spot at rugby's World Cup tournament, Barry Wilson**

Europe, South Africa, Australia and New Zealand.

Cities in which he has worked as a journalist include London and Johannesburg. His sporting interests are boxing,

cricket, rugby union, track and field.

He is a former member of the Naenae Athletics Club, pointing out that Olympic walking gold medallist, Norman Read, was a member of the Naenae club when he headed the field in the 1956 Olympics at Melbourne.

Barry predicts that the winner of the All Blacks versus England semi-final will win the tournament. He made that call before the quarter-finals. The other semi-final is between South Africa and Wales.

Barry will comment for the RCP on his return from Japan.

## Poultry Club 'Meet the Breeders' Day successful



Whanganui Poultry Club ran a special day last Saturday to show the public all the different breeds of poultry we have locally and around 70 interested people came along.

They were able to wander around having a look and asking questions, especially of Breeders, who had their own table to display and sell birds, fertile eggs and poultry products.

A free poultry magazine and home grown plants were available as were hot drinks and food.

Janis Cusack from the club said, "The end result was that a lot of people bought interesting birds to take home to their back yard or lifestyle block. A great team of club members all pulled together to make it an interesting and memorable experience for the visitors."

**Children enjoying the new playground at Kowhainui Home**

The residents and staff at Enliven's Kowhainui Home in Whanganui are grateful for a donation which has allowed them to build a children's playground on-site.

"Thanks to a generous donation from a family whose mum was a resident with us and loved children, we were able to turn the courtyard into a well-used kid's space," says Kowhainui Home manager, Trish Boswell.

"The residents, staff and whānau came up with the idea that a play area would be good for the

grandchildren who come here, while also giving the elders joy to see families coming together."

Help and donations have come from other parts of the community too, including Bunnings, which donated safety matting and play equipment.

Kowhainui Home also received extra help from Whanganui-based charity, Grumpy Old Men, which donated some equipment. The charity breaks down old items for scrap metal to sell and puts all its funds towards projects or initiatives that will benefit

children.

The children's playground is one of a number of garden-focused initiatives Kowhainui Home is fundraising toward making a reality.

There are also initial plans drawn up to create a sensory garden in another of its courtyard areas. Trish says they are fundraising for the project and accepting donations for both the sensory garden and to add extra elements to the children's playground.

Work was completed on the children's playground

in late July and Trish says it has already become a popular addition. There are plans to add more outdoor seating in that area and even a barbecue to enhance the family feel.

Enliven's Kowhainui Home and Villages in Otamatea offers independent retirement living, rest home and hospital level care, as well as short-term respite, health recovery care and an engaging day programme. For more information call the friendly team on 06 349 1400 or visit or visit [www.enlivencentral.org.nz](http://www.enlivencentral.org.nz).

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# Gold coin donation for a hot or cold drink gives experience to learning Baristas

- By Karen Hughes

Whanganui training provider, Training For You, has opened its hospitality training venue for members of the public to experience.

Students on the Hospitality, Level 2 course have been honing their barista skills over the past 11 weeks and are now ready to serve customers in a real-life coffee house.

Members of the public can visit the coffee house on the Training For You campus and enjoy a range of hot and cold drinks, in return for a gold coin donation.

The Hospitality, Level 2 course at Training For You provides students with fundamental skills for the hospitality industry. Learners get an insight into the different opportunities available and how they can enhance a customer's experience. Particularly in barista training, students learn the important foundations of coffee production - the origins, harvesting and processing of coffee beans. They are trained in different styles of coffee brewing; espresso coffees on a commercial espresso machine, filter coffee and French press. Specialty drinks such as iced coffees and herbal teas are also taught.

The current cohorts have transformed their training room into a western-themed coffee house for the public.

Training For You Hospitality Tutor, Bex Carr says, "The students have been working on a wild west themed style

café and would love for members of the public to 'mosey along'. For a unique experience with friends and family, we'd love the community to 'saddle up' and join us!"

Customers can enjoy a range of choices from a 'Lone Star Latte' to a 'Ruthless Raspberry and Cranberry Tea'. Iced drinks including the 'Marksman Iced Mocha' will also go down a treat.

Alternative milk options have been considered as well - almond milk, soy milk and coconut milk are on the menu.

Campus Manager, Emma Murphy, says the students are looking forward to putting their new skills into practice. "It is great to see the passion the students have and how proud they are of their café". It is a wonderful opportunity for students to learn in a real environment. We would love the public to get in behind this initiative and support the students."

Children and groups are welcome. Children have even been catered for especially, with some fun photo frames and games to entertain them.

For just five weeks, the Wild West coffee house is open to the public 9.30am-2.00pm, Monday to Friday at the Training For You campus at 148 Ingestre Street.

Free parking is available outside the Training For You campus at 148 Ingestre Street Whanganui.

Training For You is a private tertiary education provider delivering New

Zealand Level 1-5 programmes through online learning and on-campus classes in Whanganui. Programmes on offer include Early Childhood Education, Teacher Aide, Hospitality, Retail, Healthcare and Intensive Literacy and Numeracy, as well as the NZCALNE Level 5 qualification for vocational tutors and workplace trainers. For more information visit the website [www.trainingforyou.co.nz](http://www.trainingforyou.co.nz)

**Training For You students Shaun Raza, Charity Tutaki, Jamie Wernham, Monica Te Awa, and Tom Ross are ready to serve customers from the community. (Photo credit: Karen Hughes/Training For You)**



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# Helen rides the Ghan train through Central Australia

If you feel you need a few days away, The Ghan Expedition train journey from Darwin to Alice Springs and Adelaide through central Australia could be a good choice. And when you have paid your money you don't have to put your hand in your pocket again.

The Ghan is named after the Afghan cameleers, who began transporting goods on their camels into inland Australia in

the 1800's. For many years the train had a poor reputation, but since the big upgrade and the commencement of The Ghan Expedition in 2015 the experience has changed. This is now a first class journey with attention to detail at every step.

Alison and I departed Darwin on Wednesday and arrived in Adelaide on Saturday. In Darwin, buses transfer us 20 kilometres to The Ghan ter-

minal and a welcoming three-piece outback band.

"All those hours on a train, you'll be bored," friends had said. So we've come prepared with scrabble and books.

Bored – no chance! The first day sets the pattern. The train departs Darwin at 10am and we settle into our cabin, lunch is at 12.15pm and at 1.30pm we are on our first excursion in Katherine.

On boarding we are met



## Tamagoyaki (Japanese Egg Rolls)

• Total Time: 30min - serves 4

Japanese Egg Rolls are a great idea for a healthy meat free dinner served with crunchy steamed broccolini. Kids love them too!

### Ingredients

- 6 large eggs, whisked
- 2 tablespoons finely diced red capsicum
- 2 tablespoons finely chopped chives
- 2 teaspoons vegetable oil
- Steamed rice, to serve
- Steamed broccolini, to serve
- Kecap Manis sauce to serve

### Instructions

1. Whisk eggs in a bowl. Pour beaten egg through a fine sieve into a large bowl, discarding any gelatinous whites left behind. (This ensures a fine, streak-free omelette). Add capsicum and chives. Stir until combined. Season with salt and white pepper.

2. Heat 1 teaspoon oil in a 20cm (base measurement) non-stick frying pan over medium heat. Ladle 1/3 cup egg mixture into pan and swirl around until base is evenly coated with egg. Cook for 2 minutes or until egg is half set. Use a flat spatula to loosen edges of omelette slightly then, starting from the edge closest to you, roll up



omelette to about halfway. Slide spatula beneath omelette and carefully drag it to the edge closest to you. Pour in another 1/4 cup of egg mixture around the exposed pan and unrolled portion of the omelette. Repeat with the cooking, folding and dragging. Add another 1/4 cup of egg mixture and repeat process rolling the omelette up completely. Transfer rolled omelette to a plate and cover to keep warm.

3. Heat remaining oil in the frying pan and repeat the process to make another omelette roll.

4. Cut each omelette into 1cm wide pieces and thread onto disposable bamboo chopsticks or simply serve on rice with steamed broccolini and kecap manis.

- Recipe and image courtesy of Australian Eggs.

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by our carriage "hospitality attendant". Most people travel in gold class, where the seat converts into a bunk with the second bunk above and although the cabins might be small, the service and bedding are top quality. The en-suite bathrooms are pocket-sized but, with some planning, our bodies are washed with no injuries and our clothes remain dry. Really, it's not so difficult. Platinum class has "proper" beds if you'd like more space around you.

Central Australia is a flat, dusty, yellowish-brown land and there are more scrubby trees than we had expected, with a few cattle and an occasional kangaroo bounding along. Early birds will also see the intense orange sunrises.

The Ghan is 900 metres long with 36 carriages and in gold class there are nine cabins in a carriage, with each four carriages served by a lounge, restaurant and kitchen carriage. Our Outback Explorer Lounge is open from breakfast until late for whatever we want to drink and meeting fellow travellers. Train journeys are a sociable way to travel and all these train lovers are always interesting.

The seating system is impressive in the Queen Adelaide Restaurant, where lunch is two courses and dinner three. Sparkling cutlery and glasses sit on white tablecloths and the presentation of the food is mouth-watering. My fluffy goat cheese soufflé with a swirl of rosemary puree is perfectly cooked.

"Top-End barramundi is in-season," we are told, and it arrives grilled and delicious in a chicken broth. How do they do it in a rocking clattering train?

There are options for the all-inclusive off-train excursions. At Katherine, three hours from Darwin, we cruise through two of the 13 ancient gorges of Nitmiluk Gorge, where the sheer golden sandstone walls scattered with spindly bushes tower above us. If you have sharp eyesight you'll spot the birds and we all see the red-winged parrots. A freshwater crocodile lies on the beach.

A commentary explains, "...the significance of Nitmiluk to the indig-

enous Jawoyn people and the stories that celebrate their spiritual connection to the gorge..."

In Alice Springs we visit the Royal Flying Doctor Service and the School of the Air, where it is challenging to get my head around the vast size of Australia. The School of the Air's area of 1.3 million square kilometres is just a big circle in the centre of the map (NZ's total is 268,000sq.kms). From here, you can also fly to Uluru for an extra \$1200.

Four kilometres outside Alice Springs is the Telegraph Station, which was established in 1871 and is the original site of the Alice Springs settlement. It is a great place for a BBQ, but it's not just your everyday BBQ. The outdoor tables are laid with white tablecloths, full place settings, a three course meal and bottles of wine. Overhead, the clear dark twinkling sky is perfect for star spotting and the planets and major stars are found with a laser pointer. On the third day the train stops at the Manguri sid-

ing. Manguri is a small shed and a cluster of BBQ tables in the middle of – well – not much! The place is mostly flat and red from horizon to horizon, it's hot and it's silent. There are another three excursion options and then we all go underground in the opal mining town of Coober Pedy for lunch.

After travelling through the fertile fields of South Australia we arrive at the Adelaide terminal, from where passengers are transported by bus to the CBD.

**What you need to know:**

Cost: In June we paid \$4000p/p for a Gold Class cabin.

Best time to go: March to October.

Journey time: Four days/three nights. Distance: 2979 kilometres.

How to get there: QANTAS, transiting through Brisbane.

How to get home: QANTAS. Air NZ flies twice a week direct to Auckland.

## REVIEW: Organ Concert by Martin Setchell

Christ Church Anglican Church Whanganui - 2.00pm Saturday, October 19, 2019 - Reviewed by Leonard Cave

A superb concert was given on the organ at Christ Church Anglican Church last Saturday afternoon, October 19, by Martin Setchell who has recently returned to New Zealand from yet another very successful concert tour of Europe and Scandinavia.

The very appreciative but not large audience was treated to a varied programme, full of energy and colour, blending well-known and not so well-known pieces, into an attractive collection of works which complimented each other in their energy levels and their variety of sound.

Martin Setchell has the ability to make every piece sound as though it was written specifically for the sounds of the organ he is playing. No easy task when his programme covered a very wide range of styles. His mastery of registration treated the listeners to beautifully clear colours in the baroque pieces with inner parts wonderfully audible on one hand and excitingly full, rich sounds in the romantic pieces. The quieter passages, likewise always interesting, varied and stylistically appropriate.

Speaking intermittently to introduce the pieces in the programme, Martin was relaxed and informative, drawing the audience into a world of music which covered three hundred years. Anyone who was not at this concert missed a winner.

## ~ Golf results ~

**Golf - Castlecliff 9 Hole Club**

Thursday, 17 October, Stableford:

**Ladies:** Joanne Knapp 23, Rawinia Connors 21, Pauline Grant 20.

**Men:** Gerald Connors 22, Bob Windsor 19 c/b, George Flintoff 19.

**Raffle:** Pauline Grant.



# 'United Arab Emirates - is it utopia in the desert?' - talk on Sunday at Sarjeant

Dr Robert Pech lived and worked in Dubai and Abu Dhabi, the two main emirates of the United Arab Emirates (UAE) in the Middle

East for 13 years from 2006 to June this year. He will be speaking on 'United Arab Emirates - Is it utopia in the desert?' at the Sarjeant on

the Quay this Sunday, October 27 at 4.30pm as part of the Speakers for the Sarjeant series.

He says, "The UAE came together in 1971 thanks to Sheikh Zayed. He created a nation out of oil revenue and built housing, schools, roading and the entire infrastructure for the good of the nation." Robert contrasts this with what happened in Brunei, where he taught for three years prior to the UAE. "The oil wealth of Brunei has benefitted mainly the royal family. That is why the country

has only one public hospital."

Robert adds, "Sheikh Zayed was illiterate as was the case for all the other Emirati royals and so he brought in consultants to oversee the country's development." Today all the universities in the country use English as their main language and Emiratis are being trained to be in charge of the country's economy.

His talk will focus on "the evolution of the UAE from a poor nomadic existence to being the world's most

complete and wealthiest welfare state as well as the involvement of the foreign workforce, instrumental in creating and maintaining it."

While in the UAE, Robert was a professor, curriculum designer and researcher as well as a consultant in the private sector, working in the three main centres - Dubai, Abu Dhabi city and Al Ain. His work brought him into regular contact with Emiratis and says, "I loved the UAE and the places I lived and worked in. I found the Emiratis to be

open-minded and once they learnt to trust me, I was welcomed into the Emirati community."

He preferred Abu Dhabi, the capital and more conservative centre with a focus on the arts to Dubai which he describes "as a money grubbing, commercial centre more concerned with having the tallest and the biggest."

The country consists of mainly desert and is dependent on desalinated water as it does not have any surface water. With Abu Dhabi's oil wealth and Dubai's be-

ing a world significant financial and airline centre, the country can afford to pipe water long distances from the Persian Gulf or the Indian Ocean to meet the ever increasing demands for water.

Robert and Diane are now living in Whanganui finding "its old world charm and the friendly and generous people," appealing.

Tickets for the talk are \$12 or \$10 for Gallery Friends and Stars and can be purchased from the Sarjeant or by phoning 349 0506.



Dr Robert Pech

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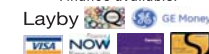
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# Cancer Society

Te Kāhui Matepukupuku  
o Aotearoa

# Upcoming Fundraising Events

Golf 🌟 Cricket 🌟 Raffles 🌟 Marathons

## New fundraiser and events organiser for Cancer Society

Emma Anderson is the new Fundraiser and events organiser for the local Cancer Society, having started in early September. She has a big job to do as it costs close to \$400,000 to keep the Whanganui society operating and helping out all those with cancer.

She comes from a background of film, TV and photography and has completed a Bachelor of Communications from Massey. While in Palmerston North she organised events for their Hospice and since coming to Whanganui with her husband Paul, who is the Manager of Electrical items at Harvey Norman, she has volunteered at schools running disco music.

Paul is a cancer survivor having had lymphoma in his 20s and since then has become a strong supporter of the Cancer Society. Harvey Norman is a business partner with the Society.

Understandably, Emma

was very happy to get this job and is already working on a variety of programmes to raise the needed funds. She says, "We receive about 20% of what we need through grants and another 10% through bequests." She adds, "It is best for us if these bequests are donated specifically to help the Whanganui Cancer Society meet our operational costs."

### Christmas Raffle

The annual Cancer Society '12 Days of Christmas' raffle will be launched by the end of this month. Emma advises, "We are just finalising the prizes." Tickets will cost \$10.

### Golf, Dinner and Dancing on Saturday, November 16

Balance Accounting are organising a 'Golf, Dinner and Dancing' event to raise funds for the Society on Saturday, November 16. It will be a four person Ambrose Tournament at a cost of \$200

per team. Following the game and the prize session for the best dressed team, (wearing yellow is a must) for stableford and just for random prizes, there will be a BBQ dinner, charity auction, music and dining.

It is at the Wanganui Golf Club and the golf will start at 12 noon. To register a team or just to attend the evening function, contact Brooke at Balance on 348 0062.

### Twilight Cricket Tournament this summer

A new initiative being organised by Emma and Cricket Whanganui is a twilight cricket tournament on Mondays starting in late November and running for eight weeks through to the end of January with a break for the holidays.

It is for teams of eight with 6 players on the field. The game will consist of 12 overs and the first set of games will be at 5.30pm and the second at 6.30pm. The games will be played at Springvale Park. Emma says, "We will arrange food carts so participants and spectators can relax while playing and/or watching. On the final evening there will be a prize giving and an auction."

Emma hopes the tournament will become an annual event. It is for businesses or just a social event for friends and contacts. It is for both males and females. Registration of teams can be done on the CricHQ website. The cost is \$50 a player and the proceeds will be shared between Whanganui Cricket and the Cancer Society.

**'Marathon in a Month' fundraiser**  
There will be a few



Emma Anderson - new Fundraiser and events organiser for the local Cancer Society

changes for next year in terms of fundraising. The annual Relay for Life will now be held in November. It is currently for 12 hours but there could be a return to overnights. Emma says, "We want to reinvent the occasion without losing the mean-

ing."

Replacing the Relay for Life in March will be 'Marathon in a Month.' Daffodil Day will remain at the end of August but the month long 'Paint August Yellow' with the pop-up shop and other activities will remain.

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# Bluegrass Bass Player of the Year Award winner in Whanganui, November 3

This year, Missy Raines won the Bluegrass Bass Player of the Year Award at the International Bluegrass Music Awards – she has claimed this

award a record breaking eight times. Her group, The Missy Raines Trio, is coming to Whanganui as part of her Australia/New Zealand tour on Sunday,

November 3. Her concert here is thanks to her Manager, Vanessa McGowan, who has had a long association with Whanganui. It

is being arranged by the Sarjeant Gallery and the concert will be at the Whanganui Musician's Club, 65 Drews Avenue starting at 4.30pm.

Tickets are \$20 from the Sarjeant Gallery or by phoning 349 0506. Door sales are \$25. There will be a cash bar during the interval.

At the International Bluegrass Music Awards – Missy Raines' recording of "Darlin' Pal(s) of Mine" from her new album Royal Traveller, was also named the 2019 Instrumental Recorded Performance of the Year. Released in October of 2018 on Compass

Records, Royal Traveller was called "Unerringly affecting and exquisitely executed" by Bluegrass Today.

The first single from Raines' album, "Swept Away", released in early 2018, was awarded the 2018 IBMA Recorded Event of the Year and featured a new collaboration of the five women, known as 'The First Ladies of Bluegrass,' who were first to win the IBMA instrumental awards in

their categories. The Missy Raines Trio, features guitarist, Ben Garnett and fiddle player, George Jackson. George is from New Zealand and is a former member of international trio One Up, Two Down and Australian Bluegrass outfit, The Company.

For more info see [www.missyraines.com](http://www.missyraines.com) and her album is available for streaming or downloads on all regular music platforms.

## Light Party - a positive alternative to Halloween

Faith Community Church has been organising a 'Light Party' for "at least 10 years," says Pastor Ben Hoyle. "It is a community event providing a positive alternative to Halloween." Instead of dressing up in scary costumes and knocking on strangers doors asking for sweets, the Light Party is a totally safe space for kids. It is on Thursday, October 31 from 5.30pm to 7pm.

It is also very popular. Ben says, "Our biggest year attracted about 1400 people." As a result they have ordered 4 to 5 bouncing castles, especially the large 'Titanic' ones. There will be plenty of games and activities such as face painting, mini putt, some form of 'apple bobbing,' craft work, carnival games and all of this is free. There will be pancakes and a sausage sizzle for a nominal 50 cents charge.

As a bonus for the parents and caregivers, there will be an 'R18 Café' where they can relax.

Parking could be an issue so either come



early or be prepared to do a bit of walking. Maori Wardens will be there to supervise but please don't park on Cathro Road as it can make it unsafe for the residents.

Ben enjoys being part of the Light Party as

he believes "as New Zealanders we don't celebrate well. By contrast in the USA they have opportunities to celebrate for Thanksgiving, Martin Luther King Day and Veterans Day among others. But we crave opportuni-

ties as is seen at Christmas when many churches are packed out."

"Come dressed up," suggests Ben. "Wear something bright and cheerful. Be a superhero or even an angel or a fairy."



Missy Raines (centre) with George and Ben

## Winners for Moscow Circus double passes

Congratulations to: Ra-Kell Bayly, Lovely Brunola, Elisabeth Bunn, Devanee Burgess, Tony & Nola Clark, Joanne Collins, Sara Cooper, Suhair Hamandi, A. Healy, Harper Laird, Hollie Laird, Mr & Mrs J. Maidens, Catherine McMurray,

Amaria Picard, Karin Schmitt, Kirsty Singleton, Candy Stevens, Justin Todd, Sonya Wadsworth, Sara-May Wright.

Thank you to everyone else who entered. Watch out for more competitions over the next few months.



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## Summer evening cooking with Community Education

Adam, Chef at Cuban Belle, will be leading two evening cooking classes at Community Education in November and December in time for class members to have some tasty recipes up their sleeve for summer evening cooking, especially on the BBQ.

The first class is on Thursday, 28 November, for savoury food – finger foods and BBQ snacks. He will demonstrate a pork sauté meat ball dish with a crushed chilli dip. Another dish is a goat's cheese cream crostini with homemade cured salmon. He says, "It is a simple dish but you have to leave it in the fridge for two days." He adds, "curing meats is a passion for me."

The second class is on Thursday, 12 December and will cover sweet dishes. They include plum shortcake and sweet potato beignets, which is a New Orleans dish. Another sweet will be a lemon cream tart. Both classes go from 6pm to 8.30pm. Adam will demonstrate, provide recipes and answer questions through to 8pm with the last 30 minutes devoted to eating.

The classes will be in St Pauls Church kitchen, which is off Guyton Street and is a large modern kitchen with plenty of space.

Adam was trained on the job at "the fanciest



**Chef and teacher Adam**

restaurant in Taupo," after which he travelled to Australia, then England, using his cooking skills to work in different places. He came to Whanganui at the beginning of this year as his partner, Briarlee, got a job at the Whanganui Glass Works.

He says, "I am really looking forward to these courses. It should be great fun. Hopefully participants will get the

confidence to try out the recipes for themselves."

The plan is to have more classes with Community Education next year giving participants the chance to build on their cooking skills. In the meantime he recommends – "Read the whole recipe first before starting to cook."

For more information, contact Community Education on 345 4717.

## Increased numbers attended this year's Literary Festival

Mary-Ann Ewing, Chair of the Whanganui Literary Festival describes the recent event as, "The successful culmination of 12 months of planning and organisation and an extremely enjoyable 10 event." She adds, "It was rewarding to see that the Festival was so well supported, particularly by Whanganui people themselves."

Each session over the main weekend had an increase in numbers from the last Festival in 2017. Over 100 people attended the talks of authors Joanne Drayton and Fiona Kidman. There was also a 'Fringe Week' leading up to the main weekend. Activities such as the Literary Quiz, the Literary Walk, and Dinner with the Stars had full to capacity attendance. There were also two book launches as well as an art exhibition.

The authors themselves were not only impressed with the Festival but also with Whanganui, enjoying their accommodation at the Rutland Arms and the heritage architecture of downtown Whanganui. Author, Cath Bishop said, "Congrats on a great festival...I loved being part of the book weekend and meeting Fiona Kidman was something else."

Another author said, "Thank you so much for inviting me ...I was made to feel wonderfully welcome and especially relished being able to meet



**Leah MacFell with Mary-Ann Ewing**

and mingle with readers." Comments from the public included:

- Loved the exposure to different literary genres
- Superb organisation – ran to time
- Diverse events for all to enjoy
- All excellent, the venues and calibre of local and visiting artists.

The authors raised some interesting issues. Mary-Ann explains some of them:

Leah MacFell said she writes about the everyday, about suburbia. It is a misnomer to think that drama happens only in extreme

situations. In fact a lot of important things happen in the suburbs. She believes that while the closure of the Wellington Library will be a real loss to the community, the suburbs can offer real community spirit through libraries, community spaces and local cafes.

Ron Palenski made the point that Keith Murdoch, the All Black dismissed from the UK tour in the 1970s, would receive more support these days if he was an All Black struggling with the pressures of being a rugby star.

Tina Makereti spoke of

the need to write entertaining works of fiction for people to read but also the need to confront the public with some of the deepest human dilemmas.

Mary-Ann said, "I really felt the community spirit during the Festival – it was a real sense of excitement and people making the most of the events on offer." She thanked 'our volunteers and hard-working committee' as well as the support by local businesses such as Inkt, Article Café, Space Studio & Gallery, Stellar Restaurant & Bar and Paiges Bookshop.

## Aramoho Rowing Club - club day this Saturday



**Kerri and Jackie Gowler world championship winners**

The club day is traditionally a fun event where members of all ages and classifications get together for a couple of trophy races, a BBQ lunch and general club comradery.

Two current world champions, Kerri and Jackie Gowler, will be participating and they will be willing, after the races, to share their stories of success and what it takes to be a champion.

All club members are requested to assemble at 9.00am sharp unless your coach requests an earlier start to assist with set up. There will be two trophy races – Coxed quad and sweep eights. Participants will write their name indicating preference for bow side /

stroke side. Crews will be drawn out of a hat (this means mixed crews of male and female and novice through to senior and Masters).

The 800m races will start at the 1000m mark on the Aramoho 2000m course and finish at the pontoon in front of the club sheds concrete apron. Heats and finals will be raced depending on entries.

Now for the important stuff – the BBQ lunch will be provided by the club from midday and family, friends and supporters of AWRC are encouraged and welcome to attend.

The day is scheduled to finish by 2.00pm.



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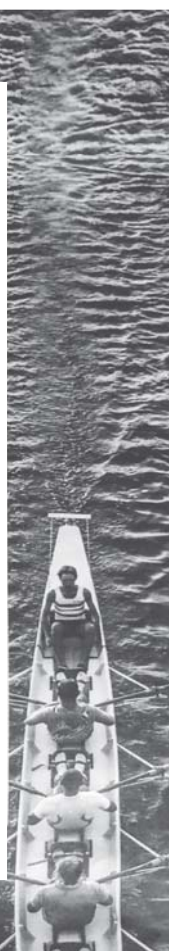


Photo courtesy of 'Rowing Celebration'

**NZ Women's 8 World Champions**  
Jackie Gowler (2nd from right) & Kerri Gowler (4th from right)

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## Five fun facts about massage

### 1. Massage is mood enhancing.

Having a massage calms your nervous system and alters your body chemistry. Most of us are soaking in highly corrosive adrenaline and cortisol daily. Yes, we get stuff done, we juggle all our balls at once, but we eventually break down at whichever happens to be our weakest point. When you have a massage, you walk back out into your day flooded with serotonin, endorphins and dopamine; all the happy, life-giving, healing, mood-enhancing chemicals and hormones. You feel calmer, braver and more resourceful. That has got to be excellent news.

### 2. Massage removes cell waste, or toxins from your system.

Every living cell produces waste products, which can build up in our bodies, aging us and making us unwell. If you

happen to be one of those people who avoids massage because it tends to give you a horrible headache or makes you feel queasy, then I'm sorry to say you are one of those individuals who actually need it most. Massage stirs up the sludge sitting in your tissue, just like stirring up mud in a pond. And if your personal pond is becoming a little polluted, then flushing it all out may not be a fun process. Welcome to your body!

### 3. Massage improves circulation.

Blood flow to all our muscles, organs and particularly our brain, is essential. In fact, without it we would die. If the flow of this life-giving substance is insufficient in any part of our system, aging and dysfunction set in. Maintaining good blood flow to every area of your body means every one of your cells is warmed, oxygenated

and has waste carried away and sent to the waste disposal departments. Arteries are like the body's main highway. White blood-cells cruise this highway like traffic officers looking for potential offenders. When these cells, which are known as lymphocytes, detect an injury or an infection, they are able to slip out through the blood vessel wall into the surrounding tissue, grow legs and crawl to wherever they are needed.

### 4. Massage relaxes tight muscles.

The chemical process which releases muscles back to their correct resting length is much more complicated than the muscle-firing reflex. This is great news when we need to sprint away from a sabre-toothed tiger. It's not such great news when we start aging and find our body makes less of this muscle-releasing chemical. We may find that living inside our own skin starts to feel like wading through glue and we end up looking as though we are entering the early stages of rigor mortis. Any massage therapist should be super familiar with muscles. This means



that as well as freeing up tissue and releasing tight muscles, they should also be able to advise you on which areas to strengthen, and which to focus on stretching.

5. Sometimes, massage is actually bad for you. If you have only just picked up a cold or flu virus, leave it for at least four days before going for a massage. Massage can spread a virus systemically and make you a lot sicker than you would have otherwise been. The same applies to some cancers. If you have any health concerns at all, always check with your doctor before having a deep tissue massage. For most of us, having regular massage is a wonder-

ful way to maintain and enhance wellness. Health really is the new wealth.

- By Aydie Holland @ Well Connected Massage Therapy

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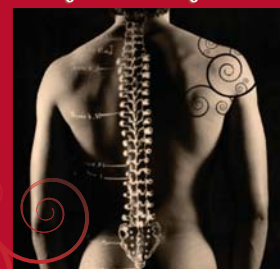
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# Spring Challenge Whanganui attracted 480 participants

The iconic Spring Challenge women's adventure race was held for the first time in the Whanganui River region, with the 480-participants spread over the 145 teams treated to what many have termed a magical adventure experience in a unique location.

The course was held in the Atene and Parikino areas, which included a rafting stage down the river, a gorging trip through the Whakaihu-whaka canyon, then mountain biking and hiking near Tiroiro.

The teams of three or four women took part in the three, six and nine hour events, which tested their ability to navigate through the course using only maps and compasses.

The first race start was at 6am for the experienced nine-hour



At the start of the Spring Challenge Women's Adventure race

teams. As they waited for the daylight, the local iwi representatives performed a karakia and blessing, which was welcomed by the teams

and set a special tone for the entire event.

Once underway, the teams had a 1.5 kilometre run to the rafts, for a 9.5 kilometre rafting stage, followed by a five km run. This led to a 22 kilometre multi-stage that had some foot orienteering loops along with biking. The winning team won in an incredible time of 6-hours and 33-minutes.

The largest category, the six-hour race, started at 9am following the same route but moving directly onto their mountain bikes for a highlight stage with exciting descents and some majestic views looking into the Whanganui River valley. The winning team took four hours and 35 minutes.

By midday, with 100 teams already racing, it

was time for the three-hour category to start. The three-stage, 19 kilometre short course was won in two hours and 30 minutes.

The race finished at Parikino and teams enjoyed a hangi cooked at the local marae.

Race Director, Nathan Fa'avae concluded: "Every location we take the Spring Challenge events to is special in its own way, but every now and again we have a race that is extra special. I think we had that in Whanganui, as it was much more than a race; it was an experience on many levels. The local community have made this event magical and they should be very proud."

Among the event sponsors were Whanganui & Partners.

# 'One Last Deal' - U3A Cinema Group film next Wednesday



A scene from the film 'One Last Deal'

'One Last Deal' is about family dynamics, the shady dealings of the art world, the passage of time – all blended to pose questions about how life is lived – and there aren't any easy answers. It is showing as part of the U3A Cinema Group on Wednesday, October 30 at 10.30am. Everyone is welcome.

Art dealer, 72 year old Olavi, has spent his lifetime in the business. Time, however, has moved on. His shop is no longer in the right part of town, his product is no longer sought after and his clientele is diminishing. As retirement beckons, the need for one last deal that will carry him over

becomes imperative. A painting in an auction house catches his eye. Is it, in fact, from the easel of the famed Russian master, Ilya Repin?

And here a simple story spreads its tentacles into a past life that calls in question the kind of man Olavi is. His involvement in his business has been single-minded to the neglect of his daughter and his grandson Otto, whose arrival on the scene from a generation totally foreign to Olavi, adds an initial complication that ultimately works to the benefit of both.

'One Last Deal' (95 mins), directed by Klaus Haro, has been well regarded by the critics.

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## Free public Theosophy talk on 'the ego'

We have another public talk for Theosophy, Sunday 27 October at 2pm with Jacques Mahnich of the Theosophical Society in France 'The ego (its constitution, its process and its transformation).

Jacques Mahnich spent his professional career in Aeronautical Engineering Industry, specializing in Aircraft Powerplant Systems. He is a regular member of the French Theosophical Society, Adyar, since 1978 and of the Theosophical Order of

Service - France. He is the founder of a Theosophical Study Group in the South of France and he supports regular theosophical training courses and conferences.

Involved in theosophical activities at the international level, he is a member of ITC (International Theosophical Conferences Inc.), a worldwide lecturer, the co-founder of a web blog dedicated to the search for the origin of the Stanzas of Dzyan <http://prajnaquest.fr/blog/> and

the co-founder of a web-based Project <http://theoscience.org> which publishes a quarterly review of 'Researches Relevant to Theosophy'.

Next talk, 3 November, Sunday at 2pm. Venue Community Arts Centre, 19 Taupo Quay, back river entrance in Awa room. All welcome. Free entry (gold coin donation appreciated). Refreshment provided afterwards. Enquiries to Kirsty theosophywhanganui@gmail.com or text 0212123819.

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## THURSDAY 31 OCTOBER

Cars on display at Queen's  
Park from 5pm-6.30pm  
(Approximately)

Targa NZ is a road race series in which competitors race against the clock in 'Special Stages' and compile points over each race leg (up to eight per day), to arrive at a series champion. Targa 2019 is the 25th year for the Rally.

It starts on Labour Day in Taupo and heads off to Otorohonga, Whangamomona, Stratford and on Thursday, October 31, they will be in Whanganui. On Friday, November 1, they move off to Taihape and Palmerston North. After driving to Dannevirke on the Saturday, they return to Palmerston North to complete the rally.

At each of these locations, there will be a Vintage Car Club Time Trial run in conjunction with the Targa Rally. This is for cars over 30

years old to meet VCC conditions but is open to any road registered vehicle. Unlike the Targa Rally, the time trial is not a speed event. Drivers have to cover the distance at a speed as close as possible to the required time instructions. It appeals especially to those who have previously participated in the Targa Rally and now want a more sedate approach.

The local VCC along with the Wanganui Road Rodders Club has done the organisation and will do the marshalling for what they are calling 'The Bushy Park' stage. The roads around Brunswick will be closed from 8.30am to 8.10pm and all residents affected have been notified. The event will start at 1pm and the public should follow the signs and not come onto the roads



Paddy O'Donnell's vehicle - One of the local competitors this year

where the racing takes place.

The Targa cars – the big flashy ones – will come to Queen's Park by 5pm for about an hour and the public is welcome to come and have a look. The vintage cars will arrive about 30 to 40 minutes later.

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# MITRE 10 HEARTLAND CHAMPIONSHIP MEADS CUP FINAL

# Steel VS

In Oamaru this Saturday

## Will Whanganui take out the finals to become the Heartland

- By J B Phillips  
Halfback and hooker are two very specialist positions in a rugby team and Lindsay Horrocks and Roman Tutauha will be key players when Steelform Whanganui goes in quest of an eighth Heartland championship title in Oamaru this weekend. If the Butcher Boys can beat North Otago in the televised Saturday Meads Cup final it will be a fifth Heartland gold medal for both Horrocks and Tutauha who have helped Whanganui beat the Old Golds in the last five matches between the two unions. Whanganui won 27-22

in the recent qualifying round game in Oamaru to follow up away wins in 2015 (20-10) and 14-12 in the 2014 Lochore Cup final and local success in 2017 (10-8) and 2014 (20-15 in the qualifying series). As the scores clearly indicate there has been very little between the two unions, who have the distinction of both having qualified for the Meads or Lochore Cup play-offs in all 14 years of the Heartland competition. They have clashed in 13 Heartland fixtures since 2006, including three finals, with Whanganui winning eight times, scoring 286 points and

conceding 283 – a differential of just three points. Overall the unions have met 30 times since 1930 with the Butcher Boys winning 22 times at an average winning score of 28-19. North Otago won at home in the 2007 (25-8) and 2010 (39-18) Meads Cup finals and Whanganui won the Lochore final 14-12 in Oamaru. This weekend they meet again in a Heartland final with the visitors seeking a seventh Meads Cup and eighth Heartland title and the Old Golds hoping to improve on two Meads and two Lochore titles. For Horrocks (69 caps) and Tutauha (71), seeking a sixth straight victory against North

Otago, it will be five Heartland titles each if the Butcher Boys win this weekend. They were in winning Meads Cup sides in 2015-16-17 and in the 2014 Lochore Cup champion team. Also, after a fifth Heartland title each, are lock Sam Madams (59 games) and utility reserve forward, Samu Kubunavanua (37) who were also in champion winning teams since 2014. The quartet will join former skipper Peter Rowe, now a technical advisor with the Butcher Boys, as five-times Heartland title winners. Whanganui's top medal winner is former hooker, Cole Baldwin (105 games) with seven

championships – Meads in 2008-09-11-15-16-17 and Lochore 2014. A deserved 20-15 revenge de-throning of Thames Valley in Paeroa last weekend when the Swamp Foxes were held try-less for the first time in 42 matches since the start of the 2015 season, booked Whanganui's passage to the 2019 Meads final. The victory came after a sustained forward battle, solid defence, two fine tries from Vereniki

Tikoi-solomone and 10 points from the accurate boot of fullback Nick Harding. Pacy winger, Tikoi-solomone, is the top try scorer in the competition with 12, two off the NZ Heartland record set by Whanganui's Pati Fetuia in 2006. The Butcher Boys have scored the most tries (46), most points (314) and have the highest points differential (115) of any of the 12 Heartland unions. The Old Golds have scored

35 tries, 268 points and have a 77 point differential. Tikoi-solomone (12), utility back, Tyler Rogers-Holden and front rower, Raymond Salu (5 each) and hooker, Horrocks (4), are Whanganui's highest try scorers with Harding (49) and first five, Dane Whale (38) the main goal-kickers. Veteran prop, Ralph Darling (6), English winger, Howard Packman (4) and, front rowers Melikisua

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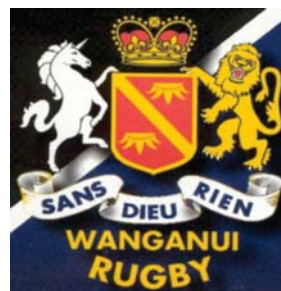






# Perform Wanganui vs North Otago

Thursday 26 October - Live on Sky TV at 3.05pm



## Heartland Champions again? Previous Wanganui versus North Otago results

Kolinisau and Sam Sturges (3 each) head the North Otago try scorers with halfback, Robbie Smith (94 pts) the goal-kicker. Brute forward strength is a main ingredient of the home team with the forwards scoring 20 of the side's 35 tries and the pack forcing opposing teams into making mistakes within the kicking range of Smith. North Otago loan players from Otago are flanker, Jacob Coghill, 1.96m, lock William Kirkwood and inside backs, Michael Williams and George Witana. Wanganui led 27-10 until late in the game



on the recent visit to Oamaru with the hosts picking up two late tries

to close to within 5 pts. The major difference this weekend is that it is sudden death with the number of tries or winning margin not so important as was the case in the qualifying rounds. North Otago lost two matches – 22-27 at home against Wanganui and 17-18 in Greymouth against top Lochore Cup qualifiers West Coast – on successive weekends. Main scalps were 26-20 v South Canterbury in Timaru on opening day, 25-11 in Dunedin and 27-25 at home in the semi-finals v No 3 qualifiers Wairarapa-Bush

and 22-21 v defending champions Thames Valley in Oamaru. Wanganui recovered well after losing 18-28 away to Wairarapa-Bush, 30-36 home v Thames Valley and 21-22 away v Buller to win six games on the trot and qualify for the final. Saturday will be the 12th time in 14 years Wanganui has contested a Heartland final and the eighth final for North Otago. The televised final starts at 3.05pm. West Coast hosts South Canterbury in the 2.30pm televised Lochore Cup final on Sunday.

1930 - Oamaru / Wanganui 8-6  
1937 - Wanganui / Wanganui 33-13  
1955 - Wanganui / Wanganui 17-12  
1956 - Oamaru / Wanganui 6-3  
1973 - Oamaru / Wanganui 26-13  
1980 - Wanganui / Wanganui 65-4  
1985 - Wanganui / Wanganui 23-6  
1988 - Oamaru / Wanganui 52-10 NPC Div 3  
1989 - Wanganui / Wanganui 33-6 NPC Div 3  
1992 - Oamaru / Wanganui 67-19 NPC Div 3  
1993 - Wanganui / Wanganui 48-3 NPC Div 3  
1994 - Oamaru / Wanganui 73-13 NPC Div 3  
1995 - Wanganui / Wanganui 40-18 NPC Div 3  
1996 - Oamaru / Wanganui 20-15 NPC Div 3  
2002 - Oamaru / North Otago 73-3 NPC Div 3  
2004 - Oamaru / North Otago 52-35 NPC Div 2  
2005 - Wanganui / North Otago 31-28 NPC Div 2  
2006 - Oamaru / Wanganui 49-37 Meads Cup  
2007 - Wanganui / North Otago 39-16 Heartland  
Oamaru / North Otago 25-8 Meads Cup Final  
2008 - Wanganui / Wanganui 19-8 Meads Cup  
2010 - Oamaru / North Otago 21-16 Meads Cup  
Oamaru / North Otago 39-18 Meads Cup Final  
2012 - Wanganui / Wanganui 39-22 Meads Cup  
2013 - Oamaru / North Otago 27-15 Heartland  
2014 - Wanganui / Wanganui 20-15 Heartland  
Oamaru / Wanganui 14-12 Lochore Cup Final  
2015 - Oamaru / Wanganui 40-10 Heartland  
2017 - Wanganui / Wanganui 10-6 Heartland  
2019 - Oamaru / Wanganui 27-22 Heartland  
Matches Played – 30; Wanganui won 22; North Otago won 8; Wanganui 851 pts, North Otago 582; Average Score: Wanganui 28-19, Heartland Games – Wanganui 8 wins, 5 Losses. Pts for 286 Ag 283. Average score – 22 – 21.8.

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**Wanganui vs North Otago**  
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World Cup Semi Final  
**All Blacks vs England**  
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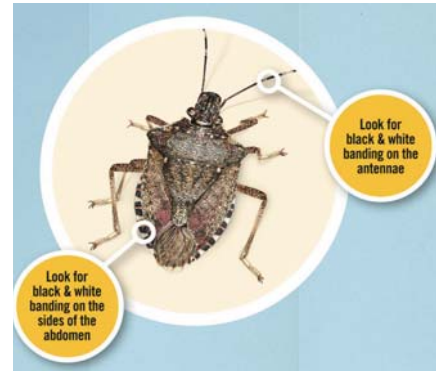




# WORLD STROKE DAY

October 29

## Check your luggage for stink bugs



Biosecurity Minister, Damien O'Connor, is warning travelling Kiwis to be vigilant as the high-season for the crop-eating brown marmorated stink bug (BMSB) is underway.

"We're on high alert to stop BMSB arriving in NZ. The high season runs until April 30 and we've strengthened our measures to stop the stink bug establishing itself here," Mr O'Connor said.

"It's an especially timely reminder for those travelling to Rugby World Cup matches. A recent swarm of green stink bug and yellow spotted stink bug have occurred in Kobe, Japan.

"Biosecurity NZ staff based there will continue to ensure we have the right measures in place. We want to keep the risk offshore as much as possible.

"It's a sneaky pest that we've caught at the border many times, hitchhiking on passengers and in imported goods. They're a damaging economic pest and a significant household nuisance.

"In the past few months we've increased the number of additional BMSB risk countries from 16 to 33 and we've upped our mandatory pre-arrival treatment requirements for targeted vehicles, machinery and parts."

Mr O'Connor said Biosecurity NZ was working more closely with its Australian counterparts to identify risk offshore and co-ordinate their actions.

"We're also sending Biosecurity NZ staff overseas to visit and audit treatment providers, shippers and freight forwarders in Europe.

"Elsewhere, we've made it clear to all cruise ship operators that they have to show they've taken measures to prevent pests arriving here by using our accreditation system and we're working on hi-tech scanning equipment to find the bug in luggage and mail.

"We have three dogs trained specifically to find stink bugs.

"No biosecurity system is 100 per cent fool proof and observant Kiwis have spotted the bug post-border in the past four years, though no breeding population have been found. I thank them for it and ask people to report any possible sightings to Biosecurity NZ. We need a biosecurity team of 4.7 million. We all have a part to play.

"I also want to thank all the international airlines who arrive in New Zealand for playing our new biosecurity video before arrival. The only airline that's been slow to play it on each flight is Air New Zealand, which is deeply disappointing from our national carrier. I very much hope it will be uniform across all their flights soon."

For more information visit the Biosecurity NZ website.

## Circus delayed

"Due to the High Winds and the current weather we are experiencing we have been delayed in setting up the Big Top.

"Unfortunately we are having to postpone our opening night until Friday 25th October, 7:30pm."

Please be advised ALL ticket holders with tickets to Thursdays show must bring their tickets to the onsite box office to change over for the new Opening Night.

Ticket Holders can call the box office on 0272247287 should they have any queries.

"We apologise for any inconvenience."

## Beryl honoured by highest award from Stroke Central



Beryl with her trophy and certificates

Beryl Fishlock's husband had two heart strokes before he turned 60 and then he was made redundant. So, they decided to shift from Wellington to Whanganui for a "less stressful life and a good retirement." However, after a few months here, Bill had a "massive stroke."

Beryl says "That changed our lives dramatically. I knew nothing about strokes and so it was very helpful when I was told about the Stroke Foundation of NZ Wanganui. I attended with Bill and soon after I was elected President." The name changed to Wanganui Stroke Support Group.

Bill recovered from his stroke but there were other complications. Beryl became his caregiver for 10 years until Bill went into a Rest Home.

Apart from a break of two years, Beryl remained President until August 2016 and even then remained as a

committee member. "In 2003 I was elected as the Whanganui representative to Stroke Central Regional Council and in 2012 was made a life member."

She became Vice President and when President Steve Davies was ill, she became acting President, and then in 2015 she was elected President. After three years she stood down for her own health reasons but remained on the board as immediate Past President for another year.

At the recent 40th celebrations for the organisation Beryl was given the Steve Davies Leadership Award, being only the third person to be given this award. The citation said that Beryl is "the epitome of the type of volunteer every charity would like to have in support of their organisation. No one is more deserving of the Steve Davies Award. We honour her with our highest award."

They also awarded her father, Jack Wakefield,

a Certificate of Appreciation for his "support, patience and advice given."

Beryl says, "Stroke affects the whole family. Your life can be thrown into disarray. 9000 New Zealanders have a stroke each year, with many of them young people. The Stroke group provides a social outlet when you get out of hospital. It is too easy to feel isolated and become withdrawn." They have a monthly social afternoon with entertainment or a speaker. "It is a fun afternoon," Beryl adds, "with no talk about strokes."

They have a field officer who will visit in hospitals or homes and provide referrals to other agencies. She is paid by Stroke Central which relies on donations and grants and support from Health Boards.

## World Stroke Day

World Stroke Day is observed on October 29 to underscore the serious nature and high rates of stroke, raise awareness of the prevention and treatment of the condition and ensure better care and support for survivors.

A stroke happens when blood supply to part of the brain is cut off. Without blood, brain cells can be damaged or die. A stroke can happen to anyone, at anytime and anywhere. Today stroke is the leading cause of disability worldwide and the second leading cause of death, but almost all strokes could be prevented.

This year 14.5 million people will have a stroke, 5.5 million people will die as a result but 80 million people have survived stroke worldwide. Many stroke survivors face significant challenges that include physical disability, communication difficulties, changes in how they think and feel, loss of work, income and social networks.

The individual lifetime risk of stroke is currently 1 in 4 but stroke can be preventable. For more information go to <https://www.worldstrokecampaign.org>

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## STROKE Central Region Inc. Partners in Recovery

### Wanganui Stroke Support Group

Enquiries welcome.

President, **Bobbie Bryce**

**Phone 348 9414 or 0272 554 979**

Secretary/Treasurer, **Judith Massey**

**Phone 348 9554**

Field Support Officer, **Belinda Arundel**

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FINANCIAL  
SERVICES





# SPECIALISED SERVICES

## Taylor'd Gas and Plumbing - also accredited HEAT IQ installer

Daryl Taylor transferred to Whanganui from Palmerston North about 20 months ago and brought over his plumbing, gas and drain laying business with him. While he still does work in Palmerston North with a team of builders and electricians, he is busy building up business closer to home and he is steadily gaining more local clients.

He is a certified plumber, gasfitter and drain layer and does both domestic and commercial renovation work.

HEAT IQ has given Taylor'd Gas and Plumbing accreditation as a preferred installer. HEAT IQ is a nationwide supplier of gas and diesel central heating systems. Their

head office is based in Whanganui. Daryl says, "HEAT IQ brings in the hardware from Europe and it is of the highest quality, easy to install and maintain." He adds, "Their technical back up and service is amazing.

They are very good to work with." The heating can be provided through radiators or underfloor systems.

Diesel powered central heating is a good option, Daryl advises, especially for houses where there is

no natural gas available. He says, "Diesel is very efficient and puts out a lot of heat in a short time frame. The latest technology is particularly good." He gives an example of a large rural property where he put in 18 radiators and

hot water heating, saying that it is more efficient for this application than LPG due to the homes large area and hot water consumption.

A HEAT IQ gas central heating radiator system includes a gas boiler, insulated pipe system and thermostatically controlled radiators with digital time and temperature programmer, complete with a five-

year boiler warranty. It is a good heating option and it is starting to take off in Whanganui with Daryl gaining a number of clients.

For central heating options as well as general plumbing, gas fitting and drain-laying, contact Daryl on 027 466 9808. - Daryl Taylor, owner of Taylor'd Gas and Plumbing

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metres by 6 metres."

Kerry and Lee-Anne have added other services more recently such as pruning and small tree work up to five metres in height. Higher than that, they call upon arborists.

Kerry makes sure that the roots are removed

as best as he can as well as the stump to ensure no regrowth, especially if concrete is to be laid. He promises, "You will never know a tree stump

had been there" after he has completed the job. This includes cleaning up and removing any rubbish. He has been known to wash down the

house to get rid of any dust.

Kerry has a flexible approach to jobs and will happily take away other cuttings and offer to do

small jobs he notices while on the property.

They have been working seven day weeks and three of their four machines are in constant use. But Kerry says, "I enjoy the work. You have to, to make a decent job." He tries to provide

a quote within 24 hours of being asked and will aim to have the job completed within seven days. He also offers special rates for pensioners. They also do work out of Whanganui to places like Palmerston North and Marton.

### STUMP GRINDING



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# 'Last Chance to See' - Vorn Band at Lucky Bar, November 2

The Vorn Band is on tour around New Zealand and will be in Whanganui at Lucky Bar on Saturday, November 2 as part of their 'Last Chance to See' tour. The reason for the title of this tour, Manager and drummer Nick Brown, explains is that, "lead singer, Vaughan (Vorn) Colgan, has been diagnosed with stage 4 melanoma and the band are heading around NZ to play as much as we can while we can."

The tour has started well with a sold out San Fran Bath House in Wellington on Sunday night attracting 350 people. "Vaughan is doing ok," says Nick. "He is the key

to the band which includes Thomas Liggett as well." The band was named after Vaughan, who introduced himself as Vorn when people overseas found his real name difficult to spell.

They play indie - pop - rock songs, all written by Vaughan, with an eclectic approach which includes a bit of hip-hop influence. Other important influences include classic kiwi bands such as 'The Front Lawn.'

Nick adds, "Vaughan is a great front man, full of fun and able to write quirky songs." He has been in the music business for over 20 years, doing music teaching as well as playing and singing in other Wel-

lington based bands. Nick and Thomas both work for NZQA and play music when they can. Nick says, "We are all very good friends and we do it for fun."

Lucky Bar is in Wilson St. The doors open at 8.30pm and the band starts punctually at 9pm. They have a support act and the show will continue through to 11pm. Tickets cost \$15 and can be purchased online or at the door. They will be playing every weekend in November in various parts around the country.

**Thomas, Vorn and Nick**  
- Credit Ebony Lamb



**Plumber Dan**

# DUCK RACE



**9 NOV  
2019**

Tickets available from  
Jigsaw Whanganui, 236 Victoria Ave  
Plumber Dan, 176 Victoria Ave  
Footloose Shoes, 90 Victoria Ave

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## The Duck Race returns - November 9

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The Plumber Dan Duck Race has to be the highlight of the year. Up to 2000 yellow plastic ducks are thrown overboard on the Dublin Street Bridge and are required to swim down to the PS Waimarie Jetty, next to the River Market site. The winning duck earns for its 'owner' \$1000 provided by Plumber Dan and this year there are also 2nd and 3rd prizes. Second prize is \$500 sponsored by Green Pastures Camp

and Rees Engineering and third prize is for \$250 and is sponsored by Spooner, Hood and Redpath.

Tickets cost \$10 each and are available from:

- The Saturday market
- Plumber Dan's, 176 Victoria Ave
- Footloose Shoes, 90 Victoria Ave
- Jigsaw Whanganui, 236 Victoria Ave
- Or online at [www.jigsawwhanganui.org.nz](http://www.jigsawwhanganui.org.nz)

The ducks are 'gently released' into the river at

11am on Saturday, November 9 and the whole event should be over by 12.45pm.

This is the fourth year Jigsaw has been the charity of choice. In their first year there were 1,000 ducks and all were sold. Last year the event raised \$14,000 for jigsaw to support in their work helping families get through the inevitable ups and downs of family life. They provide individual help as well as providing pro-

grammes and courses. Last year they supported over 750 families in the Whanganui, Taihape and Waimarino area.

The hope is that all 2000 ducks will be sold raising \$20,000 for the cause. It is a good chance to support jigsaw while having a bit of fun with a greater chance of winning a prize than what you had when you backed the wrong horse in the Melbourne Cup on November 5.



Last year's winner Doug Davidson enjoys a ride in Plumber Dan's mini



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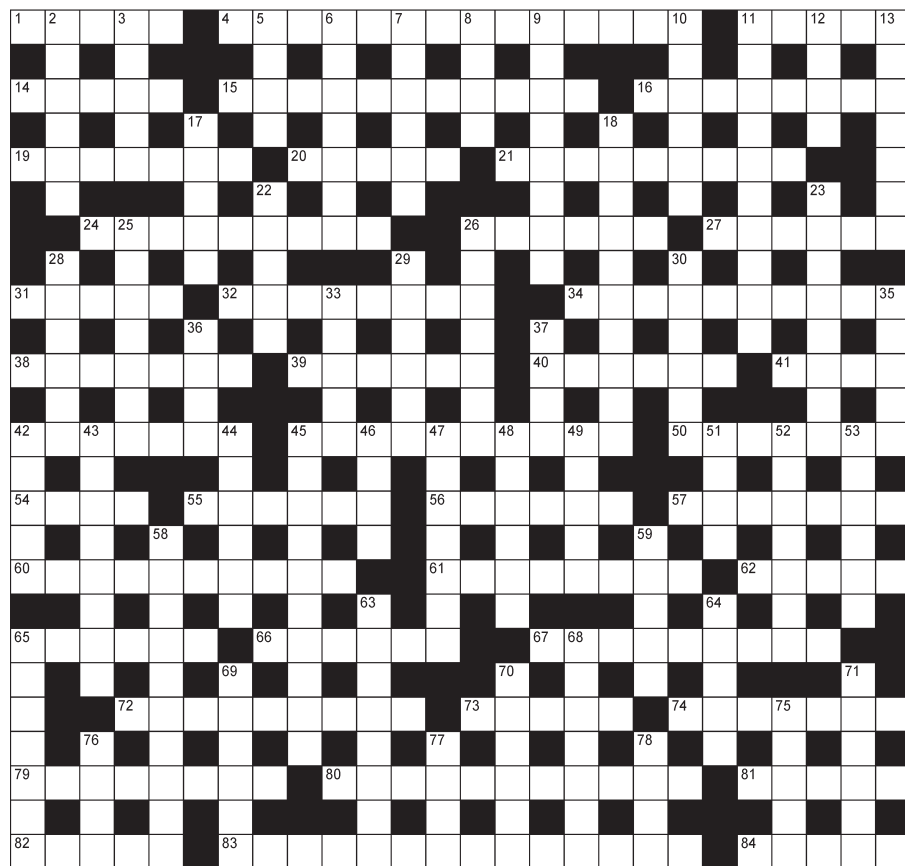
## Jumbo crossword

## ACROSS

- 1 Porcelain (5)  
 4 Top of the bill (4,10)  
 11 Misprint (5)  
 14 Drain (5)  
 15 Inferior in quality (11)  
 16 Salutation (8)  
 19 Chase (7)  
 20 Seaside golf course (5)  
 21 Footwear ties (9)  
 24 Hugging (9)  
 26 South American river (6)  
 27 Pillory (6)  
 31 Pass out (5)  
 32 Supports on library shelf (8)  
 34 Look (10)  
 38 Annual directory (7)  
 39 Win over (6)  
 40 Nervous (6)  
 41 Obnoxious child (4)  
 42 Stuck (7)  
 45 Construction on beach (10)  
 50 Furry American animal (7)  
 54 Sketch (4)  
 55 Beaded counting frame (6)  
 56 Uncommon thing (6)  
 57 Abate (4,3)  
 60 Non-resident hospital user (10)  
 61 Brought into country (8)  
 62 Rise (5)  
 65 Speech of praise (6)  
 66 Clippers (6)  
 67 Theatre beam (9)

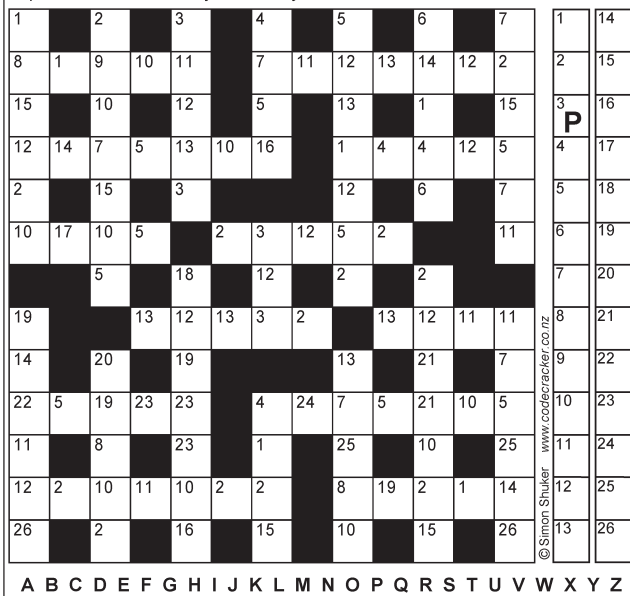
- 72 Person with a sleeping problem (9)  
 73 Outspoken (5)  
 74 Hard-wearing (7)  
 79 Wealthy (8)  
 80 Offered to help (11)  
 81 Flavouring plants (5)  
 82 Water bird (5)  
 83 Make great profits (4,2,3,5)  
 84 Whisky plant (5)  
 DOWN  
 2 Funniness (6)  
 3 Jottings (5)  
 5 Travel about (4)  
 6 From Moscow (7)  
 7 Words of gratitude (6)  
 8 Uncivil (4)  
 9 Army rank (8)  
 10 Scandinavian country (6)  
 11 Basic (10)  
 12 Surprise attack (4)  
 13 Pangs of conscience (7)  
 17 Unit of capacity (5)  
 18 Unit of pressure (10)  
 22 Newspaper exclusive (5)  
 23 Plot outline (8)  
 25 Humdrum (7)  
 26 Mozart's country (7)  
 28 Dragged (6)  
 29 Have in mind (6)  
 30 Spouting hot spring (6)  
 33 African country (5)  
 35 Dined (5)

- 36 Bogus (4)  
 37 Wind blast (4)  
 42 Of recorded sound (5)  
 43 With gusto (8)  
 44 Rubble (6)  
 45 Used (6-4)  
 46 Prying (4)  
 47 Transports (7)  
 48 Handwriting (6)  
 49 Afterwards (5)  
 51 Absent (4)  
 52 Large wild cat (7)  
 53 Break the law (6)  
 58 Enormous (10)  
 59 Distance down (5)  
 63 Tubular pasta (8)  
 64 Scramble (3,2)  
 65 Tombstone inscription (7)  
 68 Sugar pill (7)  
 69 Intersection of two streets (6)  
 70 Preserve (6)  
 71 Worldwide (6)  
 75 Warn (5)  
 76 At a distant (4)  
 77 Brusque (4)  
 78 On this spot (4)

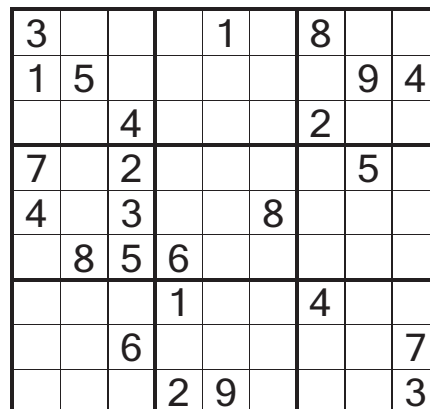


## SIMON SHUKER'S CODE-CRACKER Extra 559

EACH number in our Code-Cracker grid represents a different letter of the alphabet. For example, today 3 represents P, so fill in P every time the figure 3 appears. You have one letter in the control grid to start you off. Enter it in the appropriate squares in the main grid, then use your knowledge of words to work out which letters should go in the missing squares. As you get the letters, fill in other squares with the same number in the main grid and control grid. Check off the list of alphabetical letters as you identify them. Visit [www.codecracker.co.nz](http://www.codecracker.co.nz)



## Sudoku



HARD

Fill the grid so that every column, every row and every 3x3 box contains the digits 1 to 9.

Last week



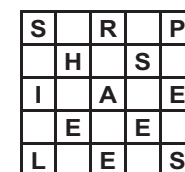
Last week's CodeCracker



## Last week's crossword solution

ACROSS: 1 Placard, 4 Precaution, 9 Steward, 13 Yeti, 14 Clouds, 15 Reaped, 16 Persist, 19 Perfection, 20 Aromatic, 21 Fraud, 24 Gossip, 25 Itches, 27 Waterfall, 32 Catapult, 33 Aflame, 34 Pirates, 38 Possible, 39 Arises, 40 Rule, 41 Strap, 42 Drawn, 45 Clutch at straws, 52 Press, 55 Score, 56 Hewn, 57 Avenue, 58 Received, 61 Fitting, 62 Melted, 63 Toreador, 66 Spectator, 68 Erects, 69 Circus, 73 Sigma, 74 Novelist, 76 Meticulous, 81 Linking, 82 Lustre, 83 Lights, 84 Stun, 85 Pioneer, 86 Meddlesome, 87 Residue.  
 DOWN: 1 Pay up, 2 Asterisk, 3 Dilate, 4 Pluto, 5 Easy, 6 Arrears, 7 Teapot, 8 Opera, 10 Tier, 11 Wastrel, 12 Rescue, 17 Meditation, 18 Dived, 22 Rhetoric, 23 Affix, 24 Grouped, 26 True, 28 Admirer, 29 Gaelic, 30 Closes, 31 Decays, 33 At sea, 35 Alter, 36 Asia, 37 Slow, 43 Recoil, 44 Worst, 46 Leek, 47 Tangelo, 48 Hearts, 49 Tread, 50 Together, 51 Seesaw, 52 Precocious, 53 Envy, 54 Sadness, 59 Snack, 60 Trot, 64 Mayor, 65 Accosted, 67 Pumpkin, 68 Extreme, 70 Bikini, 71 Gifted, 72 Bitter, 75 Elude, 77 Eagle, 78 Sense, 79 Ante, 80 Also.

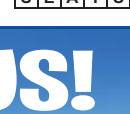
## 5x5



Insert the missing letters to complete ten words — five across the grid and five down.  
 More than one solution may be possible.



Last week



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# 'The World at Night' - public lecture next Wednesday

The Beatrice Hill Tinsley 2019 Lecture will be held at 7:30pm on October 30 in the Concert Chamber of the War Memorial Hall on Watt Street here in Whanganui. The speaker is Babak A. Tafreshi who will talk on 'The World at Night.'

Babak is the National Geographic night sky photographer. His work merges art and science. He is also the founder and director of The World At Night program, a board member of Astronomers Without Borders, a contributing photographer to Sky & Telescope magazine and the European Southern Observatory.

Born in 1978 in Tehran, Babak now lives in Boston, but he is often on the move and could be anywhere, from the heart of Sahara to the Himalayas or Antarctica. He received the 2009 Lennart Nilsson Award for his global contribution to night sky photography.

Babak Tafreshi spent the past two decades photographing scenes involving the night sky in all continents. He describes an adventurous journey into the world at night where wonders of earth and sky merge in photography.

He will also present The World at Night (TWAN) international program that involves many of the world's



Babak A. Tafreshi (Photo by Mahan Khazae)

best nightscape photographers documenting the last remaining starry skies on the planet to increase public awareness on values of natural night environment for all species. TWAN is also a bridge between art, humanity and science, with a simple message. One People, One Sky!

TWAN produce and present photographs and time-lapse videos of the world's landmarks against the night sky.

The familiar context of the images, representing naked eye views, add a new tool to efforts to popularize astronomy. The photos have been used by astronomy educators world-wide to show many fundamental aspects of practical astronomy. As the images also involve important cultural sites, the connection between our many cultures and the night sky through history is emphasized.

## West Coast Bombers host big bang event

Whanganui Roller Derby League the 'West Coast Bombers' will host their second annual 'Sur5al of the Freshies' this Saturday, 26 October at Jubilee Stadium. This Roller Derby round robin tournament is aimed at newcomers to the sport and pits 8 smaller than usual teams of 5 against each other in rapid fire two minute hit outs. Newly graduated and developing players from across the country will be attending and for several of them this will be their first taste of full on derby action. It promises to be a fun friendly event with teams encouraged to dress up in their teams colour theme. Doors open at 10:30am with the first heat starting at 11am. This year the West Coast Bombers have decided to make the day a free entry event, however they will accept a koha or canned food item which will be passed onto a local charity.

At 12:30pm, the West Coast Bombers 'Squadron' mixed gender team head out in their final full length game of the season against the Lower North Islands freshly minted team Rimutaka. Rimutaka will be hungry for an early win and the West Coast Bombers will be very keen to defend their home patch and so a vibrant and hard hitting game is to be expected.

The finale at 2:50pm is the Odds versus Evens / Black vs White game involving all the players from the first tournament in a names drawn out of a hat mix-up. Don't be fooled into thinking this may not be exciting; last years game came down to a nail biting final jam!

The West Coast Bombers ask people to come support the local teams, bring comfy chairs and cushions and drop by, or settle in for a day of high class derby action.

For more information find the West Coast Bombers online or on facebook.

## Whimsical tales of old Wanganui

### Episode 7: A rocky road for the Carbine Stables

- By Murray Crawford

So far our series has traced Thomas Atkins' career from owner of the Carbine Stables to his reputation as local petrol head, along the way gaining the judiciary's label of "a somewhat confirmed offender" when it came to furious driving.

In 1910 his stables were advertised for sale. The usual stable accoutrements were listed but included were Mr Atkins' 8-10hp Cadillac, a 10-12hp two-cylinder Argyle and a 20hp four-cylinder Rover, all in good working order. We can only imagine the fun Mr Atkins would have had giving a flourishing "digitus impudicus" gesture to the law in the latter.

A year later the Herald (29 May, 1911) announced that the Carbine Stables had been taken over by Messrs G. Orton and L. Carvell. (Orton had operated the Opera House Stables for the previous eight years and the Carvell name continued on in Wanganui transport circles until at least the 1960s). An advertisement the next day in the Chronicle states:-

"Carbine Stables: Having taken over the above well-known stables from Mr T. Atkins, we trust that by strict attention to business to merit the support accorded to our predecessor. Orton and Carvell." But signs of trouble sur-

facted in the Herald (1 May, 1913) when the Carbine Stables were again advertised for sale. Two weeks later the Chronicle announced bankruptcy proceedings against the partnership of Orton & Carvell.

George Orton and Loudon Carvell may have been competent stable keepers, but did they - unlike their go-ahead predecessor - fail to keep pace with advancing transport trends? After their purchase there is no further mention of motor vehicles for hire at Carbine Stables and photographs of the new owners' operation

depict horse-drawn vehicles only. On 9 June the Chronicle announced that the application for bankruptcy had been granted and it appears from subsequent newspaper articles that Thomas Atkins then regained ownership of the stables, although the following year brought sad news.

"The many friends of Mr Thomas Atkins of the Carbine Stables will regret to hear that he is lying seriously ill at the hospital." (Chronicle: 5 March, 1914). Several days later he died at the age of 48.

The Herald also recorded his passing but, with a



nice touch the deceased would have appreciated, described him not only as a stable keeper, but "more latterly as a motor-car owner"; a rather quaint sounding distinction today, but one that set him apart in those transitional times in which he lived.

Next episode: Tommy Atkins' last hurrah!

Murray Crawford is the author of "Whimsical Tales of Old Wanganui", available at River City Press; \$35 per copy. All proceeds to Alzheimers Whanganui.



Carbine Stables in Bates Street, next to Commercial Hotel, under the banner of Orton & Carvell. (Photo courtesy Harvey Carvell)

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## MOVEMBER

## What is 'Movember'?

Movember is a movement for men's health. For 30 days in the month formally known as November, Mo Bros and Mo Sistas, rally to support the cause, getting people talking and raising funds for men's health projects. They say, "We're addressing some of the biggest health issues faced by men:

prostate cancer, testicular cancer and mental health and suicide prevention."

Since 2003, Movember around the world has funded more than 1,250 men's health projects around the world. By 2030 they hope to reduce the number of men dying prematurely by 25%.



# MOVEMBER

## What Movember stands for...

### 1. Preventing Suicide in Men

Movember views mental health through a male lens. We focus on early intervention, engaging men and working to their strengths. By 2030, we aim to reduce the rate of male suicide by 25%.

### 2. Improving Quality of Life

Men with prostate cancer and testicular cancer face an uphill battle before, during and after treatment. But with useful tools and straight-shooting advice, we aim to lighten their load so these men can live life to the fullest.

### 3. Helping men take Action

Globally, men die on average 6 years earlier than women and for largely preventable reasons. So we're shining a light on the health risks men need to know about, increasing awareness to stop men dying too young.

### 4. Teaming up with Great Minds

A crisis this size calls for big ideas from the brightest

minds. Movember brings together the best researchers and experts from across the globe, reducing research overlap to maximise brainpower and accelerate progress.

## How to get involved

1. Grow a Mo and be sponsored.
2. Move for Mov – commit to running/walking 60km over Movember at your own pace. (60km represents the 60 men who die by suicide each hour, every hour across the world).
3. Host a Mo function.

Go to <https://nz.movember.com/register> to register your involvement.

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## Whanganui Arts and Crafts Movement 1890-1939 public lecture at Museum next week



Arts and Crafts Movement influenced the styling of Victoria Avenue.

Join us for the final event in our Museum Spring Lecture Series on Thursday, 31 October. All welcome. Free entry-koha always appreciated. Refreshments provided.

The Whanganui Arts and Crafts Movement 1890-1939 - How it could define Our Place Today

Historian and building heritage advocate, Scott Flutey, presents an architecturally affirmative lecture about how the Arts and Crafts Movement influenced the styling of Victoria Avenue. Why is this identity so important to our current streetscape?

At the end of the nineteenth century, the Arts and Crafts Movement arrived in Whanganui

and altered its character permanently. Whanganui is home to a vast array of surviving buildings in the style and the country's first full garden suburb, influenced by international developments in urban design.

Unlike in many other centres, the style was not just for the wealthy but was ever present in local architecture, as well as education buildings and town planning. More than any other New Zealand town or city, Whanganui embraced the ethos and aesthetics of the Arts and Crafts Movement. This is expressed not only in built heritage, but also in the city's personality. The primary cultural institutions in Whanganui are, for example, products

of the localised Arts and Crafts Movement and its ideals.

Scott's lecture will shine a light on Whanganui's forgotten Arts and Crafts Movement, arguing that this period influenced the character of the city so profoundly that Whanganui would not be the arts destination it is today without it.

The lecture will be followed by an open discussion chaired by Museum Director, Frank Stark. It will encompass how we view Victoria Avenue now and what we might see in the future. Supper will be served afterward.

Thursday, 31 October 5.30 to 7.30pm, Davis Theatre, Watt Street, Whanganui.

## Local celebration for 70th China National Day



Simon Zhang, Jan McLeod and Nikki Ni

China Friendship Whanganui would like to thank everyone who helped to make our 70th China National Day event such a success on October 2.

We were delighted at how many people turned out on a horribly wet and windy night. And very glad to meet Nikki Ni and her fiancé, Simon Zhang [pictured] who have recently arrived to work at Whanganui District Council.

Special thanks are due to Mrs Rachel Jacobs, International Dean at Wanganui Girls' College, and Adrian Wei of UCoL, who created the traditional banner for us; students of Whanganui High School who helped set up the hall, all the friends who kindly loaned equipment and the many families from the Chinese community who brought delicious home cooking to share.

In fact, so many people expressed regret at having commitments to other events, that we have decided to show the film again in November, at a time yet to be fixed.

Anyone hoping to see it should send their contact details to:

Jan McLeod, Secretary NZCFS, email - jangrahamchina@yahoo.co.nz or text 027-9299-636.

## Further strikes for medical imaging technologists (radiographers)

Whanganui District Health Board medical imaging technologists (MITs) will strike for 24 hours beginning 7am on Wednesday, 30 October and 7am on Friday, 1 November 2019 with a full withdrawal of services.

MITs will also undertake partial strikes for 24 hours beginning 7am on Tuesday 29 October, Thursday, 31 October and Monday, 4 November.

Partial strikes means there may be longer waits in the radiology department for x-rays and other services.

If you have been asked to get an x-ray from Whanganui Hospital's medical imaging department, please do this before Monday, 28 October (Labour Day) or after Monday, 4 November, if possible.

possible.

People with appointments for computed tomography (CT) or magnetic resonance imaging (MRI) appointments during the strikes have been notified and their appointments rescheduled.

The strike does not affect ultrasound services. If you have an ultrasound appointment, please turn up as scheduled.

During the strikes, 'life and limb' preserving services - which require medical imaging to prevent death or permanent injury - will continue to be provided by our emergency department.

'Walk-in' x-ray services in Waimarino and Taihape will continue as normal (Tuesdays and Thursdays) but there may be longer wait times than usual.

Whanganui District Health Board regrets the inconvenience to the Whanganui community, but recognises the legal right of staff to strike and appreciates the valuable work of our medical imaging technologists.

If you are unsure about how the strikes will affect you, please contact the radiography department on (06) 348 1308.

## REVIEW: The Keys are in the Margarine

Royal Wanganui Opera House: 20 October.

- Reviewed by Doug Davidson

The prospects of going to a play all about dementia wasn't necessarily all that inviting. But I knew the play was travelling around the country supported by Arts on Tour NZ and that is almost a guarantee of top class acting. I was not disappointed. The play is an intriguing and fascinating discussion about dementia which should be performed for new audiences every year at least.

The play has been created from interviews with people with direct experience of dementia - spouses, family members, doctors, representatives of Alzheimer's Society and care workers. The five actors actually have an audio in their ears to help them faithfully speak the edited testimonies including the intonation, hesitations and vocal inflections.

It could have been a bit of a talking heads but the actors move around from seat to seat, put on different tops, even interrupt at times. The play lasts for about 80 minutes and the audience listened intently - it was quite mesmerising.

A range of issues came out such as someone who was very social becoming anti-social, becoming agitated especially when put in the spotlight and being afraid of strangers. There are the little things a person with dementia could no longer do such as holding a cup, tying a shoelace or cutting meat. "We'll all be vegetarians before we know it," one such person muttered.

There was also plenty of humour which helped to lighten the tone. One man was quoted as saying, "I spent much of my life trying to get her bra off. Now I have to help her get it on!"

There were perhaps the surprising comments. One was about how much easier it had become to live with that person. Previously he had been a high achiever with little time for his family. Now with dementia he was more appreciative, quicker to smile. But of course that is not true for all. A daughter complained that, "There is no worse nutter than a religious nutter," referring to her mother, a Jehovah Witness member having to go into a Presbyterian run rest home and checking two sets of Bibles to see if they aligned.

Many spouses would say, "He/she is not the person I knew and loved." One wife referred to having sex, saying "I was like a stranger to him."

Dementia care staff talked about "making the experience as pleasant as possible" and the need for "relatives to have a life. It is not all about the dying but also those who are living."

If you have a chance to see the play performed again - go to it.



## WHANGANUI HOSPITAL RADIOGRAPHER STRIKES

The hours for the radiology department over the next two weeks are:

**Monday 28 October - CLOSED (for Labour Day)**

**Tuesday 29 October - OPEN (expect delays)**

**Wednesday 30 October - CLOSED**

**Thursday 31 October - OPEN (expect delays)**

**Friday 1 November - CLOSED**

**Monday 4 November - OPEN (expect delays)**

People directly affected by these strikes have been contacted. Ultrasound appointments will continue as usual. If you have been asked to get an x-ray at Whanganui Hospital, please don't come in on the days the radiology department is closed. During the days when we are open, please expect delays.

'Walk in' x-ray services in Waimarino and Taihape health centres will continue during this time (Tuesdays and Thursdays), but there may be delays. If you are unsure about how the strikes will affect you, please contact the radiology department on (06) 348 1308.

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We are now looking for someone to take us to the next level by being able to identify and implement opportunities for growth whilst continuing to improve the quality of experience for our team, our clients and everyone we have the pleasure in working with.

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The successful applicant will have an excellent personal and telephone manner with strong administration skills, outstanding customer service, great time management and be experienced in using databases and Microsoft Office Suite including 'Excel'.

For further details and a full time job description please send a one or two page CV to the Office Manager, **Harcourts Whanganui, PO Box 4167, Whanganui 4541**. Alternatively you can also email to [jenny.gilmore@harcourts.co.nz](mailto:jenny.gilmore@harcourts.co.nz)

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## Recent Bereavements

*Sadly passed away recently...*

**Allan Royce ANDERSON**,  
QSM JP, aged 79 years, died 21 October 2019.

**Heather Joy BARDELL**,  
aged 69 years, died 22 October 2019.

**Norma Lysley CAWLEY**,  
aged 91 years, died 17 October 2019.

**Lionel Eldred Wallis JONES**,  
aged 82 years, died 20 October 2019.

**Albert Earl Paul (Earl) PARKER**,  
Reg. No. A898219, WO First Class/Captain RNZIF,  
aged 82 years, died 13 October 2019.

**Shirley Ellen PEARCE**,  
aged 76 years, died 20 October 2019.

**Gwen Mate (nee Joseph) THOMPSON**,  
died 18 October 2019.

**Loretta Te Ataiaea TUTAKI**,  
aged 71 years, died 19 October 2019.

**Raymond Arthur (Ray) WROE**,  
aged 66 years, died 22 October 2019.

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# CLASSIFIEDS

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Email or facebook message us with your nomination and reason why they deserve to win!  
 email: [rivercitypress@xtra.co.nz](mailto:rivercitypress@xtra.co.nz)  
 facebook: River City Press Wanganui



## ENTERTAINMENT / PUBLIC NOTICES



## Labour Day Holiday Services

### Monday 28 October 2019

These are the opening and closing times for Whanganui District Council services on Labour Day 2019. You can still contact us at any time on (06) 349 0001.

<b>Council Offices, Guyton Street</b>	CLOSED
<b>Council Infrastructure Office, St Hill Street</b>	CLOSED
<b>Innovation Quarter, St Hill Street</b>	CLOSED
<b>Sarjeant on the Quay</b>	OPEN 10.30am to 4.30pm
<b>Sarjeant on the Quay, above i-Site</b>	OPEN 10.30am to 3.00pm
<b>i-SITE Visitor Information Centre</b>	OPEN 9.00am to 3.00pm
<b>Whanganui Regional Museum Archives</b>	OPEN 10.00am to 4.30pm CLOSED
<b>Royal Wanganui Opera House (Box Office)</b>	CLOSED
<b>War Memorial Centre</b>	CLOSED
<b>Cooks Gardens Events Centre</b>	CLOSED
<b>Track and field Velodrome</b>	OPEN CLOSED
<b>Whanganui District Libraries</b>	CLOSED
<b>New Zealand Glassworks</b>	OPEN 10.00am to 4.30pm
<b>Durie Hill Elevator</b>	OPEN 10.00am to 5.00pm
<b>Splash Centre Pool Hydroslide</b>	OPEN 10.00am to 5.00pm OPEN 10.00am to 5.00pm OPEN 11.00am to 4.00pm
<b>South Beach Café, Whanganui Airport</b>	OPEN 9.00am to 4.00pm
<b>Dog Pound</b>	CLOSED
<b>Whanganui Resource Recovery Centre</b>	OPEN 9.00am to 4.30pm The front part of the centre is open 24/7 for drop-off of dry recyclables

After-hours services are listed in the telephone directory under 'Whanganui District Council'.  
 Kym Fell, Chief Executive

[www.whanganui.govt.nz](http://www.whanganui.govt.nz)    

## EMBASSY 3 October 24-30

<b>ABOMINABLE</b> (G) 1hr 47min Sat, Sun, Mon 1.50pm	Cinema 2
<b>DOWNTON ABBEY</b> (PG) 2hrs 17min Thur, Fri 12.40pm* Sat, Sun, Mon 3pm* Tue, Wed 12.40pm*	THE LOUNGE*
<b>GEMINI MAN</b> (M) 2hrs 12min Thur, Fri 10.45am, 5.30pm Sat, Sun, Mon 12.30pm*, 6pm* Tue 10.45am, 5.30pm Wed 5.30pm	THE LOUNGE* Cinema 1, 2
<b>HUSTLERS</b> (R16) 2hrs 5min Thur, Fri 1.15pm*, 5.40pm* Sat, Sun, Mon 1.15pm*, 5.30pm* Tue, Wed 1.15pm*, 5.40pm*	THE LOUNGE* Cinema 1A
<b>JOJO RABBIT</b> (M) 2hrs 3min Thur, Fri 10.30am, 1pm, 6pm*, 8.15pm Sat, Sun, Mon 10.15am, 12.45pm, 5.45pm, 8.15pm Tue, Wed 10.30am, 1pm, 6pm*, 8.15pm	NEW Cinema 1, 3
<b>JOKER</b> (R16) 2hrs 17min Thur, Fri 3.10pm*, 8pm* Sat, Sun, Mon 8pm* Tue, Wed 3.10pm*, 8pm*	THE LOUNGE*
<b>MALEFICIENT: MISTRESS OF EVIL</b> (M) 2hrs 13min Thur, Fri 10.45am*, 3.25pm*, 8pm Sat, Sun 10.30am*, 3.15pm, 8pm Mon 10.30am, 3.15pm, 8pm Tue, Wed 10.45am*, 3.25pm, 8pm	Cinema 1, 2, 3
<b>MOSLEY</b> (G) 1hr 51min Thur, Fri 3.40pm* Sat, Sun, Mon 3.45pm* Tue, Wed 3.40pm*	Cinema 1A
<b>ONE LAST DEAL</b> (M) 1hr 50min Wed 10.30am	NEW Cinema 2
<b>PAW PATROL: READY RACE RESCUE</b> (G) 60min Thur, Fri 3.30pm Sat, Sun, Mon 10.15am, 4pm Tue, Wed 3.30pm	Cinema 2
<b>RIDE LIKE A GIRL</b> (PG) 1hr 53min Thur, Fri 10.30am*, 6pm Sat, Sun, Mon 10.15am*, 5.30pm Tue, Wed 10.30am*, 6pm	NEW THE LOUNGE* Cinema 2, 3
<b>ZOMBIELAND: DOUBLE TAP</b> (R13) 1hr 45min Thur, Fri 1.15pm, 8.30pm* Sat, Sun, Mon 11.45am, 8.30pm* Tue, Wed 1.15pm, 8.30pm*	Cinema 1, 2

Times are subject to change - please confirm at [www.embassy3.co.nz](http://www.embassy3.co.nz)  
 office@embassy3.co.nz | info line 06 345 7958

## ROYAL WANGANUI OPERA HOUSE

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[www.whanganuivenues.co.nz](http://www.whanganuivenues.co.nz)



Booking Office Hours: Mon. to Fri. 10am-4pm  
 Booking/service fees apply - no refunds/no exchanges  
**The Boss - Bruce Springsteen Tribute Show**  
 Saturday 16 November, 7.30pm. Tickets \$66

**The Bee Gees - Night Fever**  
 Tuesday 19 November, 8.00pm  
 Adults \$76.50, Group 6+ \$71.50, Child to 12 years \$35.50

Imperial Russian Ballet - **Swan Lake**  
 Thursday 28 November, 7.30pm  
 Premium & A Reserve seating  
 Adult \$95.75 - \$85.75, Senior/Student/Group 6+ \$85.75 - \$75.75  
 Child U18 \$65.75 - \$55.75, Family 2A+ 2C \$303.00 - \$263.00

**Tina - Simply the Best**  
 Thursday 26 March, 8pm  
 Adult \$76.50, Group 6+ \$71.50, Child to 12 years \$35.50

**Menopause The Musical®**  
 Saturday 28 March, 7.30pm. Tickets \$69.90

**The Ten Tenors - Love is in the Air**  
 Tuesday 5 May, 7.30pm  
 Premium Adult \$121.60, Child U18 \$82.50  
 A Reserve: Adult \$92.50, Group 10+ \$82.50, Child U18 \$82.50  
 B Reserve: Adult \$82.50, Child U18 \$82.50  
 Book early for the best seats. Gift vouchers available.



## Wanganui RSA Inc EXTRAORDINARY GENERAL MEETING

Notice is hereby given that the Extraordinary General Meeting of the Wanganui RSA Inc will be held in the Club Metro Clubrooms, 13 Ridgway St, Wanganui, on **Sunday, 17 November 2019 at 10.00am**. In accordance with Clause 19 (a) of the Rules for the Wanganui RSA dated 28 January 2018, 20 members of the Wanganui RSA have requested the Wanganui RSA convene and extraordinary general meeting. The purpose of the EGM is to adopt the following:

- 1. Election of chairperson for the EGM**  
 A chairperson will need to be elected to convene the EGM.
- 2. Adoption of amendments to the Constitution dated 28 January 2018**  
 Amendments to the Rules for the Wanganui RSA Inc dated 28 January 2018 have been made available to members for uplifting from the Wanganui RSA Welfare Trust Office. This is open for discussion before a motion is put to the floor. Once these amendments are adopted, the new constitution will be sent to the RSA National & Companies Office to make them official.
- 3. Organisational structure of the Wanganui RSA Welfare Trust and Wanganui RSA**  
 It is requested that members attending the EGM adopt a new organisational structure for the Wanganui RSA Welfare Trust and Wanganui RSA.

The above motions result from concerns from members of the Wanganui RSA. If they are passed, it will be for the benefit of the Wanganui RSA.

Attendance to this EGM will only be permitted to current financial members of the Wanganui RSA.

Mac Macallion  
 Executive Member

Shaun Jarrett  
 Executive Member



## FOODBANK DRIVE TONIGHT

If you would rather give a cash donation so we can purchase items we are short of, please donate to **CHRISTIAN SOCIAL SERVICES**

Bank Account  
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 Put your name as a Reference.

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## PUBLIC NOTICES

**COMMUNITY** Event Services. Whanganui Sound Services 027-2644-399. Not in book.

## ADULT ENTERTAINMENT

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Saturday 2 November 2019 9.30am-4.30pm  
 Whanganui Girls' College Hall, Jones Street, Whanganui

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**PREGNANT?** Worried? Need to talk? We care, listen and help. Ph. 348 0008 or 0800 PREGNANT 24/7.  
**TAKE** a break. Bignell Street Motel, two hours, \$55. Phone 0800244635.

## ONLINE SERVICES

**WHANGANUI** News Online. Over 12,000 users. [www.whanganui.news.nz](http://www.whanganui.news.nz) or find us and others at [www.onlineservices.nz](http://www.onlineservices.nz). Just click the wanted site.

## PSYCHIC CONSULTANT

**SPRING** has sprung - bringing new thoughts of possible changes for yourself/business/family. I can help you see more clearly. Sandra Singleton - Numerologist (35 years exp). Private appointments (06) 345 3803 - Text 0274807990. Check me out on YP.

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Contacts  
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 Bonnie 027 642 8130  
 Tawhero Golf Course  
 Sue 027 627 5461





# WHAT'S ON

## IN THE COMMUNITY

### Advent Waiting

Take a day to stop for a while. Rest your body, rest your mind. Wait, emptied, open and ready to encounter God present in each moment and beyond in this Advent season. Saturday, 30 November, 10am - 3pm, \$20 with Catherine Woodcock rsj. To Register please call Pam on 3455047 ext 3, or email pam.hopper@sosj.org.au.

### African Drumming 2 Day Workshop

With Koffie Fughah at Duncan Pavilion, Rangiora St, Castlecliff. 2 & 3 November. No experience necessary. To book your place and reserve a drum, contact Koffie 02102680964 or email africanrummanddancenz@gmail.com

### Alcoholics Anonymous

Phone 0800 229 6757. If you have a drinking problem maybe we can help. AA Wanganui area meeting list: Sunday, St Johns Lutheran Church Hall, 51 Liverpool Street, Wanganui, 9am; Monday, Friendship Hall, Morris Street, Marton, 7.30pm; Tuesday, 12.30pm, St Johns Lutheran Church Hall, 51 Liverpool Street, Wanganui; Wednesday, St Luke's Church Hall, 34 Manuka Street, Castlecliff, 7.30pm; Thursday, St Johns Lutheran Church Hall, 51 Liverpool Street, Wanganui, 7.30pm; Al Anon, Tuesday, Quakers, 256 Wicksteed Street, 7.30pm, Friday, Gonville Library meeting room, 12.30pm. Ph 0508 425 266.

### Anglican Church & Plant Fair

Saturday, 2 November, 9am to 12noon, All Saints, Duncan Street, Wanganui East. Plant sale, planter boxes, vintage garage sale, crafts, cakes, Devonshire cream teas, bouncy castle, face painting and much more. Cash sales. All welcome.

### Art in The Garden

Whanganui Potters' Studio, Saturday 2 and Sunday, 3 November 2019: 9.00am to 4.00pm. QT Nursery, 60 Papaiti Road, Whanganui. Free Admission. Pottery, Paintings, Plants, Clay demos, Refreshments and much more. No dogs please.

### At Wisdom is Yours

**- Wellbeing Centre**  
Guided Meditation Saturdays 10.30am. Open to all, cost is a donation. For more information contact (06) 3455002 or 0272531858, or pop into 200b Victoria Ave, Monday to Saturday.

### Clairvoyance Demonstration

Clairvoyance, philosophy and healing at the Wanganui Spiritual and Awareness Centre. Our mediums this week are Margaret & Gordon Conlan from Sanson. 25 Tawa Street, Wanganui. Sunday's 7pm. All welcome. Cost by donation. Like our Facebook page or contact Robert on 345 6308.

### Creative Card Making

Suitable for beginners and regular crafters alike. Saturday, 16 November 10am - 12.30pm. \$10 with Julia Martin. To Register please call Pam on 3455047 ext 3, or email pam.hopper@sosj.org.au.

### DVD Evening - The Leisure Seeker

With her retired literature professor husband, John, slowly succumbing to dementia and her own health compromised, Ella Spencer proposed that they take off from Boston in the faithful old family RV for the trip he always wanted - Hemingway's home in the Florida Keys. Wednesday, 13 November, 6.30pm. Koha. Supper provided. To Register please call Pam on 3455047 ext 3, or email pam.hopper@sosj.org.au.

### Liturgy - In the Heart of Stillness

Sunday 17 November, 4 - 5pm. To Register please call Pam on 3455047 ext 3, or email pam.hopper@sosj.org.au.

### Living Well Seminar

Thursday, 31 October 2019 at 1.30pm in the Brechin Lounge, St Paul's Church, cnr Guyton & Cooks Sts. Our Speaker is Ben from the DHB on Bowel Cancer Awareness. Afternoon tea will be provided. A gold coin donation is appreciated. (L.W.S. are the last Thursday of the month).

### Seminar: Getting to Know the Bible Better

7.30pm, Tuesdays, in the Christadelphian Hall, 138 Great North Road. Topic this Tuesday, 29 October: "The Final Week - Tuesday (Part 2)". All welcome. Supper and opportunity to chat. Sponsored by Wanganui Christadelphians. For more about us: www.thisisyourbible.com, or phone 342 7726.

### St John Annual Collectors Fair

25 Tawa Street, November 2 & 3, 10am - 2pm. Antiques, collectables, glass, china, Crown Lynn, vintage retro, kitchenware, jewellery, old books. Something for everyone. Entry gold coin.

### Sunday Seniors

Mixed outing is on Sunday, 3 November, 2pm at St Peter's Church Hall, Koromiko Rd. For catering purposes, please advise if you are coming independently. Pick-up from your home approx. 1.30pm. Entertainment - Riverfolk. Cost \$7 includes afternoon tea. Ph Patricia Baudet 3455282.

### Theosophy Whanganui

Exploring spiritual development, philosophy, religion, science and the arts. We have a small library, study groups and regular public discussions. Second Sunday monthly, 2pm. Back river entrance Community Arts Centre, 19 Taupo Quay. Contact Kirsty 021 2123819. Theosophy-Whanganui@gmail.com.

### The Wanganui Community Choir and Friends

Present their end of year Concert "A Summer Celebration".

This year the charity we are supporting is "Riding for the Disabled". Our guests feature the trio of - Winifred Livesay (voice), Ingrid Culliford (flute) and Abigail Livesay (piano); as well as guests, Ethan Castellanos and The Whanganui High School Choir - AwaSide. This will be held on Saturday, 9 November - 2pm at Christ Church Anglican Church, 243 Wicksteed Street, Wanganui and will be followed by afternoon tea. Get your tickets at the door, purchase from a choir member or phone Edwyna 344 7974 or 027 360 1335. Adults \$20.00; Seniors \$15.00; Students \$10.00; children under 12 free.

### Tui Motu Group

Tui Motu, an Independent Catholic Magazine, will challenge us to look with fresh eyes, with gospel eyes, at current social, ecological and spiritual values. Come along and contribute to the discussion-inter-church and inter-faith dialogue is welcomed.

Wednesday, 20 November, 4.30pm - 6pm with Sr Rita Cahill rsj. To Register please call Pam on 3455047 ext 3, or email pam.hopper@sosj.org.au.

### Wanganui Girls' College Old Girls' Association

A luncheon is to be held at Carolines Boat Shed, 181 Somme Parade, on Saturday, 9 November, at 11.30am. The cost is \$20.00. Tickets available at Spoilt, 174 Victoria Avenue, until 5 November. All past pupils welcome. Enquiries phone Janet 345 7467 or Paerau 347 7731.

### Whanganui Guided Walking Tours

Learn about Whanganui's fascinating 19th and 20th century buildings and monuments, its history, people of interest and events that have fashioned our city. Scheduled Tours leave the i-Site at 10am and 2pm each Saturday and Sunday. Cost \$10 per person. For other times, ring the i-Site for a booking - 349 0508.



## REVIEWS: Latest Books

in the District Library

### Duped: Compulsive Liars and How They Can Deceive You - Abby Ellin

Abby studies the art and science of lying, talks to people who've had their worlds upended by duplicitous partners and writes with great openness about her own mistakes. These remarkable stories reveal how often we encounter people whose lives beneath the surface are more improbable than we could ever imagine.

### Winged Helmet, White Horse - Karyn Hay

A darkly comic psychological drama - Tim stumbles through the social landscape of suburban London, trying to give up alcohol and gain some control over his life when he makes several disturbing discoveries, ultimately concluding that he is not in control of anything and

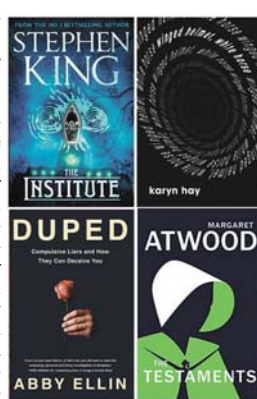
that it's all been an illusion.

### The Testaments - Margaret Atwood

In this brilliant, much anticipated sequel to The Handmaid's Tale, acclaimed author Margaret Atwood, answers the questions that have tantalized readers for decades. This novel picks up the story more than fifteen years after Offred stepped into the unknown, with the explosive testaments of three female narrators from Gilead.

### The Institute - Stephen King

As psychically terrifying as Firestarter and with the spectacular kid power of It, The Institute is Stephen King's gut-wrenchingly



dramatic story of good vs. evil in a world where the good guys don't always win.

These books are available at all good bookstores, and of course, Whanganui District Library!

## Sports Talk

with Mark Dawson



Mark Dawson

I don't want to be one of those people who say: "I told you so."

But, quite clearly, I told you so last week - New Zealand, England, South Africa and Wales for the semi-final berths at the 2019 Rugby World Cup.

But let's not dwell on my 100 per cent record; let's look at things closer to home.

While the ABs were turning on a super show in Tokyo, Wanganui's rugby-playing heroes were conjuring up their own bit of magic up the road in Paeroa.

And, again, victory was built on staunch defence, as it so often is when you are down to the play-off stages.

The blue-and-blacks tipped over defending Meads Cup champs, Thames Valley 20-15 to reach this Saturday's final when they will tackle North Otago in Oamaru.

It has been a season of

redemption for Wanganui.

After losing their first three matches, their chances looked as limited as Ireland's attack did on Saturday, but five straight wins saw them sneak into the play-offs in fourth spot. Number six has put them in the final and a shot at their seventh Meads Cup title.

The finalists know each other only too well and not much store should be put on Wanganui's 27-22 triumph in Oamaru back in September in the round-robin stage of the competition.

Still, Wanganui -- champions in 2008, 2009, 2011, 2015, 2016 and 2017 -- have nothing if not momentum.

Their opponents were last in the final in 2013 losing to Mid Canterbury, but do have two Meads Cup titles to their name, claiming the silverware in 2007 and 2010.

Here's hoping this weekend's results are as satisfying as last week-

end's.

The last word goes to All Blacks coach, Steve Hansen, as he prepares for a battle royal with England.

"We've baked a lot of the cake, now it's about getting it out of the oven and putting a bit of icing on it."

I'm sure Wanganui Coach, Jason Caskey, would have a slice of that.

Any correspondence to this column can be directed to email: rivercitypress@xtra.co.nz which will be passed on to Mark.

# Upokongaro

# School Gala

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31st  
OCTOBER  
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# One Billion Trees fund branching out nicely

The One Billion Trees Fund has just hit two significant milestones that will create more than 7,500 hectares of new forest cover, Forestry Minister Shane Jones says.

Speaking at a celebratory dinner at Parliament to mark 100 years of the New Zealand Forestry Service, Minister Jones said the One Billion Trees Fund was helping put forestry back on the map.

The Fund offers direct grants to landowners for planting and regeneration projects, as well as partnership funding to co-fund projects that aim to reduce the barriers to tree planting.

"We launched the Fund late last year and I'm pleased with the progress we're making," Shane Jones said.

"We've now approved more than 170 funding grants worth more than \$15 million.

"I'm particularly delighted that eight of these approvals are for Maori Freehold Land, where the \$1.7 million allocated will see planting cover almost 1,000 hectares.

"We know that growing the right trees, in the



**A newly planted forrest**

right place, for the right purpose will help build resilient ecosystems and help us deliver our climate change objectives."

The grants approved to date reflect an exciting range of initiatives, the length and breadth of the country.

"For example, on Stewart Island we're supporting the planting of some 20 hectares of seaward facing former hill country farmland to regenerate as native forest, providing penguin habitat.

"In Taranaki we've signed a contract with New Zealand Green School, a new school set to open early next year and committed to educating for sustainability. They expect to plant up to 40 hectares, of which about 75 per cent will be native species.

"And a key component of the grants is to provide funding for farmers to integrate trees onto their land to improve productivity, for example retiring unproductive land

through trees, and help diversify their income," Shane Jones said.

The grant scheme is in addition to the Crown Forestry joint ventures, which are also contributing to the One Billion Trees goal.

"There are currently 33 forestry joint ventures covering 19,446 hectares with 17.5 million trees to be planted. Almost 13 million seedlings have been planted since the scheme started in 2018," Shane Jones said.

# Bill to refresh superannuation system passes first reading

Social Development Minister, Carmel Sepuloni, has welcomed the first reading of the New Zealand Superannuation and Veteran's Pension Legislation Amendment Bill.

"Every New Zealander has a stake in New Zealand Superannuation and Veteran's Pension," says Carmel Sepuloni.

"They are our most common form of social assistance – nearly 800,000 New Zealanders receive one or the other. They play a critical role in older people's incomes.

"This is a Bill that provides us with the opportunity to refresh our superannuation system, contributing to its sustainability while not compromising the support we provide to those who qualify.

"People receiving a standard rate of su-

perannuation will no longer have their entitlement affected because their partner receives a government-administered overseas pension.

"From 1 July 2020, superannuitants will no longer have the option to include their partner who does not qualify in their rate, although those already including their partner can continue to do so."

The Bill will now go to the Social Services and Community Committee for consideration.

"I encourage members of the public to have their say on the Bill when the Committee calls for submissions. Every New Zealander contributes in some way to providing New Zealand Superannuation and Veteran's Pension and almost all of us will receive one someday," says Carmel Sepuloni.

# Otaki to north of Levin expressway announcement welcomed by region

The mayors and chairs of the Horizons Region are delighted in NZTA's announcement that they are moving ahead with the designation of the Otaki to north of Levin corridor, as well as progressing immediate safety improvements on the existing State Highway 1.

Through Accelerate25 and under the Accessing Central New Zealand (ACNZ) framework, a dedicated group of regional mayors and chairs have been galvanised in its messaging to central government that this project is a critical piece of Lower North Island infrastructure.

Horizons Regional Council Chair, Bruce Gordon, welcomed the announcement from NZTA and the support from the Transport Minister, Phil Twyford, earlier today.

"There has been real value in the regional mayors and chairs working to-

gether to advance the case for designation. We look forward to continuing working with the minister and the transport agency on the work programme," says Mr Gordon.

"O2NL improvements, alongside the new Te Ahu - Turanga - Manawātū Gorge route and the Palmerston North integrated Freight and logistics transport hub will ensure logistics, freight and people can move safely and efficiently throughout our region and beyond.

"The first stage of the project is to designate the road, which will give certainty to the Horowhenua residents and the district council to plan for their future in a sustainable manner.

"We are grateful to the minister and his team and our partners at the New Zealand Transport Agency that they have heard our calls for a safe, connected transport system that will provide for our communities needs for years to come."

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### Grand character



### DEADLINE SALE WEB ID WGU71041

#### COLLEGE ESTATE 39 College Street

The location couldn't be better, the home is generous in size and creates a very stately presence in the beautifully landscaped gardens - this property is a show stopper! The formal entrance and central staircase greet you at the front door and separate the formal lounge with feature fireplace and lovely bay window and the main dining room with matching character features.

**VIEW By Appointment**  
**DEADLINE SALE closes Wednesday 6th November, 2019 at 2.00pm, (unless sold prior)**

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### Larger than life!



### BUYERS \$499,000+ WEB ID WGU71137

#### GONVILLE

#### 37 Tawhero Street

Deadline Sale - all offers to be in by 2pm on Wednesday 6th of November 2019. There is no doubt this property is out to impress! The large, open plan living area is definitely the hub of the home and the statement kitchen will have everyone talking! Entertain family and friends all year round, spilling out to the covered patio during the summer months. Mum and Dad can retire to the separate master suite relaxing in their own lounge, the bedroom has a walk in wardrobe and en suite.

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### Summer living sorted!



### BUYERS \$399,000+ WEB ID WGU70963

#### DURIE HILL 86A Portal Street

Beautifully presented and welcoming, this three bedroom bungalow needs to be on your "must see" list! This home is well appointed for family living - the large lounge, warmed by the log burner, opens into the spacious modern kitchen. French doors in the dining room open onto the deck, perfect for alfresco dining, and summer is coming! Entertain here while watching the children play or just kick back and relax in the privacy of the rear garden. The local shops are close.

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### Potential plus on Plunket



### BUYERS \$399,000+ WEB ID WGU71110

#### DURIE HILL 10A Plunket Street

Build with a family in mind, this four bedroom home will have you smiling! The kitchen leads into great open plan living spaces at the rear of the house, that opens onto the deck and to the back garden. Two of the bedrooms, the bathroom and separate laundry are on the lower level along with the converted garage, which is a fabulous space to create a rumpus room or the ultimate "Man Cave" for the rugby season. Upstairs another two bedrooms complete the 200 sq m (more or less) house.

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### Complete makeover



### BUYERS \$369,000+ WEB ID WGU71058

#### WHANGANUI EAST 23 Kawakawa Street

Originally built in the 1920s, this three bedroom home has had a complete makeover - from the signature lime green front door to the fabulous rear deck that extends the summer living from the kitchen. Positioned to take advantage of the sun, the delightfully new and modern kitchen is not only open plan to the living room, but steps out through French doors to the deck, making summer a breeze as you entertain with ease while watching the children play in the backyard. The bedrooms are spacious.

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### "The Hylton"



### \$359,000 WEB ID WGU70854

#### ARAMOHO 33A Hylton Street

As you're driving down Hylton Street this home will no doubt catch your eye, with a pristine new paint job. This fully renovated home is now available for one lucky purchaser to reap the outcome of months of hard work. With new carpet, kitchen and full interior paint all this home needs now are new homeowners. Large spacious open plan living areas throughout, the new stylish kitchen, dining and lounge, make entertaining guests a breeze with room for everyone.

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### Brick and tile townhouse



### BUYERS \$449,000+ WEB ID WGU71142

#### TAWHERO 17 Kelsi Street

Located in a well established cul-de-sac and surrounded by similar homes, this lovely brick and tile two bedroom home is ready for new owners. Wonderfully presented and ideally suited for a couple looking for a low maintenance lifestyle, and just enough grounds for an easy care garden. The home has a spacious lounge that leads onto the dining and kitchen areas, and into a private conservatory. The patio area is all set for entertaining and relaxing. Excellent internal access.

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### Hurry to Surrey!



### \$359,000 WEB ID WGU71078

#### SPRINGVALE 35 Surrey Road

The perfect setting for your family has been found in Springvale! Situated nicely on a 844 sq m (more or less) section, creating a secure backyard for the kids to play - and what fun they will have in the fort! The home offers three lovely bedrooms and family sized bathroom with both bath and shower. The living room is cosy and opens into a generous dining area and open plan kitchen. Open the ranch slider and step out onto the deck - great for summer barbecues and Christmas entertaining.

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